

____ Please include me in future mailings for AuthenticLIFE programs.

____ I'd like to be involved in planning.

My spiritual interests include

____ Types of prayer

____ Praise & Worship events

____ Retreats

____ Bible Study

____ Catholic Social Teachings

____ Spiritual Direction

____ Vocations

Other _____

Please add my friend to your mailing list.

WHAT PARTICIPANTS ARE SAYING ABOUT BRIDGES

"The Bridges program is different from everything I've done to become more spiritual. I am experiencing my spiritual life in a way that feels more integrated. It works for me."

"I like the way Bridges uses dialogue. Knowing that other people experience the same doubts and questions as I do helps me a lot."

"I never thought about all my relationships as being so important to my spiritual life. I'm seeing others and myself differently."

"This process opened up my mind—made me think more deeply and see sacredness in the ordinary and God in everything we do."

"I am discovering my contemplative self and I am more peaceful."

"Merton's message for me is that we are all called to a deeper awareness of God's presence in our lives."

"I have a whole different understanding of what being contemplative means."

AuthenticLIFE
it's where you're going

St. Thomas the Apostle Catholic Church
1500 Brookdale Rd. Naperville www.stapostle.org



Supper & Substance
An 8-week dinner and dialogue
series for adults in their
20s and 30s

BRIDGES TO
CONTEMPLATIVE LIVING
with THOMAS MERTON

Fall 2010

Life is stressful. Even our attempts to slow down and carve out a quiet space abound with distractions. Are inner peace and balance possible?

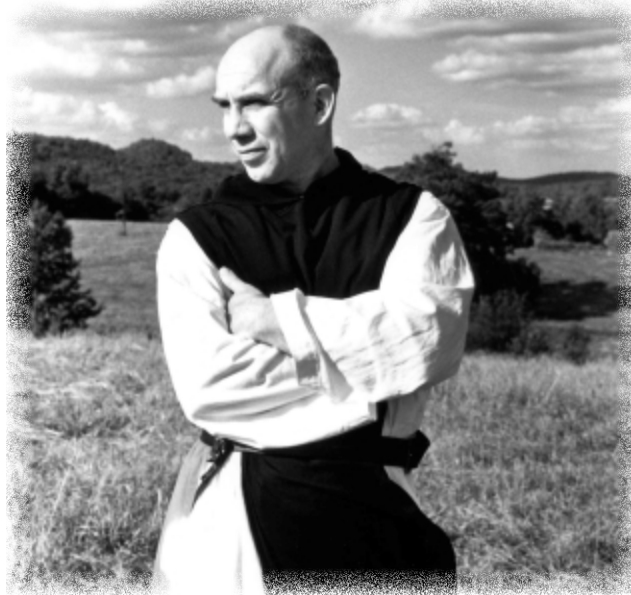
St. Thomas AuthenticLIFE ministry presents an 8-week study of contemplative living and spirituality based on the writings and teachings of Thomas Merton. **Bridges to Contemplative Living with Thomas Merton** is a continuing small group series that gently leads participants on a journey toward spiritual transformation and a more contemplative, peace-filled life. Register today. Sessions include dinner and begin on October 13. The cost to participate is \$25.

Come and see...

Thomas Merton (1915-1968) is arguably the most influential American Catholic author of the twentieth century. His autobiography, *The Seven Storey Mountain*, has sold over one million copies and has been translated into over fifteen languages. He wrote over sixty other books and hundreds of poems and articles on topics ranging from monastic spirituality to civil rights, nonviolence, and the nuclear arms race. He is widely acclaimed as one of the leading spiritual guides of the twentieth



century. He sought for himself and also encouraged others to pursue ongoing spiritual transformation and a life of contemplation.



Supper & Substance series is unique in that it provides women and men, in their 20s and 30s, single or married, an opportunity to share their faith with one other in a small group setting. Through this experience, participants often discover how God is revealed to them and each other in the everyday life experiences.

What To Expect Each Week:

Each evening will involve a meal, prayer, group discussion and sharing using the BRIDGES TO CONTEMPLATIVE LIVING series, and reflection with a community of young adults.

When and Where:

Wednesday evenings beginning Oct. 13
6:30-8:30pm
St. Thomas the Apostle Ministry Center

Registration Form

Bridges to Contemplative Living with Thomas Merton

To register, complete this form and return by Oct. 11 with your check, payable to St. Thomas, to Brett Adams
1500 Brookdale Rd. Naperville, IL 60563

First Name _____

Last Name _____

Address _____

City _____

ZIP _____

Phone _____

E-Mail _____

____ Enclosed is my \$25 check for BRIDGES TO CONTEMPLATIVE LIVING beginning Oct. 13.

(Financial assistance is available for those in need. Please call 630-355-8980 ext 117)

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