

Living My Faith This Summer

2010 Faith Formation Summer Handout

Pre Kindergarten

Make and send a card to someone who's feeling sad, lonely or sick.

Draw pictures of Jesus and his friends— include yourself.

Have a nature observation day—notice the goodness of God's creation.

Tell your parents a Bible story in which you are one of Jesus' Disciples.

Make pictures of things for which you are thankful.

At dinner, say a prayer of thanks for food and family. Take turns thanking God for what He gives to us.

Make a list of all the wonderful things God knows about you.

Plant a seed and watch it grow, realizing how amazing all of life is.

Thank your parent(s) for caring for you.

Tell someone you love them and that Jesus loves them too!

Make your bed (or some other chore) without being asked to do so.

Say a prayer for a friend.

Think of Saints you have heard about.

How can you be more like them?

Know Jesus loves you just as you are.



Kindergarten

Play "Jesus Says:" like Simon Says (ie. Make the Sign of the Cross).

Make a scrapbook of your Baptism.

Dress up and act out Bible Stories.

Throw a party for Jesus.

Create a booklet or quilt of creation.

Make encouraging signs ("Jesus Loves You") for your home.

Have a refrigerator prayer list.

(Write your Prayers of the Faithful.)

Make a "Caring Caterpillar" out of small paper plates or circles of paper, to show how you care for others.

See how long it can get throughout the summer.

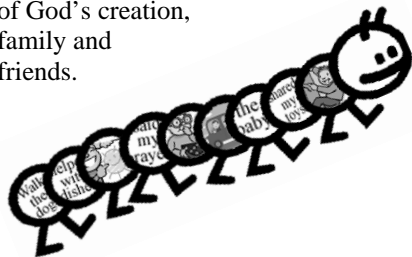
Say prayers together as a family. Attend church together on Sunday.

Make chalk drawings

of God's creation,

family and

friends.



First Grade

Make the Sign of the Cross and pray together the Lord's Prayer, "Our Father".

Pray together with your family for the people in your life.

Read stories about Jesus.

Attend Mass together. Point out during the mass that the priest is doing the same thing Jesus did at the Last Supper. Make the connection between the stories you hear at Mass and stories from the Bible.

Attend a Mass when there are Baptisms. After Mass, bless yourselves from the holy water in the Baptismal Font. At home, show pictures of your Baptism. Light your Baptism candle and say a prayer together.

Walk around church. Look at the Altar Table, the Risen Cross, the Baptismal Font. Kneel at the Blessed Mary Statue and say a prayer.

Visit the Sanctuary Lamp and the Tabernacle in the Chapel and say hello to Jesus by making the sign of the cross or saying a prayer.



Second Grade

Pray a decade of the Rosary or more – with your family. Pray the Hail Mary

Attend Sunday Mass and continue to celebrate your second, third, fourth, fifth communion and know that Jesus is present in the Eucharist.

Remember—the bread and wine are changed into the Body and Blood of Jesus so when you receive Communion, try to be like Jesus with family and friends.

Make a chart this summer of all the things you do, that are like Jesus.

Eucharist means "to give thanks" so when you pray at bedtime, think of what you are thankful for each day.



Third Grade

Lead your family in the dinner prayer.

Attend Mass – volunteer to bring up the cross or gifts at mass as a family.

Pray the Apostle's Creed or Nicene Creed.

Walk the labyrinth behind St. Thomas or the one on the Riverwalk.

Walk the Stations of the Cross behind the parking lot at church.

Pray a decade of the Rosary each night or pray the entire Rosary as a family.

Volunteer at the "Feed My Starving Children" site in Naperville. www.FMSC.org

Read from the Bible: Matthew, Mark, Luke, John and Acts

Tell your parent how to write chapter and verse from the Bible (John 3:16)

Fourth Grade

Attend Mass and look up the Sunday Readings in your Bible.

Randomly open your Bible and read one of the passages.

Take your Bible to the pool or park with you and do some reading.

Introduce a friend to the Bible.

Examine your conscience (use the handout) and pray the Act of Contrition.

Remember to say "I forgive you" when someone else says, "I am sorry."

Review the Corporal and Spiritual Works of Mercy and set out to do one Work a week.

Pray your Rosary using the pamphlet received in class.

Say a short prayer asking Jesus to guide you to what you need to hear.

Bless those in your family with the sign of the Cross as you did at Reconciliation.

Fifth Grade

Pray together the following prayers: The Lord's Prayer, Hail Mary, Glory Be,

Act of Contrition, Nicene Creed, Apostle's Creed, The Rosary.

Pray the different prayer forms (blessing, thanksgiving, praise and intercession).

Share/discuss major events in Jesus' life.

Recall seasons of our liturgical calendar and Holy Days. Sunday, August 15 we will celebrate Assumption of the Blessed Virgin Mary.

Attend Sunday Masses. After mass discuss what the Readings/Gospel means for you.

As a family, discuss the Question of the Week. Post your thoughts on our blog <http://staquestionofweek.blogspot.com>

Review our 7 sacraments, their symbols and signs. Recall and share pictures of any sacraments your family has received.

