

“ GREEN ” LIVING TIPS

laundry & apparel

<p>Wash clothes in warm water instead of hot. Better yet, use cool or cold water. Ninety % of the machine’s energy is used to heat the water.</p>	<p>If using the clothes dryer, only partially dry the clothes. Then hang them up damp to finish drying.</p>		<p>Don’t over dry clothes. It wastes energy. Use the moisture sensor if you have one. Run the shortest cycle possible.</p>
<p>Create a drying rack and air dry clothes whenever possible.</p>	<p>When buying a new washer or dryer, opt for the most energy efficient model you can afford.</p>	<p>Try to wash clothes only when you have a full load. Smaller loads use the same amount of energy to run the same length cycle, making them less efficient.</p>	<p>Consider switching to biodegradable soaps and detergents.</p>
<p>Clean the dryer lint trap before drying each load. It’s not only more energy efficient, it’s safer too.</p>		<p>Buy clothing made from organic materials.</p>	<p>Recycle your clothes. Drop used but wearable clothing at a St. Vincent DePaul center or a consignment shop.</p>
<p>Consider purchasing used items from SVDP* or resale shops. Or re-invent the clothing you have to bring it into the current “style.”</p>	<p>Shop for apparel and accessories which use recycled materials.</p>	<p>Don’t send well-worn clothes to our landfills. Find a textile recycling company or turn the clothes into cleaning rags.</p>	

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