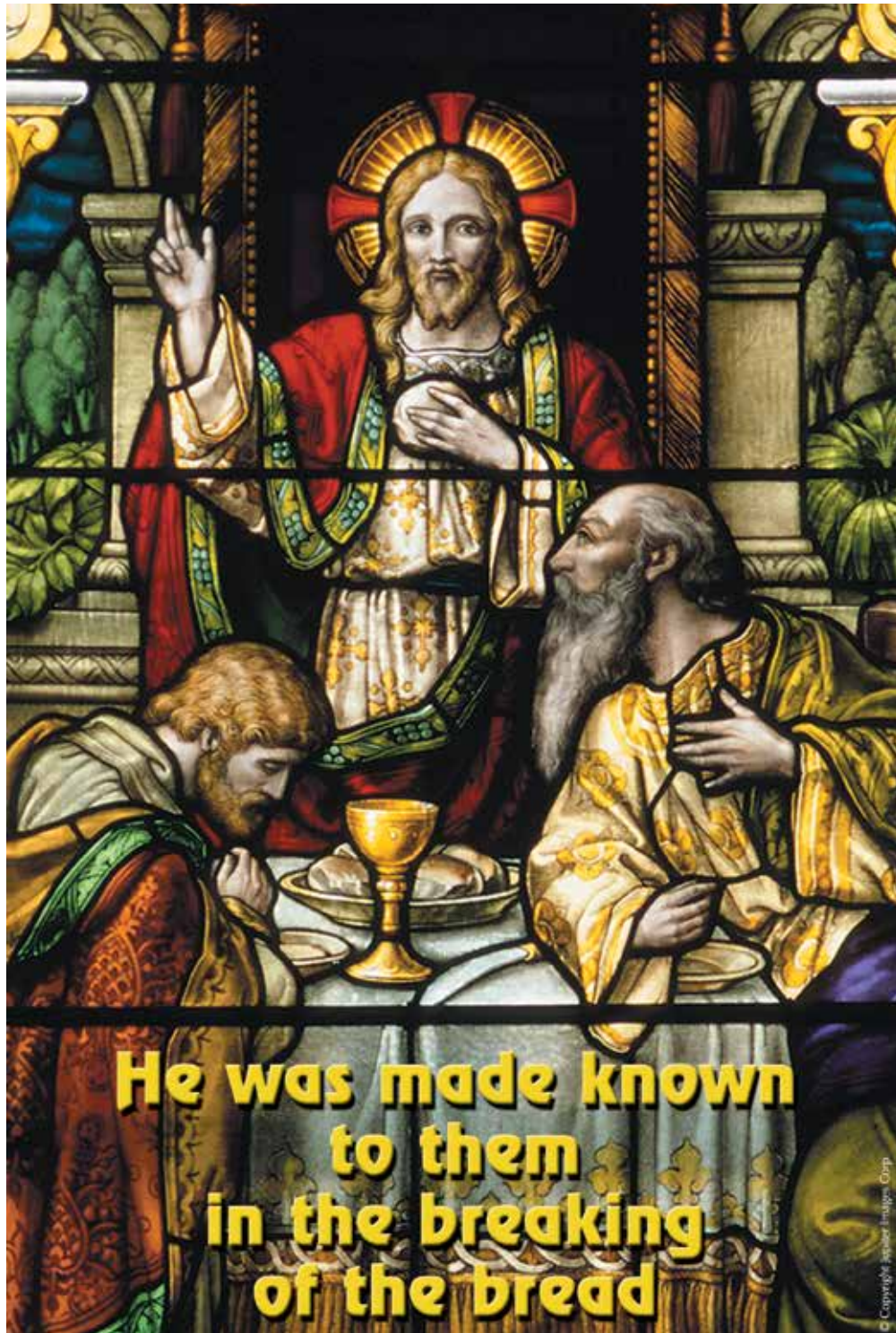


St. Thomas

APRIL 26, 2020 — THIRD SUNDAY OF EASTER



**He was made known
to them
in the breaking
of the bread**

St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (Religious Education) | 630.355.0521 (Fax)

Office Hours: 8:30 am to 8:30 pm, Monday–Thursday; 8:30 am to 4:30 pm, Friday

email to mainoffice@stapostle.org or visit us at www.stapostle.org

Roman Catholic Diocese of Joliet-in-Illinois • Most Rev. R. Daniel Conlon, Bishop • Most. Rev. Richard E. Pates, Apostolic Administrator

Parish Staff

Priests in Residence

Rev. Philip Danaher, *Pastor*, x102, pdanaher@stapostle.org

Rev. Joseph Kappilumakkal, CMI, *Parochial Vicar*, x103, jkapp@stapostle.org

Priests Assisting on Weekends

Rev. Bob Colaresi, O. Carm., *Weekend Associate*, robco@robco.org

Rev. Matt Lorenz, *Senior Vicar*, Archdiocese of Chicago

Permanent Deacons

Michael (Kathryn) Barrett — 630.355.8980, x145, meabarrett@att.net

Jim (Mary Jo) Breen — 630.486.3133, jimb4853@gmail.com

Joe (Carolyn) Cuzzone — 630.355.8980, x224, DeaconJoeCuzzone@gmail.com

Larry (Susan) Kearney — 630.355.8980, x225, lkearney@comcast.net

Chuck (Sue) Lane — 630.355.8980, x223, chuck.lane2@icloud.com

Patrick (Mary Jo) Lennon — 630.901.3223, presence.now@gmail.com

Liturgy and Music

Jim Clauer, *Director of Liturgy and Music*, x111, jclauer@stapostle.org

Samantha Delke, *Associate Director of Liturgy and Music*, x120, sdelke@stapostle.org

Faith Formation

Melissa Santos, *Principal at All Saints Catholic Academy*, 630.961.6125

Patti Dougherty, *Director of Religious Education*, x109, pdougherty@stapostle.org

Peggy Goralski, *Director of Middle School Faith Formation*, x123, pgoralski@stapostle.org

Dorothy Grantham, *Director of Youth/Young Adult Ministry*, x117, dgrantham@stapostle.org

Chari Rosales, *Director of Adult Education and RCIA*, x138, croales@stapostle.org

Marge Coronado, *Religious Education Assistant*, x118, mcoronado@stapostle.org

Outreach and Social Justice

Michael Ryder, *Director of Outreach and Social Justice*, x121, mryder@stapostle.org

Anne Schultz, *OSJ Partner*, x113, aschultz@stapostle.org

Sally Meno, *OSJ Associate*, x137, smeno@stapostle.org

Pastoral Care

Jan Olah, *Director of Pastoral Care*, x124

Felicia Lawlor,* *Faith Community Nurse*, x104, flawlor@stapostle.org

Administration

Janet Simmons, *Finance/Business Officer*, x106, jsimmons@stapostle.org

Diane McQueen, *Gen Office Administrative Asst.*, x101, dmcqueen@stapostle.org

Kathy Ferguson, *Gen Office Administrative Asst.*, x100, mainoffice@stapostle.org

Casey Braun,* *Communications Coordinator*, x110, cbraun@stapostle.org

Elizabeth Fisher,* *Evening/Saturday Receptionist*

Mary Wright,* *Evening/Saturday Receptionist*

Mary Derwinski,* *Administration Asst.*, x143, mderwinski@stapostle.org

Sue Sportiello,* *Financial Asst.*, x143, ssportiello@stapostle.org

Marilyn DeMeo,* *Database Coordinator (T/Th)*, x107, mdemeo@stapostle.org

Bob Hartmann,* *Facility Manager*, x133, facility@stapostle.org

Parish Pastoral Council

Barbara Mambu, *Chair*

Alison Ohl

Todd Galer

Anne Scanlan

David Johanneson

Commission Representatives

Linda Bailey, *Service*

Deb Scheckel, *Parish Life*

Jeff Balsewicz, *Worship*

Susan Wood O'Leary, *Stewardship*

Mary Beth Nagai, *Faith Formation*

Ex-Officio

Fr. Philip Danaher, *Pastor*

Rev. Joseph Kappilumakkal, *Parochial Vicar*

*indicates part-time staff

Sacrament of Reconciliation: Reconciliation is available Saturday, 3:30 to 4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment. Communal Penance services are held occasionally during the year.

In the Hospital or Home Bound: Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

Baptism: Baptisms are usually celebrated two to three Sundays each month at a 12:45 pm service. On selected dates, baptisms are celebrated during weekend Mass. Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call Kathy Ferguson in the Church Office a few months in advance to make arrangements.

Matrimony: A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen to schedule.

Religious Education: Call 630.305.6318 to register.

RCIA (Rite of Christian Initiation for Adults):

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 630.355.8980.

Counseling Service: Contact Jan Olah, Pastoral Care 630.355.8980, x124.

Sunday Nursery: Nursery care is available for your child age one (walking) to four at the 9:30 and 11:15 am Masses. For more information call the church office.

Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti

St. Agnes on the Lakota Indian Reservation, Manderson, South Dakota

St. Nicholas in Aurora, Illinois

Our Parish School:

All Saints Catholic Academy

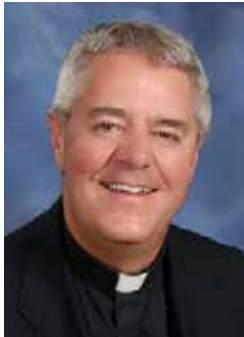
1155 Aurora Ave

Naperville, IL 60540

630.961.6125

in the word

© J. S. Paluch Co., Inc.



with
fr danaher

Dear Parish Family,

In today's gospel description of Jesus walking with two of His disciples on the day of His resurrection, one of the two is identified as "Cleopas." Some have speculated that the other person with Cleopas was his wife. As we heard, the two were conversing and debating when Jesus

joined them on their journey.

While we've always assumed that today's gospel scene is of Jesus with two of His male disciples, that might not have been the case. Since Christianity is a community, a family, united in their faith in the risen Lord, it would have been fitting for the risen Jesus to make His first appearance in Luke's gospel to a family — a husband and wife united not only by marriage but also united by their discovery that the Lord is truly risen.

Let us rejoice and be glad that our risen Lord has opened our eyes of faith as our Church, our family of faith, continues to enjoy our union as believers in His new life.

Your financial support is still needed for us to be able to meet the financial commitments of our parish. We still need to pay the utilities and payroll. Please note that, at the direction of the Joliet diocese, all salaried employees throughout the diocese have taken a 1/3 reduction in salary for at least the month of April. Thank you to the many people who are continuing making contributions to St. Thomas, either by mailing in your gifts or contributing online. To contribute online, please go to our parish website at www.stapostle.org.

In the Word,

Fr. Danaher



Third Sunday of Easter

April 26, 2020

You have made known to me the paths of life; you will fill me with joy in your presence.

— Acts 2:28

Liturgy Schedule

Cancelled until further notice

Daily

(Monday–Friday)

Communion Service: 6:30 am

Rosary: 8:10 am

Mass: 8:30 am

Divine Mercy Chaplet: 9:00 am

(Saturday)

Rosary: 8:10 am

Mass: 8:30 am

Divine Mercy Chaplet: 9:00 am

Weekend

Saturday Mass of Anticipation: 4:30 pm

Sunday: 8:00, 9:30, and 11:15 am, 6:00 pm

Adoration of the Blessed Sacrament every First Friday

Welcome Guests and Visitors!

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

Would you like to become a parishioner?

Call Kathy Ferguson in the General Office at 630.355.8980, x100



This year marks the 35th Anniversary of St. Thomas the Apostle Catholic Church. Throughout this commemorative year, we as a parish family will explore the CHERISHED, CHARGED, CHALLENGED theme through liturgy, service and study.

Worship Commission — Liturgy and Music

Reflection on the Readings

Jesus says "Love One Another as I have loved you." We all have days when that commandment feels difficult — yet if we see with clarity God's love for us, we have a chance of extending that love to those we sometimes don't like.

Readings for Today

First Reading — God has raised the crucified Jesus, who now pours forth the Holy Spirit upon us (Acts 2:14, 22-33).

Psalm — Lord, you will show us the path of life (Psalm 16).

Second Reading — Our faith and hope are in God, who raised Jesus from the dead (1 Peter 1:17-21).

Gospel — Through his words and in the breaking of the bread, the risen Christ made himself known to two disciples on their way to Emmaus (Luke 24:13-35).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Readings for the Week

Monday: Acts 6:8-15; Ps 119:23-24, 26-27, 29-30; Jn 6:22-29

Tuesday: Acts 7:51 — 8:1a; Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab; Jn 6:30-35

Wednesday: Acts 8:1b-8; Ps 66:1-3a, 4-7a; Jn 6:35-40

Thursday: Acts 8:26-40; Ps 66:8-9, 16-17, 20; Jn 6:44-51

Friday: Acts 9:1-20; Ps 117:1bc, 2; Jn 6:52-59, or, for the memorial, Gn 1:26 — 2:3 or Col 3:14-15, 17, 23-24; Ps 90:2-4, 12-14, 16; Mt 13:54-58

Saturday: Acts 9:31-42; Ps 116:12-17; Jn 6:60-69

Sunday: Acts 2:14a, 36-41; Ps 23:1-6; 1 Pt 2:20b-25; Jn 10:1-10

*Christ Jesus,
we are called to sing
and rejoice in the resurrection,
but there are so many signs
and realities that point elsewhere.
Come now,
and help us see past these
blocks along the way
and recognize the many
and sometimes hidden truths
that remind us that you are here,
alive and risen,
now and always.
Amen.*

~ David Haas

Liturgy Schedule and Mass Intentions

Due to the cancellation of all Masses, the intentions below will be honored during the Mass that is being celebrated and recorded for our parishioners this weekend. The Mass will be made available on the St. Thomas website.

Monday, April 27, 2020

8:30 am For Health and Strength for All People Around the World

Tuesday, April 28, 2020

8:30 am †Anne Battisto, by The Battisto Family

Wednesday, April 29, 2020

8:30 am †Christopher Ryder, by Mike and Nonie

Thursday, April 30, 2020

8:30 am For Those Who Have Lost Loved Ones

Friday, May 1, 2020

8:30 am For Small Businesses

Saturday, May 2, 2020

8:30 am For Teachers

4:30 pm *Mass of Anticipation*

†Hugh Armstrong, by Bob, Terri and Tony

Sunday, May 3, 2020

Fourth Sunday of Easter

8:00 am For the People of St. Thomas

9:30 am †Johnathan Weiger, by Parents

11:15 am †Danuta Cichocka, by Agata Chalupka and Family and Mariola Shelemej and Family

6:00 pm For Students Getting through the School Year

St. Dymphna Mass

Patron Saint of Those Struggling with Emotional/Mental Illness

Due to the ongoing pandemic and lack of knowledge as to when St. Thomas Masses will begin again, the St. Dymphna Mass scheduled for Monday, May 4, 2020, is being POSTPONED. The information will be posted as soon as the Mass can be rescheduled.

Faith and Formation Commission — Youth

Liturgy of the Word with Children

Flyers for Liturgy of the Word with Children on Sundays are still available for your child. Please email Patti at pdougherty@stapostle.org for a PDF of the upcoming Sunday. Available each Sunday for grades Pre K–5 through May 10.

This ministry will resume in September. If you feel called to serve as a leader, helper or just escorting the children, please sign up during Ministry Sign up this summer or contact Patti for more information. Protecting God's Children is required for everyone over age 18. A special "Thank You" to all volunteers, those scheduled and those who stepped up to help as needed.

Claire Brown	Tina Dufkis	Gina Howley	Chris Meyers	Jen Scarborough
Nancy Brown	Fran Dunne	Joe Howley	Ethan Meyers	Kevin Schuele
Natalie Brown	Christine Ferrari	Laura Kmec	Sarah Meyers	Katie Schuele
Gregory Burgess	Frankie Ferrari	Anna Lankisch	Maureen Musinski	Rosie Stone
Dana Bussing	Chris Gambs	Olivia Lankisch	Willow Nagai	John Thies
Gloria Caruso	Andrea Gerald	Ryan Lee	Mike Overman	Megan Thies
Ann Cotner	Kelly Giacolo	Amy Looi	Jen Pasterick	Gerry Tice
Anthony Cotner	Tessa Giacolo	Mayi Marcus	Archie Pereira	Mary Waldron
Ryan Cotner	Amanda Gray	Jean Mertens	Dylan Plos	Kyleen Yorke
Mary DeLacey	Samantha Gray	Amber Meyers	Teri Ross	

Religious Education Thank You

The following people helped in some way to pass our faith on to the children of St. Thomas (Pre-K through fifth grade). They shared their gifts and time with our Religious Education Program this past year, helping our young people to grow in their faith. The R.E. program is dependent on this sense of shared ministry. If you know any of these wonderful people, please take a moment to thank them. If you would like the opportunity to share your faith, please call the Faith Formation Office and we would be happy to assist you in ways to do so.

Theresa Abecia	Anju D'Souza	Joe Howley	Emma Miles	Colleen Steffgen
Sarah Alaimo	Sarah Dunne	Martin Howley	Samantha Miles	Sharon Sugas
Lana Bailey	Mary Eiken	Gina Howley	Kelly Miles	Susan Szczech
Janet Bailey	Missy Ernst	Nicole Jones	Chris Moore	Nidhi Thomas
Carol Bax	Romina Estacio-Perez	Rosemary Karl	John Morris	Liz Urso
Jennifer Bennett	Wanda Fattes	Claire Keyser	Mary Beth Nagai	Jacquie Vu
Jennifer Berg	Alanna Folger	Lorraine Katz	Lynn Nicinski	Thuc Vu
Tammy Winn Bocher	Julie Folger	Dawn Koszala	Joe Pecoraro	Cade Wehr
Jennifer Burgess	Colleen Fournier	JJ Koszala	Kristina Pellegrini	Lisa Wehr
Lourdes Chew	Fran Furibondo	Michelle Kuhn	Caryn Phelan	Nahliya Wehr
Sue Cicero	Dana Garcia	Carissa LaVette	Angie Pine	Kasia Williams
Marge Coronado	Patty Grossert	Susan Leegan	Paul Reichel	Martyna Woznica
Monica Coronado	Marcia Hartmann	Heather Marzano	Beth Reiman	Dan Zabinski
Ann Cotner	Latisse Heerwig	Joseph Mayoralgo	Teri Ross	
Renee Culbertson	Dana Hengstler	Grace McCoy	Linda Scarpino	
John Diendorf	Maria Hernandez	Sheila Mikulina	Patty Sida	
Nicole Dixon	Debbie Houlihan	Meghan Miles	Autumn Solakiewicz	

Thank you to our Deacons: Michael Barrett, Jim Breen, Joe Cuzzone, Larry Kearney, Chuck Lane and Patrick Lennon and especially to Fr. Joseph and our pastor, Fr. Danaher.

Prayer Network

Now, more than ever, we need to keep in contact with each other and more importantly, pray for each other. The Prayer Network is a beautiful connection where prayer intentions are prayed for privately. If you would like to add someone to the Prayer Network, you can:

- Send the name of the person needing prayers to staprays4u@gmail.com and Carolyn and Joe Cuzzone, the ministry coordinators, will make sure that happens.
- Send the name of the person needing prayers by email or phone to Diane McQueen, dmcqueen@stapostle.org or 630.355.8980, x101.

Take care, stay home and keep praying!

High School Community LIFE Night Zoom Meetings:

On Thursdays at 6:30 pm, throughout the stay-at-home period, we will be gathering by a Zoom meeting. If you are a teen and would like to join us, email Dorothy Grantham at ym@stapostle.org to be added to the invite.

Sunday Night YM Project Live

Join the largest Youth Group virtual meeting with great, inspirational National Speakers on Sunday Nights at 7:00 pm. Use this link to join: <https://projectym.com/live/>

Youth Ministry Newsletters and Informational Emails

During the stay-at-home order, the Youth Ministry office is emailing various ideas and resources for both teens and parents to stay connected with faith at this unprecedented time as well as some resources posted on our parish website. During this difficult time we are reminded that our Church does not stay just within the walls of St. Thomas. We are the Church. We take courage and strength through the Resurrection of Christ. We can be that light of Christ and we can be creative in doing just that. If you aren't receiving the Youth Ministry emails and newsletters, please contact Dorothy at ym@stapostle.org.

Young Adult

There are some good faith resources online for Young Adults. Continue to check out our parish website along with resources from the Diocese of Joliet <http://www.dioceseofjoliet.org/yam/index.php>

Solidarity on Tap is offering virtual meetings: "Socializing meets Social Justice on a screen!" Use this link to check it out: <https://ignatiansolidarity.net/solidarity-on-tap/>

If you would like to be added to the Young Adult Ministry GroupMe, contact Dorothy Grantham at dgrantham@stapostle.org.

Question of the week ...

When have you recognized that Jesus is with you?



Charged...

As a way for the St. Thomas faith community to unpack our 'Cherished Charged Challenged' parish theme, parishioners were asked to reflect upon what they do to feel charged and plugged into their faith. As you read their various reflections over these weeks of Easter, perhaps you will discover something that increases your own 'battery life' and allows you to share that life with others.

"I am charged every Sunday after mass through liturgy, music and community, but the goal is to keep the light of the Holy Spirit continuing during the week. It's a start letting someone go in front of you in the parking lot after Mass, but there are still more days ahead. Continuing the light, when helping in care pantry, getting to know a client a bit better or asking them about their family. Asking a friend, who is depressed or having problems, to go for a walk or Starbucks and listen to them. Just saying hello or smiling at a stranger. Or maybe when greeting before Mass, getting a smile or good morning back. The goal is, at least, once a day to let the light shine. The good news is I always know where I can get recharged!" (Chris Sehgal)

"One definition of charge means a person or thing entrusted. I think it is important to live each day being Jesus to others and I see this as a charge. As such I try and start each day with praying and reading the Gospel or other parts of the Bible. I think this is important in so many ways. It helps keep my life focused on our Loving Father. Furthermore, it helps me figure out what the Holy Spirit is guiding me to be aware of and or do. I think with my family, we try and talk about Jesus in our lives, pray and sharing family time together. Often, we do things together on the weekend around Sunday Mass when we are together. It has been our habit since they were young to regularly go to Mass. Now, it often includes friends and girlfriends joining us followed by breakfast and talk about something with our faith, our Mass that day, questions etc. We have always encouraged thoughtful discussions about our faith, its issues and how to live it." (Lorraine Katz)

Looking Ahead

Religious education registration materials (Pre-K through Grade 8) for the 2020-2021 year will be available June 1.

Registration for Scripture Safari 2020 is postponed for now. Please watch the bulletin for more information once the scheduled week is confirmed.

Catholic Sports Camps

Catholic Sports Camps offer a unique experience as young athletes enter an environment intentionally created to help them grow in holiness and virtue, while learning high-level training in their sport. To be a great athlete, one needs to invest time practicing, develop discipline and teamwork, and learn perseverance and humility. The same is true to become a holy disciple of Christ! Sports camps are offered for baseball, soccer, hockey, basketball, football, volleyball and softball. For the 2020 dates and camp locations, and for registration information, go to www.catholicssportscamps.org.

Camp Rock 2020

WHAT	Camp Rock is a 4-day, 3-night camp for middle school students sponsored by Joyful Hope Presentations
WHEN	June 12–15, August 6–9
WHO	Any student currently in grades 6, 7 or 8
WHERE	Dickson Valley Camp, Newark, IL (near Plano, IL)
COST	\$350
REGISTRATION	Go to www.camprock.me .
QUESTIONS	Contact John Lamperis at john@camprock.me
ACTIVITIES	Prayer, Bible study, Mass, swimming, canoeing, archery, campfire, indoor gym and climbing wall, hiking, sports, music, skits and crafts

Faith and Formation Commission — Adult

C.A.R.E. CORNER

The Advocate Jesus promised would be present to his disciples, even in Jesus' physical absence. This Advocate would teach them everything and remind them of all that Jesus had told them (John 14:26). They didn't really understand how that would work until it actually began to happen. After Jesus' crucifixion, he appeared to his disciples in Jerusalem and reminded them he was sending the promise of his Father. In receiving this promise, they would be "**clothed with power** from on high." (Luke 24:49)

Jesus knew that after he was baptized, the spirit of the Lord was upon him (see Luke 4:18). That was the Spirit that had **animated** him and **empowered** him to complete his life's mission. That same Spirit would **energize** his disciples and enable them to fulfill their missions as well. Acts 2 recalls the first Pentecost after Jesus' crucifixion. It was a pivotal event for the disciples. For on that day, they received their Advocate — the gift of the Holy Spirit — as Jesus had promised. And it completely changed them, which in turn, had an impact on us.

Service Commission — Pastoral Care

During this unchartered time please know that St. Thomas the Apostle Church, Pastoral Care and the Behavioral Health Ministry are here for you. You are in our prayers and we are available to assist you.

From the Behavioral Health Ministry: Seven Ways to Overcome Challenges and Live a More Resilient Life

Why do we fall? So we can learn to pick ourselves up. Here are 7 ways to pick ourselves up and live with more resilience.



- 1. Flex the Muscle** — Practice building resilience just as you would work out any other part of the body. We all have muscles just like we all have resilience; the more we use it the stronger it gets.
- 2. Look Ahead** — Dwelling on problems and "feeling victimized" leads to unhealthy habits. Resilience won't make problems go away according to Mayo Clinic but will give you the ability to see past them. Building resilience will help to find enjoyment in life and to better handle stress.
- 3. Get Dressed** — Getting up and getting dressed is half the battle during dark days. Find a reason to show up and be social.
- 4. Give a Hand** — Working with our hands can distract depression and redirect the mind to new interests, ideas and opportunities. Carrie Barron M.D. writes in her book, *The Creativity Cure*, how simply activating our fingers can improve resilience and lift mild to moderate forms of anxiety or depression.
- 5. Don't Give Up** — Colonel Sanders didn't give up his dream of opening Kentucky Fried Chicken while living in his car. He perfected the recipe and hit the jackpot when he franchised. He said, "One has to remember that every failure can be a stepping stone to something g better."
- 6. Don't Throw it Away** — Rejection can be extremely difficult, just ask such authors as C.S. Lewis, J. K. Rowling or Stephen King. What is important with these writers is that they never gave up. Sometimes we have to go on when we don't feel like it.
- 7. Begin Again** — In building resilience Mayo Clinic suggests finding something that gives a sense of accomplishment to make every day meaningful. Having a purpose is important to "help you look toward the future with meaning."

Source: *Renew by UnitedHealthcare.org*

Can We Stay "Immune" to Germs?

Based on research, eating fruits and vegetables keeps us healthy overall. So, are there any foods that we can prioritize during seasons of illness to try to give us a healthy edge?

In studies, foods that contain specific types of nutrients have shown to help improve health outcomes. Trying to consume these foods in larger amounts may help keep us healthy and possibly help our immune system fight whatever antagonists come our way.

Anthocyanins, a member of the flavonoid family, have been shown to help our immune system. Top anthocyanin containing foods (blue, purple or red hue) are:

- Berries – blueberries, blackberries, elderberries, cranberries and bilberries are a sources of anthocyanins.
- Cherries – tart cherries have higher anthocyanin levels than sweet cherries
- Purple grapes – a great source of anthocyanins and also resveratrol
- Eggplant, purple asparagus and red cabbage

Antioxidants like Vitamins A, C and E counteract the oxidative assault in our body from everyday toxins and stress, but also from health attacks from germs (both bacterial and viral).

- Some sources of Vitamin C: are citrus fruits, berries, bell peppers (especially red).
- Vitamin A: some sources include sunflower seeds, almonds, broccoli, carrots, sweet potato.
- Vitamin E: some sources include sunflower seeds, almonds, peanuts, avocados.

If we aren't eating these foods, we should try to add some of them to our meal plan. We can have a good immune defense to help us stay healthy through cold and flu season.

So, get enough sleep, cover your cough and wash your hands, OFTEN, especially before food preparation and before eating.

Source: *Patty Minta, R.D. Nutritionist. www.nourtishionistedandblessed.com*

Service Commission — Outreach and Social Justice



Outreach and Social Justice Office Open for Business!

The Outreach and Social Justice Office (Mike and Anne) will be able to access email and voicemail even with the St. Thomas building closed. Do not hesitate to contact us in these challenging times. The SPIRIT is with you!

Mike: mryder@stapostle.org, 630.355.8980, x121
Anne: aschultz@stapostle.org, 630.355.8980, x113

Do You Need Help? (Food and Financial Assistance)

Due to the COVID-19 virus, there is an increase in the number of area families (including parishioners) in need of food and financial assistance. If you are in need of help or if you are aware of anyone else in need of help, please call or email the OSJ Office (contact information listed above). The parish will respond through the St. Thomas St. Vincent de Paul Society or Outreach and Social Justice Office.

St. Thomas Cares and Care Pantry Donations

Many organizations are in need of funds to allow them to help others in this extraordinary situation. Consider making a donation as you are able.

If you would like to make a donation to St. Thomas Cares, there are two ways:

1. Checks can be written to "St. Thomas OSJ" with "Care Pantry" in the memo and sent to St. Thomas OSJ – ATTN: ANNE (1500 Brookdale Rd., Naperville, IL 60563).
2. Go to www.stapostle.org and click "Please Give" box on the home page. Select "Click here to setup your online giving account." You have the choice of setting up an account or "Quick Give." Click the "funds" drop down list and select the "St. Thomas Cares" fund. (Shortcut url: <https://www.osvonlinegiving.com/1479/Home/NewQuickGive>.)

SVDP Drop-Off Boxes Where Are They?

You may have noticed the SVDP donation boxes previously located between the church and the rectory are gone. The SVDP stores are closed right now because it is considered a non-essential business. All drop-off boxes have been removed so people don't fill the boxes and then continue to leave donations outside the boxes. The boxes will return when allowed, so please save your donations until then.

Help Project Love Help Moms in Need

(Parishioner Eileen McGleam is Director of Project Love, the charitable program of Illinois Right to Life.)

Hello Everyone,

The mission of Project Love is to provide grants to pregnant women and new mothers who are in a financial crisis. We help with rent, utility bills and other urgent expenses. We are a 501(c)3 charity, and you can read more about us at www.IllinoisRightToLife.org

Normally at this time of year, Project Love offers beautiful Mother's Day and Father's Day cards at local churches. This is one important way we raise money for our grants. We are not able to offer the cards this year as the churches are closed. Thus, I am offering you an alternative opportunity to receive these beautiful cards and also support Project Love in the process. We will send you all the Mother's Day cards and Father's Day cards that you would like in the mail. See below for details.

We are all very hesitant to go out to shop these days, and getting your beautiful Mother's Day and Father's Day cards from us through the mail will save you the trip to Hallmark. There will be virtual masses celebrated at two churches on Mother's Day and Father's Day for the intentions of all the recipients of the cards.

The inside of each card says, "A donation to Project Love has been made in your honor." The cards are suitable for your mother or any mother, for instance, daughter, daughter-in-law, sister or any other person who is a great mother. Likewise, the Father's Day cards are suitable for any father you would like to honor.

We ask that you please send \$5 for each card. If you would like to make an additional donation to Project Love, we would be most grateful. Checks should be made payable to: "Illinois Right to Life," with "Project Love" on the memo line, and sent to the address below with your order. We will be happy to receive your order, and send cards in the mail within a day or two.

Order Today:

Go to www.stapostle.org and type "Project Love" in the Search Window. There you will find an order form as well as a selection of cards to choose from. Fill out the form and mail it with your check to the address on the form. You can also send a check with a note indicating the number of Mother's Day and Father's Day cards you would like, and we will select cards for you.

Thank You!

Eileen McGleam
7180 Springside Avenue
Downers Grove, Illinois 60516

Duchity Native Son Becomes Doctor

Seven years ago, a young man named Nickson Polyte graduated from high school from College Saint-Thomas Apôtre de Duchity (the school of Ste. Marie-Madeleine, our Haiti Twinning parish in Duchity). Nickson was an excellent student and had dreams of becoming a doctor, but his family had no means to make that happen. Ertha reached out to St. Thomas parishioner and dentist Brian O'Donovan who had traveled to Duchity on Dental Missions and he agreed to help Nickson.

We recently received the letter below from Dr. Nickson Polyte.

I greet you in the name of Jesus Christ. I hope St. Thomas church is staying well and safe during this global crisis. It is a very scary time for the world, and even more in places like Haiti where we already have a broken health system. But as always, we are praying and keeping our faith in God.

I am writing you this email to first, express my gratitude toward St. Thomas church and to thank everyone for personally supporting me throughout my journey to become a doctor. I will never be able to pay back what Doctor Brian and other people at St. Thomas have done for me. What I can do is to pay it forward by serving the people of my country especially in Duchity, if I would have the opportunity to do so.

After seven years of studying General Medicine, months in Social Service at the Hospital Saint Anne, Camp-Perrin (South of Haiti), now that I am done with my social service, I am ready to work as a Doctor in Duchity to serve both of my communities: Duchity and St. Thomas. It has been a dream of mine since I was very young to serve my people. I am beyond grateful this dream became true with God's help and the support of the people from St. Thomas. Also, a big thank you for all you've done for the people in Haiti, especially Duchity. We are forever grateful.

That being said, I would like to talk to father Emery about working in Duchity so I can start the paperwork, but I wanted to present my interest to you first to see if this is a possibility for me to work in the Clinic in Duchity.

I am looking forward to talking to you soon about this and please let me know if you have any questions or concerns. Stay safe and well!

Best Regards,
Dr. Nickson Polyte

NOTE: The Twinning Committee is certainly supportive of Dr. Polyte working at the Duchity clinic. He has served for years when our Medical Teams traveled to Haiti. They know him to be a good doctor. We will communicate our support to Fr. Emery and the Duchity Clinic Board.



Dr. Nickson Polyte, Dr. Fran Lichon and Fritzgerald During spring 2019 Medical Mission

Waterleaf Miracle of the Month

"Kristen" first visited Waterleaf with a lot of conflict about her pregnancy. She and her boyfriend, "Matthew," had a difficult relationship. She felt it would be best if they do not have a baby together and was seriously considering aborting it.

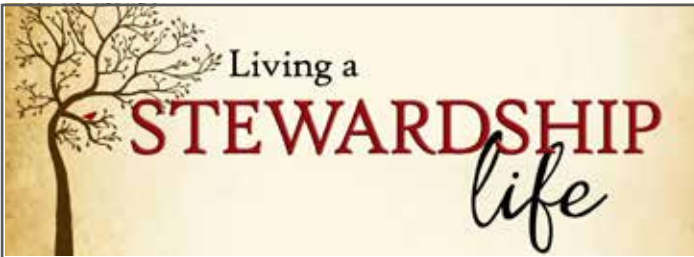
Kristen returned for a follow up appointment a full two months later. In that time frame she told us she changed her mind while she was at her abortion appointment. She was struggling with it so much that she couldn't go through with the procedure. She decided to return to Waterleaf instead. She told her advocate that she does not want to abort any longer and asked for parenting options. Kristen took home several ultrasound pictures of her baby after that visit.

At a subsequent visit Kristen brought Matthew, his mom and his sister. The whole family was excited to see the baby in the ultrasound. They asked the sonographer lots of questions while Kristen smiled brightly. Now that Matthew and Kristen are comfortable with their 'parenting' decision, they have a next challenge: they need to secure OB care during the global pandemic that has now overcome the health care community. In order to help navigate this, Waterleaf offered the couple our Aspire resource department. While they did not accept the offer on the spot, we assured Kristen and Matthew that we will be here should they need our services moving forward.

Keep Waterleaf and their patients, like Kristen, in your prayers. Your support brings the gift of life.



Stewardship and Administration



Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but it is the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.

1 Corinthians 12:4-7

Are you listening to God as He reminds you what your gifts are and how to use them during this time of strife? Please heed His call to use your gifts for the common good: for your family, friends and neighbors.



Last weekend's stewardship of financial gifts

Weekly Sunday Offertory

April 19, 2020	
Sunday Collection Offering*	\$0
Credit Card On-Line Giving	none this week
Automatic Direct Debit (5 th and 20 th each month)	none this week
Mailed in and stock donations	\$11,517
Total for the week	\$11,517
<small>*Based on Collection Counters Reports prior to bank confirmation</small>	
Fiscal Year (7/1 to 6/30)	\$1,513,372
Weekly Average 7/1/2019 to date	\$35,195
Offertory Goal Year to date	\$1,587,689
Over/short of goal to date	(\$74,317)
Goal for Fiscal Year 7/1 to 6/30	\$1,920,000
\$ of Annual Sunday Offertory Goal	79%
Remaining for Fiscal Year goal	\$406,628

This week, the Sunday collection is \$74,317 behind goal so far this year.

Diocesan Appeal 2020

Parish Appeal Goal	\$174,600
Pledges Received	\$119,662
% of Goal pledged to date	68.53
Unpaid pledges	\$37,411
Paid to Date	\$82,251
Percent of goal paid to date	47.11

Please Continue Giving During COVID-19

We miss you at Mass! Our weekend Masses are cancelled in response to directives from the Diocese of Joliet to reduce the risk of exposure to the COVID-19 virus. We pray you are healthy and remain so until we can again joyfully celebrate Mass together.

There are two easy to use options to continue giving so you can support St. Thomas during the social distancing period:

Option 1: Sign Up For Online Giving

THE EASIEST AND BEST OPTION! St. Thomas partners with Our Sunday Visitor (OSV) which gives an online interface where you can create a secure account to enter your credit card number and manage your giving.

Option 2: Mail Your Envelopes

Even though you weren't able to drop your donation envelopes in the collection basket, you can still mail your donation using one of the postage paid return envelopes in your envelope packet.

The parish address is:

St. Thomas the Apostle Catholic Church
1500 Brookdale Road
Naperville, IL 60563

St. Thomas Is Grateful For You

We are very grateful for your continuing support, especially through this health crisis, to be the vibrant and engaging faith home you come to for spiritual nourishment. Let us continue to pray for the day when we can once again lift our voices to God in praise as a community of faith.

Checked These Listings Lately? Thank You to Our Advertisers!

Make it a habit to check these advertisers when you need a product or a service. And when you purchase, be sure to mention you saw their ad in the St. Thomas bulletin!

Two beautiful locations:
 44 S. Mill Street • Naperville, IL
 (630) 355-0213 • Historic Downtown
 15219 S. Joliet Rd. • Plainfield, IL
 (815) 436-9221 • Rte. 59 & Rte. 30



Friedrich Jones

Funeral Homes & Cremation Services
www.friedrichjones.com



Dave Jones, Parishioner
 Stephanie Jones-Kastelic • Ray Jones

Esser Hayes Insurance Group Inc.
 Insurance is Our Only
 Business Since 1939 With
 Excellent Companies &
 Competitive Rates
 1811 High Grove • 355-2077



Get this weekly bulletin delivered by email - for FREE!

Sign up here:

<https://www.jspaluch.com/BulletinSubscribe.aspx>

Courtesy of J.S. Paluch Company, Inc.



BORTER
 HEATING & COOLING



24 Hour
 Service

(630) 668-5885

Naper Auto Works
 Your One Stop Shop
 Since 1977



320 N. Mill St.
 Naperville, IL 60540
 (630) 420-2886

Please Cut Out This "Thank You Ad" and Present It The Next Time You Patronize One of Our Advertisers

Thank You

Thank you for advertising in our church bulletin. I am patronizing your business because of it!

Free Estimates
897-1538

KLECKNER
 Siding • Windows • Doors & More

Duanne Kleckner — Doug Kleckner

Insurance work
 New windows
 Re-siding

Use Local!

WHY ADVERTISE IN YOUR LOCAL CHURCH BULLETIN?

J.S. Paluch will create, produce and print your ad for less than you'd spend elsewhere. They help you reach consumers at extremely affordable rates and offer options to advertise effectively and keep pace with market change.

If you own a business or know of a local business that might like to support your local Catholic parish by advertising in its parish bulletin, please contact J.S. Paluch. Grow your business by advertising in the church bulletin and create strong connections with your target audience. Benefits include:

GREAT COVERAGE - 97% of all households attending church take at least one church bulletin home every Sunday.

GREAT VALUE - 70% of all households are aware of and look at the advertising in the church bulletin and 68% of households surveyed when making a choice between businesses are inclined to choose the one who advertised in the church bulletin.

GREAT LOYALTY - 41% of households do business with a company specifically because they are advertising in the church bulletin.

GREAT PRODUCT - 62% of households keep the church bulletin the entire week as reference.

Advertise With Us!

Learn More About Advertising In Your Parish Bulletin

Call us at **1-800-621-5197**

Email: sales@jspaluch.com

J.S. Paluch
 Company





EXTERIOR DESIGNERS INC.



ROOFING • SIDING • DOORS
Deal directly with the owner,
John Ferris. No salesmen.

www.exteriordesignersinc.com
FREE ESTIMATES
630-674-5008


VOEGTLE'S
Auto Service

28 W. 224 WARRENVILLE RD.
WARRENVILLE, IL 60555
COMPLETE AUTO REPAIR
SINCE 1975
CHARLES VOEGTLE
JOE VOEGTLE
393-1436

**A Realtor Dedicated to Help Others
with all Real Estate Needs.**




630.640.2107 • yk@yvonneking.com
www.yvonneking.com



**Your ad
could
be in this
space!**

Quality Work – Reasonable Prices

**DEMMIS
PLUMBING
& SEWER**



Ask for a
**PARISHIONER
DISCOUNT**

Lic# 102246
630.991.3641 EMERGENCY
SERVICE
www.demmisplumbing.com

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

- ✓ Ambulance
- ✓ Police ✓ Fire
- ✓ Friends/Family

Solutions as Low as **\$19.⁹⁵** a month
FREE Shipping
FREE Activation
NO Long Term Contracts

CALL NOW! **800.809.3352**
GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA

This Button SAVES Lives!
As Shown GPS,
Lowest Price Guaranteed!

MDMedAlert
Safe-Guarding America's Seniors Nationwide!

ED THE PLUMBER
ED THE CARPENTER
Best Work • Best Rate
Satisfaction Guaranteed As
We Do All Our Own Work
Lic# 055-026066
\$\$ Parishioner Discount \$\$
630-663-1444

Protecting Seniors
Nationwide

24SE_{EN}
Medical Alert System

\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608



Feze
ROOFING

Residential • Commercial
Industrial
Lic. #104000585

FREE ESTIMATES **630.530.5944**
111 Maple Ave., Elmhurst
FEZEROOFFING.COM

1656 Briarheath, Aurora, IL 60505
Immediate Occupancy **\$314,900**
Agnes "Cookie" Hanson, Designated Managing Broker
1288 Rickert Drive #300, Naperville, IL 60540
CENTURY 21
Affiliated **(630) 272-9321**

A - KEVELOH PLUMBING

Remodeling • Repairs • Additions
Custom Homes • Residential • Commercial

IL Lic. #058-124165 **(630) 963-0433**
Family Owned & Operated Over 36 Years

\$10.00 OFF W/AD

FINDaPARISH.com
Check It Out Today!

**The Most Complete
Online National
Directory of
Catholic Parishes**

ONE PARISH
Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!

Download Our Free App or Visit
MY.ONEPARISH.COM

Consider Remembering
Your Parish in Your Will.

For further information,
please call the Parish Office.

Specialized and supportive
healthcare options for those
living with serious illness.

Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America
Take your FAITH ON A JOURNEY.
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

ONE PARISH
Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!

Download Our Free App or Visit
MY.ONEPARISH.COM

**catholicmatch[®]
Illinois**

CatholicMatch.com/myIL

Specialized and supportive
healthcare options for those
living with serious illness.

JourneyCare
Contact us at 224-770-2489
or visit journeycare.org today.

Funeral Service **On-Site Crematory**

Beidelman-Kunsch
FUNERAL HOMES & CREMATORY, LTD
Family Owned & Operated Since 1861
JOHN W., JOHN L. & JOSEPH O. KUNSCH, DIRECTORS
516 S. Washington St.
Historic Downtown Naperville
630.355.0264

24021 Royal Worlington Dr.
Rt. 59/South Naperville
630.922.9630
www.BeidelmanKunschFH.com

Say Good-bye to Clogged Gutters!

CALL BY 12/31 TO RECEIVE
75% OFF LABOR*

*After 12/31/10 customer will be eligible for 50% off labor. Does not include cost of material. Offer expires 3/31/20.

Receive a \$25 Lowe's Gift Card with FREE in-home estimate!

Call today for your FREE estimate and in-home demonstration
CALL NOW 708-462-6373

ENGLERT LeafGuard
Get it. And forget it.®

• LeafGuard® is guaranteed never to clog or we'll clean it for FREE!

- Seamless, one-piece system keeps out leaves, pine needles, and debris
- Eliminates the risk of falling off a ladder to clean clogged gutters
- Durable, all-weather tested system not a flimsy attachment

B & L Auto Body Inc.

Free Estimates
Insurance Work
Expert Refinishing
Complete Collision Repair

1340 W. Ogden Ave.
Naperville
Larry Frank
355-0865

Funeral Service **On-Site Crematory**

Beidelman-Kunsch
FUNERAL HOMES & CREMATORY, LTD
Family Owned & Operated Since 1861
JOHN W., JOHN L. & JOSEPH O. KUNSCH, DIRECTORS
516 S. Washington St.
Historic Downtown Naperville
630.355.0264

24021 Royal Worlington Dr.
Rt. 59/South Naperville
630.922.9630
www.BeidelmanKunschFH.com

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118

**PHIL WALZ
PLUMBING, INC.**

Specialists In
Bath Remodeling
Established 1967
1340 W. Ogden, Naperville
(630) 355-0080 Lic# 058-062118