

# St. Thomas

---

St. Thomas the Apostle Catholic Church . Naperville IL . 630.355.8980 . Ascension of the Lord Time . 5.16.10

---

© J. S. Paluch Co., Inc.



# St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 e-mail: [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org)

630 355-8980 (Main Office)

Visit us on the internet at [www.stapostle.org](http://www.stapostle.org)

630 305-6318 (Religious Education)

630 355-0521 (Facsimilie)

## Parish Staff

Rev. Joel Fortier – Pastor, [jfortier@stapostle.org](mailto:jfortier@stapostle.org)

Rev. Rodolphe Arty, Associate Pastor, x 103, [rarty@stapostle.org](mailto:rarty@stapostle.org)

Rev. Bob Colaresi, O. Carm. – Weekend Associate

Fr. Pat Brennan, Weekend Associate

Rev. Mr. William Worden, D. Min. – Deacon, x105

Rev. Mr. Chuck Lane – Deacon, x220, [chucklane2@juno.com](mailto:chucklane2@juno.com)

Rev. Mr. Jim Breen – Deacon, 630.357.4853, [jimb4853@yahoo.com](mailto:jimb4853@yahoo.com)

Rev. Mr. Larry Kearney – Deacon, x225, [lkearney@comcast.net](mailto:lkearney@comcast.net)

Rev. Mr. Michael Barrett – Deacon, x220, [meabarrett@att.net](mailto:meabarrett@att.net)

## Liturgy

Kate Cuddy – Director of Music and Liturgy, x112, [kcuddy@stapostle.org](mailto:kcuddy@stapostle.org)

Lori Culberson – Liturgy Coordinator, x120, [lculberson@stapostle.org](mailto:lculberson@stapostle.org)

Angie Tuttle – Liturgy Office Assistant, x110, [atuttle@stapostle.org](mailto:atuttle@stapostle.org)

Jessi Allured\* – Asst. Director of Music, x111, [jallured@stapostle.org](mailto:jallured@stapostle.org)

Theresa Sheliga\* – Sacristan Coordinator, x116

## Faith Formation

Chari Rosales – Director of Adult Education & RCIA x138, [croales@stapostle.org](mailto:croales@stapostle.org)

Kevin Pranaitis – Director of High School Youth Ministry, x123, [ym@stapostle.org](mailto:ym@stapostle.org)

Brett Adams – Coordinator of Middle School Faith Formation, x117,

[badams@stapostle.org](mailto:badams@stapostle.org)

Patti Dougherty – Director of Religious Education, x109, [pdougherty@stapostle.org](mailto:pdougherty@stapostle.org)

Nancy Cirno – Religious Education Assistant, x118, [ncirno@stapostle.org](mailto:ncirno@stapostle.org)

Marge Coronado – Religious Education Assistant, x219, [mcoronado@stapostle.org](mailto:mcoronado@stapostle.org)

Anne Schultz – Adult Faith Formation Assistant, x113, [aschultz@stapostle.org](mailto:aschultz@stapostle.org)

Lynne Vehlewald\* – Librarian, x125, [library@stapostle.org](mailto:library@stapostle.org)

## Outreach and Social Justice

Michael Ryder – Director of Outreach & Social Justice, x121, [mryder@stapostle.org](mailto:mryder@stapostle.org)

Anne Schultz – OSJ Partner, x113, [aschultz@stapostle.org](mailto:aschultz@stapostle.org)

Sally Meno\* – OSJ Financial, x137, [smeno@stapostle.org](mailto:smeno@stapostle.org)

## Pastoral Care

Jan Olah – Director of Pastoral Care, x124

Felicia Lawlor\*, M.S., R.N. – Faith Community Nurse, x104, [flawlor@stapostle.org](mailto:flawlor@stapostle.org)

Rose Grumbine\*, R.N., – Faith Community Nurse, x104, [rgrumbine@stapostle.org](mailto:rgrumbine@stapostle.org)

## Administration

Janet Simmons – Finance/Business Officer, x106, [jsimmons@stapostle.org](mailto:jsimmons@stapostle.org)

Diane McQueen – Gen Office Administrative Asst, x101, [dmcqueen@stapostle.org](mailto:dmcqueen@stapostle.org)

Kathy Ferguson – Gen Office Administrative Asst, x100, [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org)

Marilyn DeMeo\* – Database Coordinator (T/Th), x107, [mdemeo@stapostle.org](mailto:mdemeo@stapostle.org)

Pat Berkhout – Evening/Saturday Receptionist, x119, [nitecrew@stapostle.org](mailto:nitecrew@stapostle.org)

Angie Tuttle – Bulletin Editor, Graphic Design, x110, [atuttle@stapostle.org](mailto:atuttle@stapostle.org)

Susan Francesconi\* – Communications Coordinator, x108, [sfrancesconi@stapostle.org](mailto:sfrancesconi@stapostle.org)

Ted McKeown\* – Facility Coordinator, x133, [facility@stapostle.org](mailto:facility@stapostle.org)

Jorge Gonzalez\* – Custodian

## Pastoral Leadership Community

John Ball 630.554.0687 Charles Haydon 369.2262

Christine Berta 579.4294 Nick Furibondo 898.5224

Pam Foster 699.3044 Richard Strassburger 499.5676

## Commission Facilitators

Worship Josh Goralski 357.7671

Parish Life

Faith Formation Chris Baker 548.1733

Elaine Scutti 904.1272

Administration Dave Otto 717.6635

Service Carol Healy 961.0942

## Sacrament of Reconciliation

Reconciliation is available Saturday, 3:30 to 4:15 p.m., or after the 4:30 p.m. Mass in the Reconciliation Room of the Chapel. Fr. Joel is available during the week by appointment. Communal Penance services are held occasionally throughout the year.

## Sick and Home Bound

Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

## Baptism

Baptisms are usually celebrated 2-3 Sundays each month at a 12:30 p.m. service. On selected dates, Baptisms are celebrated at weekend Masses. Parents are required to attend an awareness and renewal evening prior to the Baptism. Call the Church Office a few months in advance to make arrangements.

## Matrimony

A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner for at least three months prior to calling to set a date.

## Religious Education

Call the 305-6318 to register.

## RCIA (Rite of Christian Initiation for Adults)

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 355-8980.

## Counseling Service

Call Samaritan Interfaith 357-2456 or Jan Olah, Pastoral Care 355-8980 x 124.

## Sunday Nursery

Nursery care is available for your child age one (walking) to four at the 9 & 10:45 a.m. Mass. For more information call the church office.

## Liturgy Schedule

### Daily

*(Monday — Friday)*

Communion Service — 6:30 a.m.

Rosary — 8:10 a.m.

Mass — 8:30 a.m.

*(Saturday)*

Communion Service — 8:30 a.m.

### Weekend

Saturday Vigil — 4:30 p.m.

Sunday — 7:30, 9:00, 10:45 a.m.,  
and 6:30 p.m.

*Adoration of the Blessed Sacrament  
every first Friday, 9:00 — 9:30 a.m.*

\*indicates part-time staff

# Dear Friends,

Jesus kept telling the disciples it's better for you if I go, then I can send the Spirit and be with you in a whole new way not limited by my historical presence, working in and through you.

The Ascension is very much linked to the continuation of Jesus' mission. That's why we hear the story of the Ascension described in terms of going back to Jerusalem and waiting for the promised gift of the Holy Spirit so they could be empowered with the same energy and love that moved Jesus. This was so Jesus could, in fact, work through them in the power of the Spirit.

---

*"Get busy,  
catch the Spirit  
and be about  
my work."*

---

In short it's a story about us, about how the full coming to glory for Jesus is the beginning of the story for us. I love the line in the first reading with the angel telling the disciples, "why are you standing here looking up into heaven"....get back to Jerusalem and catch the fire of the Spirit...now the fun really begins!

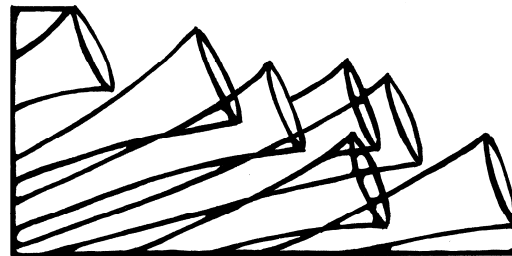
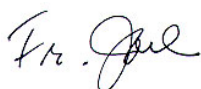
It's been going on ever since among Christians who have caught the fire of the Spirit and who are alive with the idea that Jesus is more present to us and in us through the Spirit than he could have even been in his limited historical presence. *It is far* better for us that he has left us, ascending to the Father so that he could share his glory with us through the power of the Holy Spirit.

What are you standing around looking up into the sky for? Gaze out and see my glory and presence in every living thing and person, especially the poor and needy, the people I came to save, heal, and liberate, Jesus tells us. Get busy, catch the Spirit and be about my work.

You all are living examples of the continuing experience of the Ascension and what it means in our own lives. In a few weeks, we will be hosting our annual Ministry Fair and offering you an opportunity to dedicate your gifts in ministry here at St. Thomas. Please begin to consider prayerfully how you can serve, grow and be a companion to your fellow St. Thomas parishioners.

In such ways the glory of the Resurrection and Ascension shines round about us. Thank you for making this Feast so real in our lives today.

In the love and glory of Christ,



© J. S. Palluch Co., Inc.

## Ascension of the Lord

May 16, 2010

"I am the Alpha and Omega,  
the first and the last,  
the beginning and the end."

— Revelation 22:13

## Welcome Guests and Visitors!

St. Thomas is here to companion you on your faith journey. Come with us as we grow in closeness to Christ through liturgy, music, faith formation, special events, and countless ways to be Companions on the Journey.

*Would you like to become a Parishioner?  
Join us at during the Ministry Fair  
after the following Masses:*

Sunday, May 23,  
7:30, 9:00 and 10:45 a.m.  
in the Gathering Area.

# Worship Commission

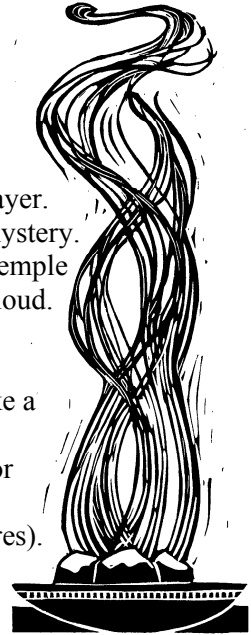
## Incense

Let my prayer rise before you like incense.” Each evening the church sings these words from Psalm 141. That’s one reason we Christians praise God with incense: It is a sign of prayer.

The smoke of melting incense is also a sign of sacrifice, of purification, of homage, of mystery. It calls to mind the bright cloud of God’s presence that filled the holy of holies within the Temple in Jerusalem. At the transfiguration and ascension of Jesus, his body was surrounded by a cloud. Perhaps that is why some people imagine heaven to be a place of shining clouds where the angels glorify God with incense.

When Ascension is kept on a Thursday, it is the fortieth day of the Easter season. It is like a Lord’s Day in the middle of the week. When Ascension is kept on a Sunday, it replaces the Seventh Sunday of Easter. Therefore, as with every Lord’s Day, we are given a holy time for worship, recreation, renewal and, today at least, for a bit of restful cloud gazing.

After a festive supper on Ascension, burn some incense (available at religious goods stores). You can do this most simply by heating the incense in an old pan. Or have a barbecue Thursday night and toss some incense on the burning coals. Ascend with Christ into the sweet-smelling clouds of heaven.



©2001 Archdiocese of Chicago: Liturgy Training Publications, 1800 North Hermitage Avenue, Chicago IL 60622; 1.800.933.1800; www.ltp.org. Text by Peter Mazar. Art by Vicki Shuck. All rights reserved. Used with permission.

## Pentecost Taizé

There will be a Taizé Style Pentecost Prayer Monday, May 17 at 7:30 p.m. in the Lighthouse. Please plan to come and experience this beautiful prayer, felt through the Taizé music.

### Presider’s Schedule—May 22/23

4:30 Fr. Pat Brennan  
7:30 Fr. Dolphe Arty  
9:00 Fr. Joel Fortier  
10:45 Fr. Bob Colaresi  
6:30 Fr. Fritz Louis

*There will be no 6:30 pm Mass on July 4*

*Gracious and awesome God,  
We desperately need to hear your voice  
and to know your direction for our lives.  
Come now  
and grace us with the quiet needed  
to place us in silence with you  
so we can hear your voice clearly,  
without distractions,  
with the noise that can lead us  
far away from you.  
Be with us in the quiet  
so we can hear you,  
so we can follow you,  
so we can receive your strength,  
so we can serve you  
with the purest heart,  
and with your will at the center.*

*Amen.*

— David Haas

## Pray For Our Parish

### Seventh Sunday of Easter

*God of all creation,  
whose mighty power raised Jesus from the dead,  
be present to this community of disciples  
whose hearts have been sprinkled clean,  
and whose bodies have been washed  
with the pure water of baptism.*

*Open our minds to understand the scriptures,  
and, as with great joy we bless you in your temple,  
make us witnesses who can proclaim  
the repentance and forgiveness  
you extend to all the nations  
in the name of Jesus,  
the Messiah, our great high priest,  
who intercedes before you on our behalf,  
living and reigning with you  
in the unity of the Holy Spirit,  
God for ever and ever.  
Amen.*

From: *Prayers for Sundays and Seasons*,  
Liturgy Training Publications. [www.ltp.org](http://www.ltp.org)

### Mass Intentions

**Monday, May 17, 2010**

**8:30** †Fred Tuch, by Martha Lopez

**Thursday, May 20, 2010**

**8:30** †John Easton, by Audrey Easton

**Friday, May 21, 2010**

**8:30** †Ann Kremer, by Mary Mooney

**Saturday, May 22, 2010**

**4:30** †Josephine Witek, by Cynthia & Ronald Majcher

†Irene Walsh, by The Gorman Family

**Sunday, May 23, 2010**

**7:30** †Stephanie Czubernat, by John & Eleanor McNicholas

**9:00** †Tony Dattalico, by John & Colette Mahoney  
†Joseph Fumo, by The Staskon Family

**10:45** †Jim Cliff, by Phyllis Cliff

†Fred Tuch, by Jim & MaryJo Breen

**6:30** For the People of St. Thomas

### *for the sick...*

Marilyn Feder, wife of Bill  
Arnie Stone, son of David & Carrie  
Rozi Carbonara, sister of Pauline Vandy  
Roberto Flores Jr., and Roberto Flores, Sr.,  
husband and father in-law of Viola  
John Fitzgerald, friend of Oswald & Elizabeth Arce  
Judy Meccia, friend of Ann Mitchell  
Roller Anderson, cousin of Ruth Harrison  
Chuck Meier, friend of Pat & Ruth Harrison

### *for the deceased...*

Roger Geraghty, brother-in-law of Audrey Easton  
Kenneth Diffenderfer, brother of Carol Corrigan  
Cathy Bernas, friend of Danny Lynch  
Paul Koverman, brother of Robert  
Barb Dederichs, wife of Tom

### Today's Readings

**First Reading** — Jesus inaugurates the Church's mission, urging on the disciples the work of advancing the kingdom of God. (Acts 1:1-11).

**Second Reading** — Jesus sits on a heavenly throne with "all things beneath his feet". (Ephesians 1:17-23).

**Gospel** — "Behold, I am sending the promise of my Father upon you." (Luke 24:46-53).

### Readings for the Week

Mon: Acts 19:1-8; Jn 16:29-33

Tues: Acts 20:17-27; Jn 17:1-11a

Wed: Acts 20:28-38; Jn 17:11b-19

Thurs: Acts 22:30; 23:6-11; Jn 17:20-26

Fri: Acts 25:13b-21; Jn 21:15-19

Sat: Acts 28:16-20, 30-31; Jn 21:20-25

Sun: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5; Ps 104;

Rom 8:22-27; Jn 7:37-39

Day: Acts 2:1-11; Ps 104; 1 Cor 12:3b-7, 12-13 or Rom 8:8-17; Jn 20:19-23 or Jn 14:15-16, 23b-26

# Faith and Spiritual Formation Commission

## Spirit Moments



*I believe in all that has never yet been spoken.  
I want to free what waits within me  
So that what no one has dared to wish for*

*May for once spring clean  
Without my contriving.*

*If this is arrogant, God, forgive me,  
But this is what I need to say.  
May what I do flow from me like a river,  
No forcing and no holding back,  
The way it is with children.*

*Then in these swelling and ebbing currents,  
These deepening tides moving out, returning,  
I will sing you as no one ever has,*

*Streaming through widening channels  
Into the open sea.*

— Rainer Maria Rilke

**For reflection:** *In what ways am I forcing...  
or holding back what wants to be free within me?*

*How do I sing You?*

## Men's Christian Fellowship Brats and Beer Night **THIS WEEK!**

The St. Thomas Men's Christian Fellowship Group will host the Annual Brats and Beer Night on Friday, May 21 at 6:30 p.m. in the Lighthouse. The guest speaker will be Doug Delaney, who serves as Executive Assistant to the Bishop of Joliet, J. Peter Sartain.

All men of the parish are invited to come for an inspirational talk, good brats and good fellowship.  
Donation \$10.

**Get your tickets  
this weekend!**



## C.A.R.E. CORNER

Throughout the Easter season, we've been celebrating Jesus' Resurrection, because through His Resurrection, He gained for us new life – eternal life. Today's Feast of the Ascension adds a new twist to our celebration. The Ascension narratives clue us in to where Jesus led this new life after his death, and therefore, where we are destined to lead ours – in heaven with God.

The Ascension marked the end of Jesus' physical appearances and presence on Earth. No longer limited to that time and place, He could then be present in Spirit to all people of every time and place, including us today. This means several things for us. First, we can encounter the risen Christ pretty much any time we desire – by partaking of the sacraments. Second, where the head goes, the body follows; and the Head which is Christ has gone to heaven, so we the Body of Christ get to go there too. Strengthened by Christ's Spirit and trustworthy promise, we are expected to pick up where He left off; to be "witnesses of these things" (Luke 24:48) and to "preach in his name to all the nations" (Luke 24:47). Are you up to the challenge?



## Pilgrimage to the Holy Land: October 10 - 21, 2010

St. Thomas weekend associate, Fr. Bob Colaresi, is leading his 25<sup>th</sup> pilgrimage to our spiritual home and reflect on the scriptures. Five days in the Jerusalem area and four days in the Galilee to visit and pray at all the holy biblical sites. A powerful experience into the heart of Christianity, the life of Jesus and our Jewish heritage. For brochure and more information: Darlene, Carmelite Spiritual Center, 8433 Bailey Road, Darien, IL. 60561 ~ 630.969.4141



## Year of the Eucharist Choral Concert

Sunday, June 6, 2010, 4:00 PM

**St. Raphael Parish**  
**1215 Modaff Rd., Naperville**

*featuring the combined choirs of :*

Our Lady of Mercy, St. Anne,  
St. Joan of Arc, St. Margaret Mary,  
St. Raphael, St. Scholastica,  
St. Thomas the Apostle,  
and the Simbang Gabi Choir

*For more information contact Julie Frazier*  
*630.355.4545 x119 or*  
*[jfrazier@st-raphael.com](mailto:jfrazier@st-raphael.com)*

# Religious Education

## Congratulations First Communicants!

The following youth have prepared and will receive their First Eucharist here at St. Thomas the Apostle. Please continue to support them and their families through prayer.

Xalba Tello on May 16 during the 10:45 a.m. Mass  
James and Jordan Ruffo on May 23 during the 10:45 a.m. Mass

## Liturgy of the Word with Children Ended until September

Liturgy of the Word with Children has ended on Sundays until it resumes late September. Anyone interested in helping or being a leader in the future may volunteer by signing up during Ministry Sign-Up beginning May 22 and 23. Questions may be directed to Patti Dougherty, 355-8980 ext. 109

## Committee Needed for Parish Picnic


What better way to end the summer than a Parish Picnic! How about the afternoon of Sunday, August 29, after the 10:45 mass?! Would you be interested in planning this event? Contact Patti Dougherty 630.355.8980x109 or pdougherty@stapostle.org. The first planning meeting will be in late May.



*Families: Take some time to discuss and reflect on the readings of the week.*

### May 16 Question of the Week...

How does our faith community or your family promote unity?



## Sessions Scheduled for Protecting God's Children

The "Protecting God's Children" Program is a very pro-active, positive, professional approach to preventing child sexual abuse. This Program is now part of diocesan policy to establish a "safe environment" for members of our parish. While "Protecting God's Children" sessions are primarily for all staff and volunteers, over 18, who work with children, they are also open to any parent or person from the parish who wishes to attend. Please note these dates and times scheduled at St. Thomas and if your ministry involves children in any way, please register by going to the web site: [www.dioceseofjoliet.org](http://www.dioceseofjoliet.org). Click on Protecting Children, then halfway down that page, see Virtus Protecting God's Children Workshop Schedule. Register for a workshop at a time and location that works for you.

## Upcoming Training Dates at St. Thomas

Thursday, June 10	6:30—9:30 p.m.
Thursday, August 26	6:30—9:30 p.m.
Saturday, September 18	8:30—11:30 a.m.

\*Check in and refreshments will begin 15 minutes before the start of each session. Each training session will last the full three hours, so please arrive promptly. Questions may be directed to Patti Dougherty at 630.355.8980 ext. 109.



Liturgy of the Word with Children Resumes in September

## Teens With Character (TWC):

### Quick Facts

**Who:** Any Middle School Students

**What:** Meetings, community service projects, fun!

**Why:** Serve others, practice leadership, and be a part of a Christian community of peers.

### Looking Ahead...

May 22 - Dupage River Clean Up

June 9 - Hesed House Eye Clinic

June 25/26 - Relay for Life

Middle school students and families are welcome to any of these events. To RSVP for a service project or for any more information, contact **Brett Adams: 630.355.8980x117** or [badams@stapostle.org](mailto:badams@stapostle.org).

### Attention Nature Enthusiasts!

Mark your calendars for the Du Page River Sweep during the morning of Saturday May 22, sponsored by the Du Page County Conservation Foundation. The "Sweep" is an effort to show respect for God's creation and clean up the DuPage River and other nature sites in our community. Individuals, couples, youth, and families are welcome to lend a helping hand. Participants will meet at St. Thomas to caravan. Interested? Have questions? Call Brett Adams 630.355.8980x117 or Brooke Kottkamp 630.978.1515.



NEWS from... All Saints Catholic Academy

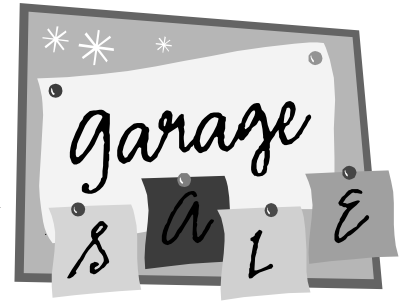
### "Swing for the Saints" Golf Outing

St. Thomas parishioners are invited to attend All Saints Catholic Academy's (ASCA) fourth annual golf outing on Friday, June 18, at 1:30 p.m. at Tamarack Golf Club, Route 59 and 111th Street, Naperville. Proceeds benefit the All Saints Catholic Academy Mustard Seed Scholarship Program. These proceeds fund need-based scholarships and an endowment for the future.

The day includes 18 holes of golf with cart, welcome gift, box lunch, open bar following golf, dinner reception, raffle, and silent auction. Early bird registration cost is \$150 per golfer, if registered by May 22. After May 22, the cost is \$170 per golfer. Registration deadline is Friday, June 5.

The golf outing is the main fundraiser supporting the ASCA Scholarship Program. To obtain a registration brochure, go to the website at [www.ascacademy.org](http://www.ascacademy.org) or call All Saints Catholic Academy at 630.961.6125. Your support is much appreciated.

### Second Annual Youth Mission Garage Sale!



St. Thomas the Apostle's teens going to Ecuador, Nicaragua, and Mississippi will host a fundraiser and they need your help. The youth are having a parish garage sale and are humbly asking for YOUR help to make this happen. Gently used items are needed for the sale. They will accept smaller items starting Monday May 22 and larger items the week of the sale (i.e. couches, etc). It is preferred that items be dropped off after 4:00 p.m. each day at the church in the Youth Center (Cabin). The garage sale will take place: 8:00 a.m. to 4:00 p.m. on Friday June 4, 8:00 a.m. to 4:00 p.m. on Saturday June 5. Spread the word in your neighborhood and inner circles!



### Graduation Ceremony at All Saints Catholic Academy

All parishioners are invited to attend the second graduation at All Saints Catholic Academy. This year's graduation will be held on Friday, May 28 at 7:00 pm in the school gym.

If you are planning to attend, please RSVP by Wednesday, May 26 to Peggy Kobe at [pkobe@ascacademy.org](mailto:pkobe@ascacademy.org).

# Service Commission

## Outreach & Social Justice

### Support the Culture of Life with Prayer

During our January Pro-Life Weekend, 17 parishioners indicated on their Pro-Life commitment card that they would pray outside an abortion clinic. If you are one of those (or even if you are not), come and pray for just one hour outside the Aurora Planned Parenthood Clinic on Wednesday, May 26 from 7am-4pm. That is the day that St. Thomas is asked to provide prayer --- prayer for the unborn children, for the mothers, and for the fathers.

You may sign up on the board in the Gathering Area. If you have not done this before and have any questions, please call the Outreach and Social Justice Office (Mike or Anne 630.355.8980). Planned Parenthood Clinic is located at the southwest corner of New York Street & Oakhurst, just east of Eola Road.

It is a rewarding spiritual experience. We are one body in Christ — even the tiniest among us.

### Respect Life

*Every little boy and girl is a unique and irreplaceable creature designed by the God of love, his personal gift that comes to us bearing his image and likeness. While biological parents assist in God's creative act, God contributes the child's eternal soul—his or her intellect, consciousness, will, and the capacities to reason and love, to hope and aspire.*

— Flyer, Respect Life Program (2009-2010)



### FMSC Mobile Pack at St. Thomas

#### PACK with US

Friday, May 28, Saturday, May 29, Sunday, May 30. Funds have been raised to pack 100,000 meals for Haiti. 370 volunteers are needed. Register after Mass: May 15-16

#### Can't Pack? Donate ...

St Thomas pays for all ingredients. More meals can be packed if more funds are available. One volunteer packs about 235 meals (\$40 of ingredients at 17 cents per meal) Donations will be accepted after Masses May 15-16

If you have questions or would like to assist please email [dawneber@comcast.net](mailto:dawneber@comcast.net)



## DUPAGE UNITED

### DuPage United: Where Were Fair-Map Signatures Collected?

As reported previously, St. Thomas members collected about 800 petition signatures to place the Fair-Map amendment to the Illinois Constitution on the November ballot. The signatures came from 4 main categories:

St. Thomas Church Before and After Masses	579
Naperville Train Station	145
Naperville North Concert	28
Work/Personal	40

## “Take 25”

May 25 is National Missing Children’s Day. This day was first proclaimed by President Ronald Reagan in 1983, and has been observed by every administration since, with 2010 no exception. It was started as a reminder to renew efforts to reunite missing children with their families and to remember those who may still be missing.

This year, the Naperville Police Department will be joining many other communities nationwide with a new initiative called “Take 25.” This campaign, with a focus on prevention, will serve to heighten awareness about children’s safety and will help make child protection a priority. The “Take 25” campaign encourages parents, guardians, and other adult role model, to spend 25 minutes within the month of May, talking to children about how to stay safe.

One of the goals of the Naperville Police Department is to educate the community regarding personal safety, in an effort to reduce victimization and promote the concept that crime prevention improves the quality of life for every community and every citizen.

## NorthWest Student Exchange

NorthWest Student Exchange (NWSE) is looking for host families for Catholic students for the 2010/11 school term/semester. Students would enjoy living with a family that has an interest in their culture. Often there is a possibility for a reciprocal exchange with American

students. NWSE has students from South America, Mexico, Asia, Europe, and former Soviet Union countries. If you would like more information, contact Elaine at 773.979.4438 or visit [www.nwse.com](http://www.nwse.com).



## *Come visit Waterleaf Women’s Center and get your car washed too!*

Since opening in September, the counselors of Waterleaf Women’s Center have saved 18 babies from abortion and have assisted 150+ clients.

They are hosting an Open House on Sunday, May 16 from 1:00 to 4:00 p.m. where you can meet members of the Waterleaf team and Heroic Media ... then drive across the street to Firestone where their Teen Advisory Board will wash your car!

(2849 E. New York St, Aurora (SW corner at Eola-next to Burger King)

Waterleaf is always looking for volunteers to help out at their office. If you are interested in volunteering for a Catholic non-for-profit, call 630.701.6270. Waterleaf has many different opportunities.



**Help save unborn lives!  
OPEN HOUSE &  
CAR WASH  
Sunday, May 16  
1-4 pm**

# Pastoral Care

## From Our Parish Faith Community Nurse *Healing Life's Hurts*

### Here are 10 steps to handling life's hurts:

1. *Recognize a problem exists.* We cannot deal with a problem until we acknowledge the issue. Then we have something concrete to deal with.
  2. *Acknowledge the pain you feel...or caused.* Emotions play an important role in our wellbeing. Emotions are good! When we keep our anger, hurt and other feelings bottled up, we prevent ourselves from being the loving humans that God created.
  3. *Do one small, concrete thing to create change.* Change is a difficult thing. It causes us to stretch, to do the unfamiliar or uncomfortable. But if we start small and are consistent, small change will become familiar.
  4. *Make amends if appropriate.* As difficult as it may be, saying that you are sorry, is a freeing experience. It allows you to acknowledge your mistake and to evaluate your actions and prevent a future occurrence.
  5. *Remember, you always have choices.* You may not have a choice in what happens to you, but you do have a choice in how you react or respond.
  6. *Pray for strength, courage, and healing.* "The Lord...heals the broken hearted, and binds up their wounds." Psalm 147:2,3
  7. *Share what you've learned with others.* Sharing gives hope to others who are going through life's healing journey. It helps them to know that they are not alone and that they too can make it through difficult times.
  8. *Don't give up hope or extinguish it in others.* Viktor Frankl, psychiatrist and Nazi death camp survivor, wrote about prisoners who were constantly, "comforting others, giving away their last piece of bread." To him, these generous souls "offer sufficient proof that everything can be taken...but one thing: the last of human freedoms-to choose one's attitude in any given set of circumstances, to choose one's own way."
  9. *Forgive yourself, forgive others.* Forgiveness is NOT condoning, excusing, minimizing, forgetting, justifying, trusting or reconciling. Forgiveness IS however, a path to freedom. The one who forgives refuses to be controlled by the injury inflicted on them and is released from anger and resentment, and demonstrates self-respect and a desire to walk into the future.
  10. *Ask for help, guidance, or another opinion.* God did not make us to go "solo" in this world. Even Jesus surrounded Himself with loving and supportive friends. Sometimes we need the help of a professional. It takes courage to recognize this and to seek this help.
- As you deal with the painful areas in your life, reflect on this familiar prayer: *God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.*

— Adapted from Christopher News Notes: "Healing Life's Hurts" and St. Joseph Parish Nurse

## Parish Nurse Note:

There are uncontrollable risk factors regarding stroke: being over age 55; male; African-American, Hispanic or Asian/Pacific Islander; from a family with a history of stroke or transient ischemic attack (TIA). Regardless, there are things you can do to lower your risk of stroke.

1. Have your blood pressure checked each year. Work with your doctor to bring it to acceptable levels. High blood pressure (hypertension) is the leading cause of stroke, and stroke is the #1 cause of disability.
2. Find out if you have an irregular heartbeat called atrial fibrillation which can cause clots.
3. If you smoke, stop. Avoid second-hand smoke.
4. If you drink alcohol, do it in moderation. That means a maximum of 1 drink a day for a woman and everyone over 65 and at most 2 drinks a day for a man under 65.
5. If you are diabetic, follow your doctor's advice to control it.
6. Exercise – every day.
7. Eat less salt and less fat.

### F.A.S.T.

Act **F.A.S.T.** if you think someone may have suffered a stroke.

**Face** – Ask the person to smile. Does one side droop?

**Arms** – Ask /her to lift both arms. Does one drift downward?

**Speech** – Ask the person to repeat a simple sentence. Are the words slurred? Can he/she repeat the sentence correctly?

**Time** – If you see any of these symptoms, call 911 or get to the hospital immediately.

Time is critical. Brain cells are dying. May is National Stroke Awareness Month  
Prayer: O God, creator of all, thank you for my life. Teach me to honor this and all the gifts you have given me by caring for them each day as you would wish. AMEN

Source: Advocate Health Care

## Stewardship... A Way of Life

Last Weekend's stewardship of financial gifts...

### Weekly Sunday Offertory

May 9, 2010 (week 45)	\$22,927
Automatic Direct Debit	\$16,850
Mailed in & stock donations	\$7,162
Total for week	\$46,939

\*Based on Collection Counters Reports

Fiscal Year (7/1 to 6/30) to date:	\$1,604,106
Weekly Average 7/1/09 to date:	\$35,647
Offertory Goal Year to Date	\$1,593,000
Over/short of goal to date:	\$11,106
Goal for Fiscal Year 7/1 to 6/30	\$1,840,800
Remaining for Fiscal Year goal	\$236,694

## Committee Needed for Parish Picnic

What better way to end the summer than a Parish Picnic! How about the afternoon of Sunday, August 29, after the 10:45 mass?! Would you be interested in planning this event? If so, please contact Patti Dougherty at 630.355-8980 ext. 109 or [pdougherty@stapostle.org](mailto:pdougherty@stapostle.org). The first planning meeting will be in late May.

**50** and Holding  
Mature Adults  
Young at Heart

**Thurs, May 27, Horseshoe Casino Trip** \$20 includes round trip bus, buffet lunch and a \$5 coupon. Bus leaves from church parking lot at 9:15 a.m. and returns at 5 p.m. All seniors are invited Call Bill Mann 1.630.369.0095. Money must be received by May 21

## St. Thomas

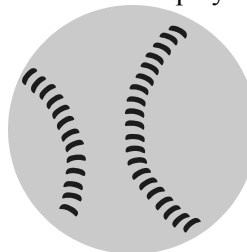
### Women's Softball Team

Did you know St. Thomas has a women's softball team that plays in a Naperville Christian recreational softball league?

We are looking for players age 18 to 80 who would love to come out once a week for a night of softball and fellowship. All skill levels are welcome.

Games are played at Calvary Church on Rt. 59 on Tuesdays from mid May through July at 6:30 p.m.

If interested please contact Lindsay Grier at 630.319.6884 or Dawn Bausch at 630.965.4491.



## Park-n-Ride Triple Treat

***It's good for Commuters... It's good for Environment... It's good for St. Thomas!***

How can St. Thomas improve your weekday commute? Beginning June 7, if you travel Monday through Friday by Metra train you can park your car in one of the 78 designated spots in St. Thomas' new Park-n-Ride lot and catch the Pace bus to the 5<sup>th</sup> Avenue Station! That's right, save on gas, reduce emissions, and never worry about finding a downtown parking spot again.

This new and exciting service will begin on Monday, June 7. The Park-n-Ride will operate using the existing Pace Route 682 that currently services the Brookdale Neighborhood. The bus schedule will be updated to offer five morning trips that provide express service directly from the church to the downtown Naperville train station, allowing passengers to board express trains from Naperville to Chicago. Four evening return trips will be available from the Metra Station to the church. In addition, a new bus shelter will be erected facing Brookdale Rd.

Park-n-Rides provide additional options for residents to access the Metra Stations and provide a cost benefit to sponsors. Commuters may park their vehicles in the designated spaces and then use the Pace Bus to travel to the Metra Station. To obtain a schedule for Pace Route 682, visit [www.pacebus.com](http://www.pacebus.com) or [www.naperville.il.us/transit.aspx](http://www.naperville.il.us/transit.aspx).

# Administration Commission

## Jobs Ministry

### Weekly Networking Meeting

Friday mornings at 9:30 a.m.

(after the 8:30 a.m. Liturgy) Lighthouse

## MAY PRESENTATION

**Wednesday, May 26, at 7:00 p.m.:** Career management author **Brian Graham** (*Get Hired Fast!*), founder of CLH Consulting, and who has 20 years of corporate and consulting experience, will present *The Job Search in a Jobless Recovery: New Realities and Strategies for 2010*. He will discuss the current job market and the new realities and strategies for career survival in the tumultuous job market following the worst global recession since WWII. Among the topics covered will be:

- Why it is so difficult to get a job, why it isn't your fault, and what can be done about it.
- Where and how to find your next role
- Do the old techniques still work, and if so, how can I make them more effective

Be prepared for a lively interactive dialogue with a recruiting industry leader who has led division and corporate talent acquisition for ADP, Sprint, Sequent Computer Systems (now part of IBM), and global talent acquisition for Navistar International before founding a consultancy focusing on career management and corporate talent acquisition strategy consulting in 2009.

**St. Thomas the Apostle Church, 1500 Brookdale Road, Naperville, IL 60563 630.355.8980.** Friday meeting formats include announcements, speaker presentation, and 2 rounds of networking. Prepare your elevator speech, and bring enough handbills to pass out to 20 fellow networkers. Wednesday night is speaker only, no formal networking. Contact Jim Breen at [jimb4853@yahoo.com](mailto:jimb4853@yahoo.com) for more info.

**Fri, May 21, 9:30 a.m.:** **Sima Dahl**, President, Parlay Communications, Ltd. will share her 20 years of experience as a marketing consultant and social media strategist, in her presentation, "**The Art of Networking in a Digital Age**". Learn about her Sway Factor™ system, the framework to make your online time effective, efficient, and profitable.

## THE WEEK AHEAD...

### Monday, May 17

10:00am—12:00 pm Healing Prayer Ministry, Cana  
4:15—5:15 p.m. Youth Choir, Church  
7:30—9:00 p.m. Taize Prayer, Lighthouse

### Tuesday, May 18

7:00—9:00 p.m. Baptism Class, Senior Center  
7:00—9:00 p.m. Administration Committee, Judea  
7:00—9:00 p.m. Adult Basketball, Gym  
7:00—9:30 p.m. Voices of Faith, Church  
7:00—9:00 p.m. Charismatic Prayer Group, Cana

### Wednesday, May 19

4:15—5:15 p.m. Joyful Jammers, Church  
7:00—9:30 p.m. Coed Volleyball, Gym  
7:00—9:00 p.m. Habitat for Humanity, Senior Center  
7:00—7:30 p.m. Rosary, Chapel  
7:00—9:30 p.m. Sojourners Rehearsal, Church  
7:30—9:00 p.m. Miryam Rehearsal, Emmaus

### Thursday, May 20

10:00am-12:00 p.m. Prayer Shawl Ministry, Cana  
6:00—7:15 p.m. Journey Praise, Church  
6:30—8:00 p.m. Prayer Shawl Ministry, Cana  
7:30—9:30 p.m. Genesis Rehearsal, Church

### Friday, May 21

9:00am—1:00 p.m. Bible Study, Senior Center & Lighthouse  
9:30am-12:00 p.m. Jobs Ministry, Gym  
5:30—11:00 p.m. Men's Night, Lighthouse

### Saturday, May 22

8:30—11:30 a.m. Ensemble Rehearsal, Church  
9:00—10:30 a.m. Men's Saturday Sharing, Senior Center West  
4:30—6:00 p.m. Ministry Fair, Gym

### Sunday, May 23

7:30am-12:30 p.m. Ministry Fair & Donuts & Welcome Sunday, Gym  
10:15 am—1:15 p.m. RCIA, Senior Center  
12:00—1:30 p.m. Adult Confirmation Preparation, Cana



## Summer Office Hours

St. Thomas offices will close at Noon on Fridays during the summer (Memorial Day through Labor Day beginning May 28). The office also closes from 4:30 to 6:30 during the summer.