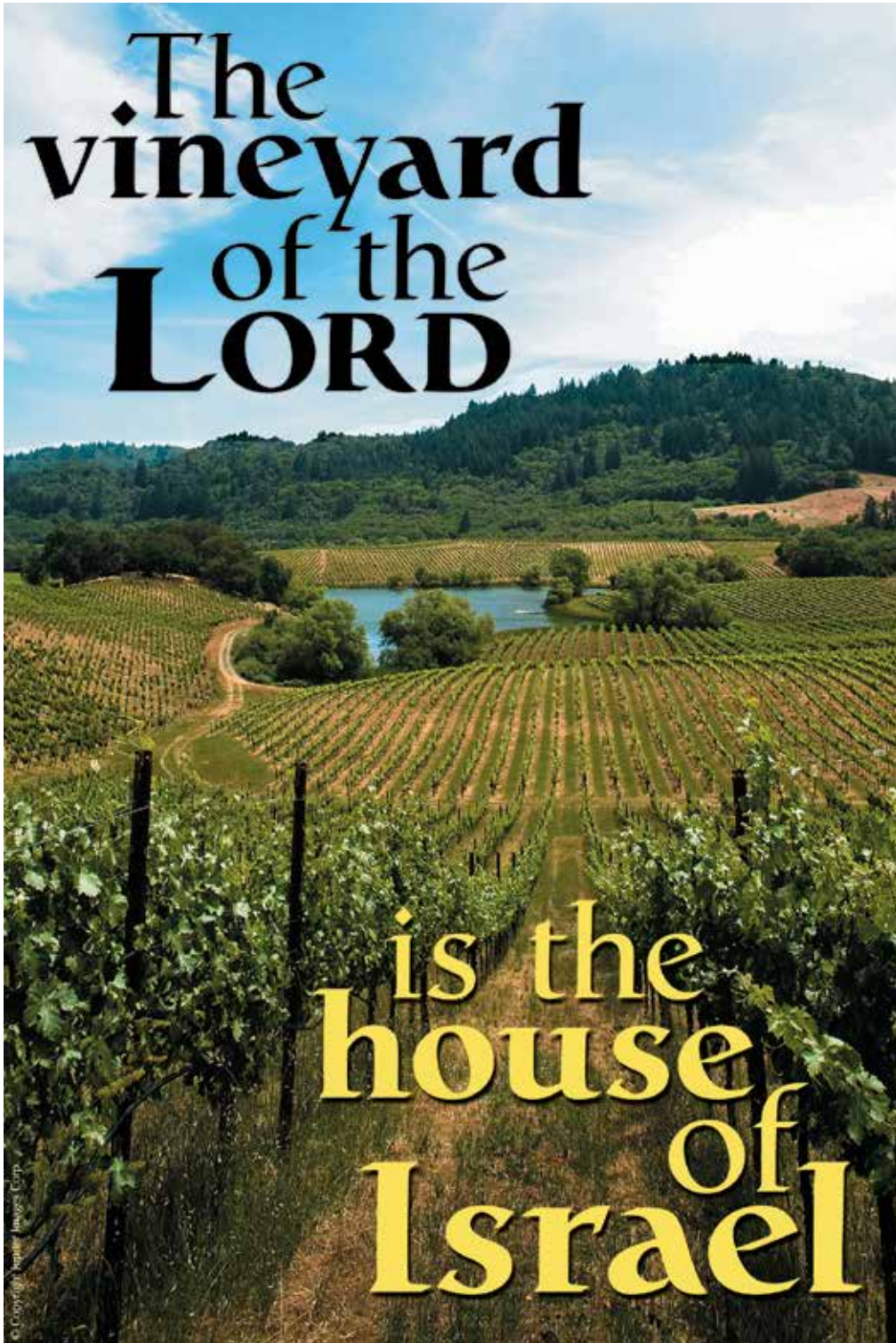


# St. Thomas

OCTOBER 4, 2020 — TWENTY-SEVENTH SUNDAY IN ORDINARY TIME



# St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (Religious Education) | 630.355.0521 (Fax)

Office Hours: 8:30 am to 8:30 pm, Monday–Thursday; 8:30 am to 4:30 pm, Friday

email to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or visit us at [www.stapostle.org](http://www.stapostle.org)

Roman Catholic Diocese of Joliet-in-Illinois • Most Rev. Ronald A. Hicks, Bishop

## Parish Staff

### Priests in Residence

Rev. Philip Danaher, *Pastor*, x102, [pdanaher@stapostle.org](mailto:pdanaher@stapostle.org)

Rev. Joseph Kappilumakkal, CMI, *Parochial Vicar*, x103, [jkapp@stapostle.org](mailto:jkapp@stapostle.org)

### Priests Assisting on Weekends

Rev. Bob Colaresi, O. Carm., *Weekend Associate*, [robco@robco.org](mailto:robco@robco.org)

Rev. Matt Lorenz, *Senior Vicar*, Archdiocese of Chicago

### Permanent Deacons

Michael (Kathryn) Barrett — 630.355.8980, x145, [meabarrett@gmail.com](mailto:meabarrett@gmail.com)

Jim (Mary Jo) Breen — 630.486.3133, [jimb4853@gmail.com](mailto:jimb4853@gmail.com)

Joe (Carolyn) Cuzzone — 630.355.8980, x224, [DeaconJoeCuzzone@gmail.com](mailto:DeaconJoeCuzzone@gmail.com)

Larry (Susan) Kearney — 630.355.8980, x225, [lkearney@comcast.net](mailto:lkearney@comcast.net)

Chuck (Sue) Lane — 630.355.8980, x223, [chuck.lane2@icloud.com](mailto:chuck.lane2@icloud.com)

Patrick (Mary Jo) Lennon — 630.901.3223, [presence.now@gmail.com](mailto:presence.now@gmail.com)

### Liturgy and Music

Jim Clauer, *Director of Liturgy and Music*, x111, [jclauer@stapostle.org](mailto:jclauer@stapostle.org)

Samantha Delke, *Associate Director of Liturgy and Music*, x120, [sdelke@stapostle.org](mailto:sdelke@stapostle.org)

### Faith Formation

Margie Marshall, *Principal at All Saints Catholic Academy*, 630.961.6125

Lorraine Katz, *Director of Religious Education*, x109, [lkatz@stapostle.org](mailto:lkatz@stapostle.org)

Peggy Goralski, *Director of Middle School Faith Formation*, x123, [pgoralski@stapostle.org](mailto:pgoralski@stapostle.org)

Dorothy Grantham, *Director of Youth/Young Adult Ministry*, x117, [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org)

Chari Rosales, *Director of Adult Education and RCIA*, x138, [croales@stapostle.org](mailto:croales@stapostle.org)

### Outreach and Social Justice

Michael Ryder, *Director of Outreach and Social Justice*, x121, [mryder@stapostle.org](mailto:mryder@stapostle.org)

Anne Schultz, *OSJ Partner*, x113, [aschultz@stapostle.org](mailto:aschultz@stapostle.org)

Sally Meno, *OSJ Associate*, x137, [smeno@stapostle.org](mailto:smeno@stapostle.org)

### Pastoral Care

Jan Olah, *Director of Pastoral Care*, x124

Felicia Lawlor, \* *Faith Community Nurse*, x104, [flawlor@stapostle.org](mailto:flawlor@stapostle.org)

### Administration

Janet Simmons, *Finance/Business Officer*, x106, [jsimmons@stapostle.org](mailto:jsimmons@stapostle.org)

Diane McQueen, *Gen Office Administrative Asst.*, x101, [dmcqueen@stapostle.org](mailto:dmcqueen@stapostle.org)

Kathy Ferguson, *Gen Office Administrative Asst.*, x100, [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org)

Casey Braun, \* *Communications Coordinator*, x110, [cbraun@stapostle.org](mailto:cbraun@stapostle.org)

Mary Wright, \* *Evening/Saturday Receptionist*

Mary Derwinski, \* *Administration Asst.*, x143, [mderwinski@stapostle.org](mailto:mderwinski@stapostle.org)

Sue Sportiello, \* *Financial Asst.*, x143, [ssportiello@stapostle.org](mailto:ssportiello@stapostle.org)

Marilyn DeMeo, \* *Database Coordinator (T/Th)*, x107, [mdemeo@stapostle.org](mailto:mdemeo@stapostle.org)

Bob Hartmann, \* *Facility Manager*, x133, [facility@stapostle.org](mailto:facility@stapostle.org)

### Parish Pastoral Council

Barbara Mambu, *Chair*

Mike McCormick

Alison Ohl

Brittany Tres

### Commission Representatives

Carrie Wujek, *Faith & Spiritual Formation*

Susan Wood O'Leary, *Finance*

Deb Scheckel, *Parish Life*

Linda Bailey, *Service*

Barbara Mambu, *Stewardship*

Jeff Balsewicz, *Worship*

### Ex-Officio

Fr. Philip Danaher, *Pastor*

Janet Simmons, *Recording Secretary*

Rev. Joseph Kappilumakkal, *Parochial Vicar*

\*indicates part-time staff

**Sacrament of Reconciliation:** Reconciliation is available Saturday, 3:30 to 4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment. Communal Penance services are held occasionally during the year.

**In the Hospital or Home Bound:** Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

**Baptism:** Baptisms are usually celebrated two to three Sundays each month at a 12:45 pm service. On selected dates, baptisms are celebrated during weekend Mass. Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call Kathy Ferguson in the Church Office a few months in advance to make arrangements.

**Matrimony:** A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen to schedule.

**Religious Education:** Call 630.305.6318 to register.

### RCIA (Rite of Christian Initiation for Adults):

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 630.355.8980.

**Counseling Service:** Contact Jan Olah, Pastoral Care 630.355.8980, x124.

**Sunday Nursery:** Nursery care is available for your child age one (walking) to four at the 9:30 and 11:15 am Masses. For more information call the church office.

### Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti

St. Agnes on the Lakota Indian Reservation,

Manderson, South Dakota

St. Nicholas in Aurora, Illinois

### Our Parish School:

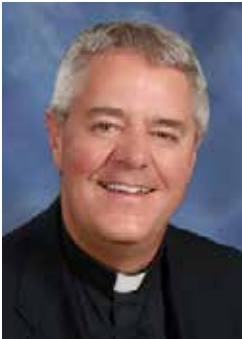
All Saints Catholic Academy

1155 Aurora Ave

Naperville, IL 60540

630.961.6125

# in the word



with  
fr danaher

Dear Parish Family,

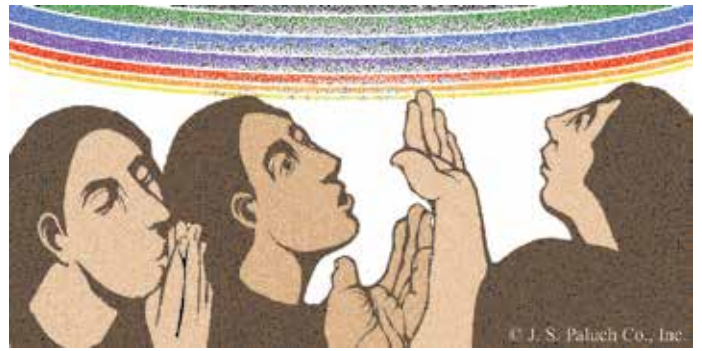
The first Sunday of October has been designated "Respect Life Sunday" by the Church. As followers of the Lord, we do our best to share His love and respect with all of His lovable children, both the pre-born and the already born.

Whenever we hear the words "respect life," the first thing that comes to mind for many is the Church's opposition to abortion. In addition, there are other ways to show our respect for life besides supporting pro-life candidates and standing in front of abortion clinics. There are many who show their respect for life through their donations to our parish Outreach and Social Justice. Volunteers who give the treasure of their time at Hesus House show their respect for life with our homeless brothers and sisters. All of our donations in time, talent and treasure to help those in need show others and, above all, show God, our respect for life.

With the election season mercifully winding down, let's not only consider how candidates stand on abortion and capital punishment, let's also look at how they will do their best to eliminate poverty in our country, help get the unemployed working again, advocate affordable health care for all, along with immigration reform. These are issues which also have much to do with respect for life. Let's not forget that the term "respect life" is something which is as wide as God's loving embrace for all His creation, especially those He created in His holy image and likeness.

In the Word,

A handwritten signature in black ink that reads "Fr. Danaher". The signature is written in a cursive, slightly slanted style.



## Twenty-seventh Sunday in Ordinary Time October 4, 2020

*Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God.*

— *Philippians 4:6*

### Liturgy Schedule

#### Daily

Mass: 8:30 am, Monday – Friday

*In addition, the St. Thomas Deacons record a Daily Prayer Service that is available to watch on demand at [www.stapostle.org](http://www.stapostle.org)*

#### Weekend — Must sign up online to attend

Saturday Mass of Anticipation: 4:30 pm

Sunday: 9:30 am

*Both weekend Masses will also be livestreamed and available to watch on demand at [www.stapostle.org](http://www.stapostle.org)*

#### Reconciliation

*St. Thomas offers the Sacrament of Reconciliation before the Saturday 4:30 pm Mass. Reconciliation will be from 3:30–4:15 pm in the Galilee Room. Please check the website for full details.*

### Welcome Guests and Visitors!

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

### Would you like to become a parishioner?

Call Kathy Ferguson in the General Office at 630.355.8980, x100

# Worship Commission — Liturgy and Music

## Reflection on the Readings

Come to the Feast! In today's Gospel, we hear the familiar story of the king who wanted to fill a wedding hall with guests. When his guests do not come, he sends his servants out to invite anyone and everyone. All are invited, but the real question is: will YOU come? God persistently invites us to the royal banquet ... When we help clothe the poor, feed the hungry, shelter the homeless, we are choosing to come to God's banquet. WE must choose to come honestly ... with full and eager willingness.

## Readings for Today

**First Reading** — The vineyard of the LORD is the house of Israel (Isaiah 5:1-7).

**Psalm** — The vineyard of the Lord is the house of Israel (Psalm 80).

**Second Reading** — God's peace will guard your hearts and minds (Philippians 4:6-9).

**Gospel** — The kingdom of God will be given to those who will produce its fruit (Matthew 21:33-43).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Readings for the Week

**Monday:** Gal 1:6-12; Ps 111:1b-2, 7-9, 10c; Lk 10:25-37

**Tuesday:** Gal 1:13-24; Ps 139:1b-3, 13-15; Lk 10:38-42

**Wednesday:** Gal 2:1-2, 7-14; Ps 117:1bc, 2; Lk 11:1-4

**Thursday:** Gal 3:1-5; Lk 1:69-75; Lk 11:5-13

**Friday:** Gal 3:7-14; Ps 111:1b-6; Lk 11:15-26

**Saturday:** Gal 3:22-29; Ps 105:2-7; Lk 11:27-28

**Sunday:** Is 25:6-10a; Ps 23:1-6; Phil 4:12-14, 19-20;  
Mt 22:1-14 [1-10]

## Come, Spirit

By Sister Mary Lou Kownacki, O.S.B. (Benedictine Sisters of Erie)

*Come, Spirit, make me docile to your voice.*

*Help me debate angels.*

*Let your will be done in me even if it means  
misunderstanding, rejection, scandal.*

*Give me wisdom to find you in the irrational:  
heavens gone awry, astrologers' predictions, songs in the night.*

*Give me such hospitality of heart that  
family, foreign seers, poor shepherds and animals  
find a home in my presence.*

*Let me protect innocent children from oppressive power.*

*Make me fearless of foreign lands and unknown journeys.*

*When I cannot find you do not let me rest until I search  
home, highway, and temple.*

*Let me always insist on miracles to celebrate love.*

*And when all I love on earth lies lifeless in my arms  
let me offer it to you with such freedom of heart  
that I am swept up into the heavens.*

## Presider Schedule October 10–11

### Saturday, October 10

4:30 pm – Fr. Joseph Kappilumakkal

### Sunday, October 11

9:30 am – Fr. Matt Lorenz with Deacon Larry Kearney

*Presider schedule is subject to change.*

## Sunday 6:00 pm Mass

Due to COVID-19 and limited minister availability, the 6:00 pm Mass will not be returning in Fall this year. We will continue to monitor the situation and notify if something changes. The current Mass schedule of in-person and streamed Masses will continue.

## Liturgy Schedule and Mass Intentions

*Please note, because we currently only have two weekend Masses, all the weekend intentions will be read at both Masses.*

### Monday, October 5, 2020

8:30 am †Angeleene Butler, by Chris and Kathy Singer

### Tuesday, October 6, 2020

8:30 am †Esperance Noronha, by The Noronha Family

### Wednesday, October 7, 2020

*Our Lady of the Rosary*

8:30 am †Anne Battisto, by The Battisto Family

### Thursday, October 8, 2020

8:30 am Special Intention for Healing for Roly Ramos,  
by The Querubin Family

### Friday, October 9, 2020

8:30 am †Ed and Mary Eckerson, by Kathy Singer

### Saturday, October 10, 2020

8:30am †Rev. Norberto Leyrite, by Cecile and Emil Querubin

4:30 pm *Mass of Anticipation*

†George Faeh, by Family

†Andrew Wujcik, by Susan and Family

†Raymond J. Rackow, by Linda Mitchell

### Sunday, October 11, 2020

*Twenty-Eighth Sunday in Ordinary Time*

8:00 am †Helen Baker, by The Baker Family

9:30 am For the People of St. Thomas

11:15 am †Philip Roddy, by Steve and Kristen Schneider  
and John and Kristina Boytim

# WORSHIP Wednesday

St. Thomas the Apostle

The Liturgy and Music Department at St. Thomas the Apostle is working to provide a new, virtual faith activity for the community. As the Youth Choir cannot resume this Fall, the orientation for these weekly services is geared toward children and families, but of course all children of God can benefit from Scripture, Prayer and Song.

Each Wednesday, a video will be posted on the website of a short (less than 10 minutes) service of Word and Song, provided by varying members of the St. Thomas staff and community. These Worship Wednesdays will give a mid-week opportunity to gather in prayer, delve into scripture and unite in song.

Please join us!

## All Souls Day

Our annual All Souls Day Liturgy will be held at St. Thomas on Monday, November 2 at 7:00 pm. Those who have died this past year will be remembered in a special way.

Because of capacity limits, this Mass will initially be by invitation only. After we hear from those families we will open up the any remaining seats to the rest of the parish. Please note that the Mass will also be livestreamed so there is an opportunity to participate from home.



# Christmas at St. Thomas

## Worship Commission Survey About Christmas

The leaves are just changing and school has barely started, but at St. Thomas thoughts are on how to celebrate Christmas this year in light of the current pandemic and its restrictions on worshipping together.

St. Thomas continues to strive to maintain community during this difficult time, which has been a hallmark of our parish for over 35 years. The Worship Commission, is looking for your feedback to help craft the way to best celebrate the birth of Jesus. Keeping in mind that Diocesan rules are ever-changing, we still need to begin to plan so that we can ensure the best possible experience for all parishioners.

Although we know many are occupied with the beginning of the school year and other life events, we hope a few moments can be spared to prayerfully consider the questions on the survey. You can access the survey on the St. Thomas website at [www.stapostle.org](http://www.stapostle.org).

Thank you!!

# Help Wanted at St. Thomas the Apostle

## FAITH FORMATION ADMINISTRATIVE ASSISTANT

Job-Share Description – Part-time (12-25 hours per week), non-benefitted position

*The Faith Formation Administrative Assistants support the four ministries of Faith Formation: Elementary Faith Formation (pre-K through Grade 5), Middle School Faith Formation (Grades 6-8), High School Youth/Young Adult Ministry, and Adult Faith Formation.*

### General Job Responsibilities

- Work closely and cooperatively with the other Faith Formation Assistant to perform job duties.
- Be the welcoming face and presence of St. Thomas faith formation.
- Maintain communication with the four faith formation directors so as to understand the needs of the program and to handle questions from parishioners, parents, catechists, and grade-level coordinators.
- Phone and in-person communication with the general public.
- Maintain religious education student files and adult faith formation participant files.
- Maintain the sacrament files.
- Maintain email contact groups.
- Prepare mailings.
- Provide support for faith formation volunteers.

### The following task lists provide more detail to the general job responsibilities:

- Class registration responsibilities
  - Prepare registration packet based on input and modifications by the directors.
  - Process registrations which includes assignment to classes.
  - Maintain the database of classes, students, catechists/leaders.
  - Process tuition payments.
  - Document tuition due using ParishSoft.
  - Prepare tuition due reminder letters.
  - Prepare class attendance lists, medical binder, attendance master binder, allergies list and catechists directory.
- Assist the catechists, grade-level coordinators, and directors in gathering the materials they need for classes, catechist meetings, and sacrament meetings.
- Alert directors when office supplies are running low.
- Sacrament Responsibilities
  - Code all students preparing for the sacrament.
  - Verify that the necessary paperwork/information for reception of a sacrament has been received.
  - If necessary information has not been received, communicate with the family and alert director that the information is missing.
  - Record the appropriate sacrament information in the parish database per parish and diocesan requirements.
  - Create, mail, and process documents and forms for sacrament preparation.
  - Create worship aids and seating chart for sacramental celebrations and prayer services.
- Scripture Safari
  - Process enrollment and volunteer forms.
  - Generate name tags, class lists, and allergies list.
  - Assist with mailings to families.
- Create publicity for upcoming programs
- Maintain email lists for current and future programs
- Track attendance at parish programs that fall under the faith formation department
- Be willing to assist at the 'big' department events such as First Communion, Reconciliation, Confirmation, grade-level masses, family faith events, Scripture Safari, Easter Vigil, etc., as needed by the director responsible for that event.

### Skills

- Excellent teamwork, dedication and flexibility
- General willingness to help with a servant leader attitude
- Good oral and written communication skills
- Willingness to learn new technology
- Organizational skills
- Ability to prioritize tasks
- Attention to detail
- Proofreading ability

*If interested in either position, please submit resume to Kathy Ferguson, 1500 Brookdale Road, Naperville 60563, no later than October 7. Questions? Contact Kathy at [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or 630.355.8980, x100.*

# Faith and Formation Commission — Adult

## C.A.R.E. CORNER

Our Church often gets **accused** of trying to hold back scientific progress, but that is not true. It was members of our Church who were actually at the forefront of science. It is the Catholic Church that gave the world the scientific method of experimentation and observation. We must give credit to the likes of Albert the Great and Gregor Mendel, who were Catholic monks. Galileo was also Catholic. As we know, he got into trouble with the Church. But it was not really for his scientific theories; it was for over-stepping the bounds of his scientific expertise and pushing his own theology and interpretation of Scripture.

As the centuries rolled on, religious practices and morals continued to decline. As empirical science ramped up, the idea of reason alone took hold. People became more interested in scientific findings and saw faith and the Church as unnecessary. Since the middle of the 18<sup>th</sup> century, world politics has been trying to **push** God and faith **out** of the picture, while ironically referring to that process as one of "enlightenment." The remnants of this philosophy of "rationalism" remain, as many today put their faith primarily in science, while ignoring the bigger picture. This continues to cause **conflict** for our Church, which seems to stand alone in recognizing there is a workable relationship between the rational human mind and the virtue of faith.

### The Faith and Spiritual Formation Commission Presents: St. Thomas Reads: Just Mercy

There's still time to join!! Discussions begin this week!

*"We are all more than the worst thing we have ever done."*

- Bryan Stevenson, Author of Just Mercy

- Sign-up for a group now on the parish website at [www.stapostle.org](http://www.stapostle.org).
- Choose a group based on the time that works for you.
- Discussions will begin the first week in October and meet twice monthly until December.
- Get the book from your favorite source soon.\*

*\*If acquiring the book is a hardship, please contact Peggy Goralski at [pgoralski@stapostle.org](mailto:pgoralski@stapostle.org) or 630.355.8980, x123.*

If you would like to do this as an individual independent study or are part of an already existing group that will do this study, please email Marie-Ange Ogoudou at [marieange.ogoudou@gmail.com](mailto:marieange.ogoudou@gmail.com) so we can share materials with you. If you have any questions, please email Carrie Wujek at [cawujek@gmail.com](mailto:cawujek@gmail.com).



## Stay Connected to St. Thomas

[www.stapostle.org](http://www.stapostle.org)

Follow St. Thomas on Facebook

Download the St. Thomas App for your phone

# Faith and Formation Commission — Youth



St. Thomas the Apostle

## RELIGIOUS EDUCATION

### Children's Liturgy of the Word

Did you know Children's Liturgy of the Word (pre K – fifth grade) is available for your family? Receive it by mail or pick up at the Church, Children's Liturgy of the Word is designed for the age of your child so they can learn the weekly Gospel. Contact Lorraine Katz at 630.355.8980, x109 or lkatz@stapostle.org with questions.

Children's Liturgy  
of the **Word**



### First Eucharist Parent Information Session

The Parent Enrichment Session for First Eucharist is October 17, 2020, from 11:00 am–12:15 pm at St. Thomas the Apostle Church. One parent of each child who desires to have their child (who is in their second year of faith formation) receive First Communion in the spring of 2021 needs to attend. The session will cover Theology of the Eucharist by Fr. Philip Danaher and Preparation for Eucharist, presented by Lorraine Katz. If you have any questions, please contact Lorraine Katz at 630.355.8980, x109 or lkatz@stapostle.org.

### Support Scouts and Buy Popcorn

Support scouting and buy some popcorn! The Cub Scout pack 125 will be selling popcorn after all Masses this weekend and October 10-11, 2020. Note, more than 70 % of the proceeds supports the local scouts directly.

### Our Lady of Fatima Rosary Rally October 10, 2020

Looking for an outdoor safe family faith activity? Come pray the rosary outside Saturday, October 10. Be at an outside prayer station at 11:45 am. No experience needed. Sign up by email to receive registration packet and information at fatimarosaryrally@gmail.com. Contact Lorraine Katz at 630.355.8980, x109 or lkatz@stapostle.org with questions.

Sales will be conducted outside near the gathering area doors after all Masses while social distancing.

Thank you for your support!

**Question of  
the week ...**

How do you care for  
things and people you  
love?



## Important Dates for Middle School RE

**October 3, 17, 24:** Saturday middle school RE classes meet.

**October 5, 19, 26:** Monday middle school RE classes meet.

*Middle school religious education sessions do not meet on October 10 or 12.*

## Teens with Character

Middle school students ... Teens with Character will meet on Sunday, October 4, from 4:30–6:00 pm at St. Thomas. Bring your facemask and join us. Games, faith sharing, checking in with each other are all part of the Teens with Character experience.

We would love to see you!



## Be a Part of Harvest Sunday

**Week of October 25:** Flyer distribution

**November 1:** Food collection, drive-by food drop off and food collection at Casey's

Volunteers are needed to make Harvest Sunday a success. Although Harvest Sunday will look a bit different this year, there is still a need for the food that the Harvest Sunday effort brings. A limited number of routes will be covered and families will also be encouraged to, more informally, cover their neighborhoods. On Sunday, November 1, there will be a food collection at Casey's as well as food collection from neighborhood routes.



More information will soon be available with specific areas of need. All volunteer sign-up will be done online. Watch for details in the online bulletin, on the website and on Facebook for how this event will take place this year.

## High School RE Sign-ups

It is not too late for high school teens to enroll in our Journey Program for Confirmation Year 1 and 2. Those who have signed up already, talk to neighbors, friends and relatives and encourage them to sign up as well. Those who have yet to sign up, registrations may be downloaded from our website at [www.stapostle.org](http://www.stapostle.org) by clicking on "High School Youth Ministry" under the Religious Education tab.

### High School Freshmen/First Year (Journey 1) Small Group Leaders Still Needed

Adult leaders for freshmen small groups are still needed for the 2020-21 school year at the following times: Sunday 12:30, 4:30 and 7:15 pm and Monday at 7:00 pm here at St. Thomas. We are also looking for a couple of adults to help lead an online group. If you're interested in an opportunity to significantly impact the life and faith of a high school teen, then this is a great opportunity for you! If you're interested contact Dorothy at [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org) or 630.355.8980, x117.

### High School Confirmation Catechists Still Needed

Adult leaders for the Second Year Confirmation youth are still needed at the following times: Sunday 12:30 pm and Sunday 7:15 pm, here at St. Thomas. Online leaders are needed as well. If you are interested in an opportunity to significantly impact the life and faith of a high school teen, then this is a great opportunity for you! If you're interested contact Dorothy at [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org) or 630.355.8980, x117.

### High School Ministry Schedule At A Glance

#### October 4-5

Freshmen Small Groups start

#### October 10-11

LIFE Retreat

#### October 17-18

LIFE Retreat

# Service Commission — Pastoral Care

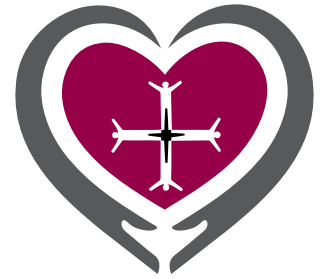
From the Office of the Parish Nurse

## Fear of Covid-19 May Trigger Heart Issues

Medical experts have long recognized the “broken heart syndrome” in which great sorrow or stress causes your heart muscle to weaken (the medical name is “stress cardiomyopathy”). Research cardiologists at the Cleveland Clinic have found a significant increase in those illnesses in recent months, as the COVID-19 pandemic rages. A study published in *JAMA Network Open* found a sharp rise in the percentage of patients diagnosed with stress cardiomyopathy at Cleveland Clinic and Cleveland Clinic Akron General from 1.7 percent of patients before the pandemic to 7.8 percent between March 1 and April 30. “For those who feel overwhelmed by stress, it’s important to reach out to your health care provider,” senior author and cardiologist Grant Reed said in a statement. “Exercise, meditation and connecting with family and friends, while maintaining physical distance and safety measures, can also help relieve anxiety.”

The symptoms of stress cardiomyopathy, such as chest pain and shortness of breath, can mimic a heart attack.

Resource: AARP ORG Bulletin September 2020 vol. 61 number 7



PASTORAL CARE

St. Thomas the Apostle

## From the Behavioral Health Ministry St. Dymphna Mass, Patron Saint of Those Struggling with Emotional/Mental Illness

St. Dymphna is the patron saint of people living with emotional and mental illness. Her mother died when Dymphna was 17. Her father struggled with emotional and mental difficulties following his wife’s death. These difficulties led to her martyrdom. Cures and miracles were attributed to her and as a result highly successful treatment centers are named for her.

The Behavioral Health Ministry is offering a Mass at St. Thomas the Apostle on Monday, October 26, 2020 at 7:00 pm to commemorate her courage and strength and for her plight to provide care and treatment for people with mental illness.



Please come to celebrate her life and to pray for those who struggle with emotional/mental illness and their families.

Sign up online at [www.stapoatle.org](http://www.stapoatle.org) by Wednesday, October 21. Please contact Susan Kearney at 630.355.8980, x108 or [sdkearney@comcast.net](mailto:sdkearney@comcast.net) with questions.

### *In Times of Anxiety or Distress*

*I turn to you, St. Dymphna, patron of those with anxiety, depression or other mental suffering, confident in your concern for my plight. As a young girl you endured extreme stress and anxiety, yet you never stopped trusting in the Lord.*

*Since then you have interceded to help countless people find solace.*

*Today I humbly seek your intercession in my troubled state. (here mention your request)  
Please ask God to heal my mind and heart, and grant me the serenity and peace in Christ that I long for. I am so very grateful for the gift of your caring assistance. Amen.*



## From the Office of the Parish Nurse: Safety Foremost for Prayer Shawls and Prayer Squares

If you or your loved one needs a prayer shawl or prayer square, and can wait for safety measures in place before receiving the spiritual gifting, please call Diane 630.355.8980, x 101 in the General Office (Monday-Friday) and leave your name, phone number and the name of the recipient. You will receive a call back within two to three days or earlier to receive a shawl or square.

Thank you for your understanding and patience.

~ Prayer Shawl Ministry

From Behavioral Health Team:  
**October is National Depression Screening Month**



The COVID-19 pandemic is having a significant impact on Americans' mental health, according to a new survey out Thursday from the U.S. Centers for Disease Control and Prevention.

It found elevated levels of symptoms of anxiety and depressive disorders, substance use and suicidal ideation among U.S. adults, and identified populations at increased risk, including young people, racial and ethnic minorities, essential workers and caregivers of adults.

"We need to recognize the profound effects of the pandemic, of racial injustice, of economic instability," said Nadine Kaslow, a professor of psychiatry at the Emory University School of Medicine.

The data's greatest value, experts say, is the spotlight it shines on vulnerable populations.

"It is showing that this breakdown in our society, the breakdown of the safety net, the breakdown of economic security is taking a massive toll," said Anna Mueller, a suicide researcher and professor of sociology at the Indiana University Bloomington. "These breakdowns really show how crucial economic stability and economic security are to an individual's well being. Because the people who are more vulnerable in terms of their socioeconomic status, people who are being put in harm's way, those are the people who are suffering the most."

Please reach out for support if you are experiencing symptoms you are concerned about. For helpful resources please contact Jan Olah in Pastoral Care at 630.355.8980, x124.

Source: Alia E. Dastagir, *usatoday.com*, August, 2020

## Reach out to our Neighbors

A new opportunity to connect with our St. Patrick neighbors. The residents will love it!

The Difference is Love is the name of the project. Create a card for a resident and drop it off in a box provided at St. Patrick's.

You will be sharing joy with someone who needs it. Cards can be dropped off during lobby hours which are 9:00 am–3:00 pm, seven days a week.

If you have any questions, contact Jamie Wiatrak at [jamiewiatrak@gmail.com](mailto:jamiewiatrak@gmail.com)

*"Comfort, comfort My people," says your God.  
Isaiah 40:1*

## Pastoral Care Resources

For Spiritual Support and Prayer, please contact the following individuals if you are in need of assistance:

### Counseling

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

### Health Resource

*Parish Nurses*  
Felicia, 630.355.8980, x104  
Jan, 630.355.8980, x124

### Hospital/Pastoral Care Info

Edward Hospital has a pastoral care department with a Catholic Chaplain for an emergency anointing or a Eucharistic visit.

### St. Thomas Pastoral Care visit

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

## Please Continue Giving to St. Thomas

We are reopening St. Thomas slowly under guidelines set for by the CDC and Diocese of Joliet. We are still limited to the number of worshipers and understand that many are unable to join us as they are in the at risk population or they simply aren't comfortable yet. There are two easy to use options to continue giving so you can support St. Thomas during this time:

### Option 1: Sign Up For Online Giving

THE EASIEST AND BEST OPTION! St. Thomas partners with Our Sunday Visitor (OSV) which gives an online interface where you can create a secure account to enter your credit card number and manage your giving.

### Option 2: Mail Your Envelopes

You can also mail your donation using one of the postage paid return envelopes in your envelope packet. Please note that St. Thomas continues to receive and check mail daily. The parish address is: St. Thomas the Apostle Catholic Church, 1500 Brookdale Road, Naperville, IL 60563.

### St. Thomas Is Grateful For You

We are very grateful for your continuing support, especially through this health crisis, to be the vibrant and engaging faith home you come to for spiritual nourishment. We continue to pray you are healthy and remain so until we can ALL joyfully celebrate Mass together again.

SUPPORT ST. THOMAS  
*Please, give*

# Service Commission — Outreach and Social Justice

## Haiti Weekend 2020

Last weekend, St. Thomas celebrated our Haiti Twinning relationship with Ste. Marie Madeleine parish and the community of Duchity. The virus prevented Fr. Emery, Ste. Marie Madeleine Pastor, from being with us. However, he visited us virtually via a video. Visit the St. Thomas website at [www.stapostle.org](http://www.stapostle.org) to see the video.



We were also blessed to welcome Johanne Jeudy on Haiti Weekend. Johanne is from Ste. Marie-Madeleine Parish in Duchity, Haiti. She came to the U.S. in 2009 as a high school youth with little English and lived with St. Thomas families. She graduated from St. Francis High School, Benedictine University, and earned a Master's degree from DePaul University in nursing. Johanne reflected on her journey . . . and the impact St. Thomas is having on education and healthcare in the Duchity community. You may read Johanne's reflection on the St. Thomas website at [www.stapostle.org](http://www.stapostle.org).

Kathy Fife, Haiti Twinning Facilitator, also spoke about the current Twinning activities with Ste. Marie-Madeleine. Visit the St. Thomas website at [www.stapostle.org](http://www.stapostle.org) to read Kathy's talk.

### “Second Collection”

There was a “second collection” donation to benefit our Haiti Twinning Education and Medical activities. If you would like to help, there are two options:

- Checks can be written to “St. Thomas OSJ” with “Haiti” in the memo and sent to St. Thomas OSJ – ATTN: MIKE (1500 Brookdale Rd. Naperville, 60563). Note: Checks are preferable as there is a 3.4% charge for credit card donations.
- Credit Card: Go to <https://www.osvonlinegiving.com/1479/DirectDonate/76745>. You can also go to the St. Thomas website at [www.stapostle.org](http://www.stapostle.org) to donate.

### Education Project – Reliable Internet

Duchity is near the top of the highest mountain in Haiti. There is no reliable internet access. Fr. Emery needs to travel partway down the mountain to receive email. Internet access would be extremely beneficial for the Ste. Marie Madeleine Schools. Fr. Emery has provided a Fortinet satellite solution proforma (\$8,500).

### Medical Activities

The clinic employs a full time doctor. Dr. Nickson Polyte is from Duchity and graduated from St. Thomas high school. He was sponsored through medical school by a St. Thomas parishioner. He has returned to serve his community. St. Thomas annually provides funds to support the doctor and to provide needed medications.

## Care Pantry Drive-Thru Donations

Care Pantry volunteers accepted drive-thru food donations on Tuesday, September 22. People in 77 vehicles brought 317 bags of food/packages of toilet paper, Kleenex and paper towels.

Thank you, St. Thomas!

The food collected will provide physical nourishment. The food may also help people feel stronger emotionally and spiritually. The next drive-thru donations date is Tuesday, October 20. Closer to that date, a list of items needed will be provided.



## Protect Refugees

### Letter to President

Pope Francis, in his World Day of Migrants and Refugees Message, reflects that Jesus was forced to flee to safety in the time of Herod. “In the faces of the hungry, the thirsty, the naked, the sick, strangers and prisoners, we are called to see the face of Christ who pleads with us to help.”

### Resettlement Program History

In 2017, the U.S. Resettlement Goal was 110,000 refugees during the Syrian crisis. That goal has been reduced every year since. The goal for 2020 is 18,000. Each year the goal is set through the process of “Presidential Determination” which requires the President to consult with the House and Senate Judiciary Committees before setting the goal.

Nearly two hundred organizations, including U.S. Conference of Catholic Bishops and many Justice for Immigrants member organizations, have sent a letter to President Trump urging him to build back the U.S. resettlement program by setting a goal of 95,000 refugees for the coming year.

### Letter to President

Fr. Danaher signed and sent a letter from St. Thomas to the President and the Secretary of State. Below is an excerpt from the letter. To view the entire letter, go to [www.stapostle.org](http://www.stapostle.org) and type “President” in the search window.

*“We are aware that less than one percent of refugees worldwide have access to resettlement. Due to ongoing wars, regional instability, lack of economic or governmental infrastructure, and religious persecution, many refugees will never be able to repatriate to their country of origin safely. We also know that refugees who are selected to be resettled to the United States are the most rigorously vetted individuals to enter the U.S. and must pass through a series of security and medical clearances in order to be approved. Since the inception of the formalized U.S. refugee resettlement program in 1980, over three million refugees have been resettled to the United States. Refugees have become citizens, civic leaders, and entrepreneurs, and have contributed enormously to our country and economy.”*

## Haiti Twinning Sponsor-a-Child 2020

Education continues to make a difference. Over the 21 years of "Twinning," St. Thomas added classroom after classroom to two elementary schools and the secondary school until the village had its first high school graduation in 2009. One graduate, Dr. Nickson Polyte, is now serving as the doctor at the Healthcare Clinic built by St. Thomas. St. Thomas High School is the highest rated school in the large Grand Anse Area.

Quality teachers assure a quality education. Over 95% of the students pass the government exams. (The average in Haiti is around 50%.) Funds collected help with the salaries for the quality teachers at St. Thomas Secondary/High School and Ertha's Elementary School.

### Sponsor-a-Child Donation – a bit different this year

Normally with your donation you select a picture(s) of a Duchity student for your refrigerator or other place as a reminder to pray for all the students in Duchity. The suggested donation is \$50 ... but any amount welcomed with gratitude. This year, you can make a donation and receive pictures in the following ways:

- Drop off donation at St. Thomas (Gathering Area). Select picture(s) from display in Gathering Area.
- Checks written to "St. Thomas OSJ" with "SAC" in the memo and sent to St. Thomas OSJ – ATTN: MIKE (1500 Brookdale Rd. Naperville, 60563). Note: Checks are preferable as there is a 3.4% charge for credit card donations. Send note with check with address and number & gender of picture(s) needed. Pictures will be mailed.
- Online donation: Go to <https://www.osvonlinegiving.com/1479/DirectDonate/57424>. Email Mike Ryder (mryder@stapostle.org) with address and number and gender of picture(s) needed. Pictures will be mailed.

Whether you are able to donate or not, please pray for the students in Duchity.

### St. Thomas' Education Impact – a Testimony

Johanne Jeudy is from Ste. Marie-Madeleine Parish in Duchity, Haiti. She came to the U.S. in 2009 as a high school youth with little English and lived with St. Thomas families. She graduated from St. Francis High School, Benedictine University, and earned a Master's degree from DePaul University in nursing. This Haiti Weekend, she reflected on her journey ... and the impact St. Thomas is having on education in the Duchity community. Below is a portion of her reflection.

*"The people of Duchity continue to need your support, especially the young people to get an education."*

*"I am here today because of the education I received in Duchity at St. Thomas Secondary School. I remember thinking how will my mom be able to send us to school after we were done with sixth grade at Jean Claude's school. She was paying almost nothing for us to go there. Before St. Thomas and Ste. Marie Madeleine started twinning, there was no school past sixth grade in the village. Children were walking for many hours to Beaumont to continue their education. You can imagine how scary it was for these parents to send their kids so far all alone. Many students ended their education at sixth grade because parents could not afford to send them to other cities. Soon after Twinning began, the St. Thomas secondary school began ... and many young people, including me, were able to receive a higher education, get out of the poverty circle and are able now to help their families and the community."*

*"The students in Duchity are so eager to learn and become something. They are studying with kerosene lamps and have no idea what the future will provide for them, but they are still going to school because they know that the only way to better their lives and the lives of their families is education."*

## White Fragility by Robin DiAngelo

### A Challenging Invitation



Over a number of months, the St. Thomas Solidarity Coalition Ministry will introduce the book *White Fragility* by Robin DiAngelo by providing summaries chapter by chapter. The book is currently at the top of the *New York Times* Best Seller list in the Paperback Nonfiction category and has been on the list for 107 weeks. We encourage you to purchase the book and follow along with us as we, as the author states, "challenge racism." It is a challenging book, and not always an "easy read." It might challenge your beliefs. That is a good thing in these times.

The first installment covers the Author's Note and the Introduction.

Robin DiAngelo's book is "rooted" in identity politics, that is, the tendency for people of a particular religion, race, social background, etc., to form exclusive political alliances. She maintains that all civil rights progress in this country has come about through identity politics, because that is the vehicle for identifying groups who are marginalized.

In the U.S., those who make policy decisions tend to be "white, male, middle-and upper-class, and able bodied." Consequently, those decisions often fail to take into account barriers to social equality that are experienced by those who do not have a seat at the table. Homogeneity of power groups may create inequity even without any intention on the part of those in power, but the effect is still harmful. It has created a system of racism in which white identity and experience is assumed to be universal. As a white person, DiAngelo speaks to a primarily white audience. She acknowledges that this may seem that white people are again being put at the center of the discussion. Nevertheless, she affirms that hers is only one of many voices needed in the national conversation, and in her book she wants to "use her insider status to challenge racism."

Early in her career, DiAngelo was a "diversity trainer," leading workshops on the social dynamics of race. There she encountered defensive reactions of anger, fear, guilt, argumentation, silence and withdrawal, which were consistently displayed by white people she worked with. These reactions continue to be at work in today's events. She believes they come from two sources.

1. The idea that racism consists of individual hateful acts by "bad" people, implying personal ill will rather than a socialized system of privilege and discrimination
2. The belief that any advantages experienced by white people in our society are deserved because of individual superiority.

These two false assumptions create a resistance to discussion that keeps racism in place, a resistance she calls "white fragility."

# Stewardship and Administration

## The Week Ahead

### Monday, October 5

7:00–9:00 pm Confirmation Class, Ministry Center  
7:15–8:30 pm Middle School RE, Ministry Center

### Tuesday, October 6

4:30–5:45 pm RE at St. Thomas  
4:30–5:45 pm 4th Grade RE Church Visit

### Wednesday, October 7

9:15–11:15 am Wednesday Bible Study–Zoom Meeting

### Thursday, October 8

9:15–11:15 am Thursday Bible Study, Senior Center  
6:30–8:30 pm Life Retreat Planning, Ministry Center  
7:30–9:00 pm Thursday PM Bible Study–Zoom Meeting

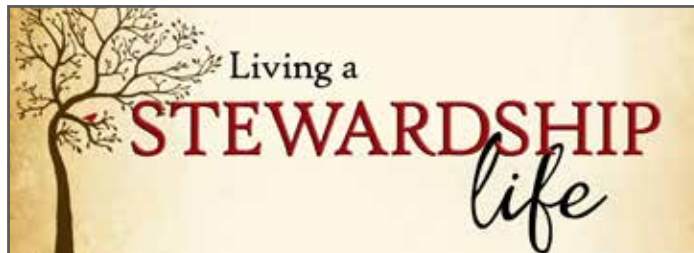
### Friday, October 9

### Saturday, October 10

8:00 am–10:00 pm Life Retreat, Ministry Center  
3:30–4:15 pm Reconciliation, Galilee

### Sunday, October 11

8:00 am–4:00 pm Life Retreat, Ministry Center  
9:30–11:30 am RCIA, Gathering Area



### Stewardship Prayer

*Generous and loving God,  
You call us to be disciples of your Son Jesus  
and good stewards of your many gifts.*

*Open our minds and hearts to a greater awareness  
and deeper appreciation of your countless blessings.*

*Transform us through the power of your Spirit  
to nurture a stewardship way of life  
marked by faith-filled prayer,  
service to our neighbor and generous sharing.*

*Teach us to be faithful servants of your gifts.*

*With Mary's help, may we return ten-fold the gifts entrusted to us.*

*We pray thorough Christ our Lord. Amen.*

*Bishop Robert Morneau*

### Last weekend's stewardship of financial gifts

#### Weekly Sunday Offertory

September 20, 2020	
Sunday Collection Offering*	\$8,147
Credit Card On-Line Giving	none this week
Automatic Direct Debit (5 <sup>th</sup> and 20 <sup>th</sup> each month)	\$27,723
Mailed in and stock donations	\$2,988
Total for the week	\$38,857
*Based on Collection Counters Reports prior to bank confirmation	
Fiscal Year (7/1 to 6/30)	\$395,208
Weekly Average 7/1/2019 to date	\$32,934
Offertory Goal Year to date	\$404,269
Over/short of goal to date	(\$9,062)
Goal for Fiscal Year 7/1 to 6/30	\$1,751,833
Percent of Annual Sunday Offertory Goal	23%
Remaining for Fiscal Year goal	\$1,356,625

This week, the Sunday collection is \$9,062 behind goal so far this year. Capital needs restricted gifts were \$255 this past week. We are grateful to those who recognize the need and responded.

#### Diocesan Appeal 2020

Parish Appeal Goal	\$174,600
Pledges Received	\$139,104
Percent of Goal pledged to date	79.67%
Unpaid pledges	\$15,752
Paid to Date	\$123,352
Percent of goal paid to date	70.65

thank you

Please take the time to read the ads which make this bulletin possible. Help support these businesses, especially during this time, as they support St. Thomas the Apostle. Mention the bulletin when you patronize their establishments.

**Let them know they are appreciated!**

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