

# “ GREEN ” LIVING TIPS

## bathroom & shower

<p>In the shower, use water on the cooler side versus the hotter side.</p>	<p>Turn off the water while shampooing. Or consider washing your hair in the sink to lessen shower time.</p>	<p>When replacing showerheads, consider a low flow model to reduce water output. In the meantime, just take a shorter shower.</p>	<p>Use a bucket to catch the water from the shower while you wait for it to warm up. Use this water to water houseplants, for cleaning, etc.</p>
<p>Plan family member showers back to back so the shower water only has to heat up once.</p>	<p>Wipe down the wet shower tiles after each shower to keep them clean without using chemicals.</p>		<p>Turn off the tap while brushing your teeth. It can save your family thousands of gallons of water per year.</p>
	<p>Turn your current toilet into a higher efficiency model. Add a Toilet Tank Bank which reduces water usage per flush.</p>	<p>When replacing faucets, get sensors for automatic on and off. At the very least, install an aerator to reduce the water flow.</p>	<p>Turn off the faucet while soaping hands. Turn back on to rinse. This alone saves 20 seconds of running water each time you wash.</p>
<p>Use a super-absorbent towel on your freshly washed hair. It will reduce the amount of drying time needed. Air dry your hair whenever possible.</p>	<p>When replacing toilets, get a low flow model or a dual-flush model. They use the appropriate amount of water needed for the type of waste.</p>	<p>Switch to non-toxic, biodegradable or eco-friendly cleaning products.</p>	<p>Wash your hair every other day instead of daily. It saves water and it's healthier for your scalp.</p>
<p>Use recycled paper products, including tissues, paper towels and toilet paper.</p>	<p>Unplug your hair dryer, curling irons, etc. when not in use. They draw energy as long as they are plugged in.</p>		<p>Buy the large liquid soap and refill your smaller containers rather than trashing and buying new ones. Better yet, rediscover a bar of soap.</p>