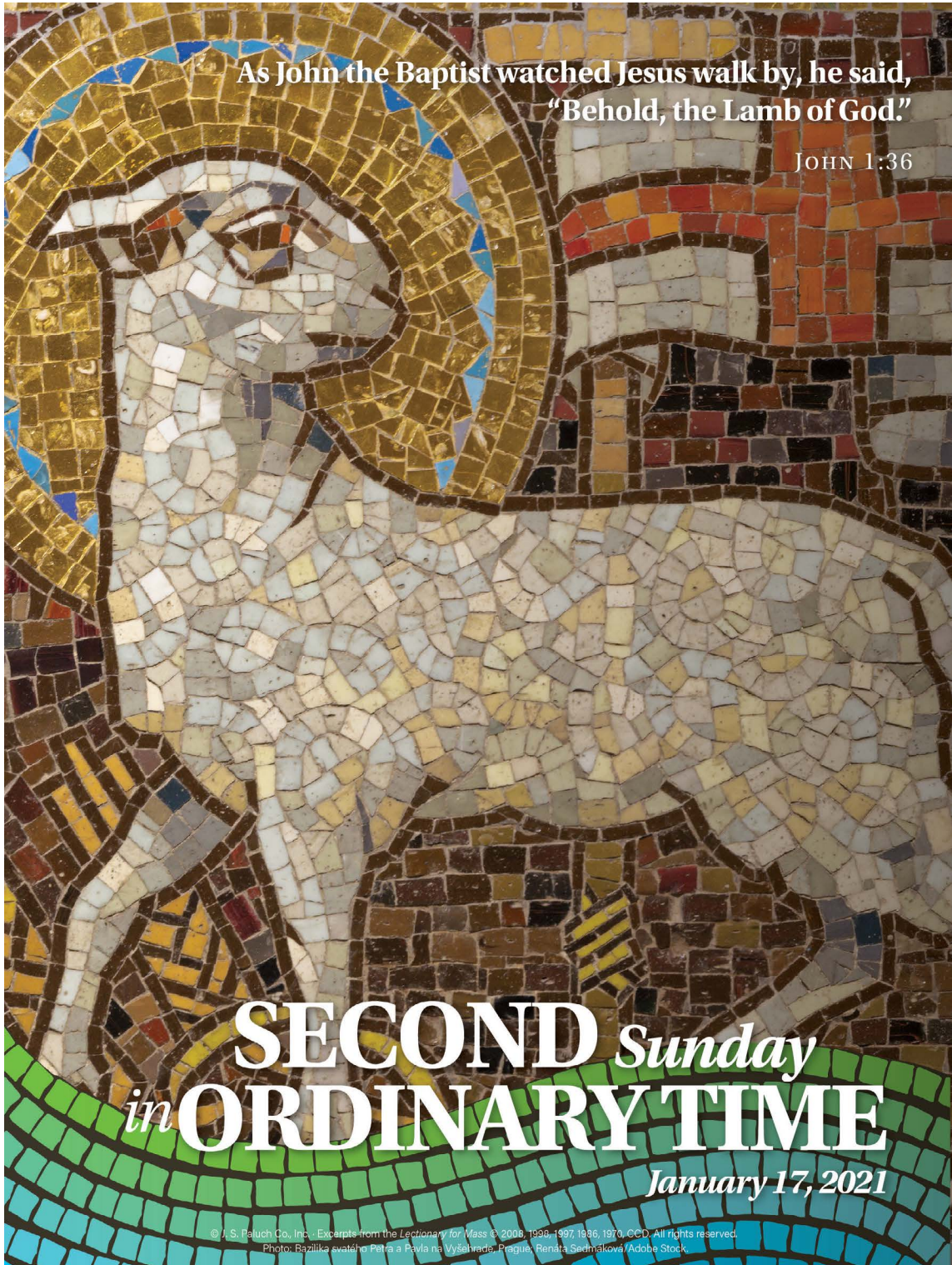


# St. Thomas

JANUARY 17, 2021 — SECOND SUNDAY IN ORDINARY TIME

As John the Baptist watched Jesus walk by, he said,  
"Behold, the Lamb of God."

JOHN 1:36



**SECOND** *Sunday*  
*in* **ORDINARY TIME**

*January 17, 2021*

# St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (Religious Education) | 630.355.0521 (Fax)

Office Hours: 9:00 am to 3:00 pm, Monday–Friday; 9:00 am to 1:00 pm, Saturday; evenings vary according to needs

email to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or visit us at [www.stapostle.org](http://www.stapostle.org)

Roman Catholic Diocese of Joliet-in-Illinois • Most Rev. Ronald A. Hicks, Bishop

## Parish Staff

### Priests in Residence

Rev. Philip Danaher, *Pastor*, x102, [pdanaher@stapostle.org](mailto:pdanaher@stapostle.org)

Rev. Joseph Kappilumakkal, CMI, *Parochial Vicar*, x103, [jkapp@stapostle.org](mailto:jkapp@stapostle.org)

### Priests Assisting on Weekends

Rev. Bob Colaresi, O. Carm., *Weekend Associate*, [robco@robco.org](mailto:robco@robco.org)

Rev. Matt Lorenz, *Senior Vicar*, Archdiocese of Chicago

### Permanent Deacons

Michael (Kathryn) Barrett — 630.355.8980, x145, [meabarrett@gmail.com](mailto:meabarrett@gmail.com)

Jim (Mary Jo) Breen — 630.486.3133, [jimb4853@gmail.com](mailto:jimb4853@gmail.com)

Joe (Carolyn) Cuzzone — 630.355.8980, x224, [DeaconJoeCuzzone@gmail.com](mailto:DeaconJoeCuzzone@gmail.com)

Larry (Susan) Kearney — 630.355.8980, x225, [lrkearney@comcast.net](mailto:lrkearney@comcast.net)

Chuck (Sue) Lane — 630.355.8980, x223, [chuck.lane2@icloud.com](mailto:chuck.lane2@icloud.com)

Patrick (Mary Jo) Lennon — 630.901.3223, [presence.now@gmail.com](mailto:presence.now@gmail.com)

### Liturgy and Music

Jim Clauer, *Director of Liturgy and Music*, x111, [jclauer@stapostle.org](mailto:jclauer@stapostle.org)

Samantha Delke, *Associate Director of Liturgy and Music*, x120, [sdelke@stapostle.org](mailto:sdelke@stapostle.org)

### Faith Formation

Margie Marshall, *Principal at All Saints Catholic Academy*, 630.961.6125

Lorraine Katz, *Director of Religious Education*, x109, [lkatz@stapostle.org](mailto:lkatz@stapostle.org)

Peggy Goralski, *Director of Middle School Faith Formation*, x123, [pgoralski@stapostle.org](mailto:pgoralski@stapostle.org)

Dorothy Grantham, *Director of Youth/Young Adult Ministry*, x117, [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org)

Chari Rosales, *Director of Adult Education and RCIA*, x138, [croales@stapostle.org](mailto:croales@stapostle.org)

Jenni Kennedy,\* *Faith Formation Administrative Assistant*, x118, [REAdmin@stapostle.org](mailto:REAdmin@stapostle.org)

### Outreach and Social Justice

Michael Ryder, *Director of Outreach and Social Justice*, x121, [mryder@stapostle.org](mailto:mryder@stapostle.org)

Anne Schultz, *OSJ Partner*, x113, [aschultz@stapostle.org](mailto:aschultz@stapostle.org)

Sally Meno, *OSJ Associate*, x137, [smeno@stapostle.org](mailto:smeno@stapostle.org)

### Pastoral Care

Jan Olah, *Director of Pastoral Care*, x124

Felicia Lawlor,\* *Faith Community Nurse*, x104, [flawlor@stapostle.org](mailto:flawlor@stapostle.org)

### Administration

Janet Simmons, *Finance/Business Officer*, x106, [jsimmons@stapostle.org](mailto:jsimmons@stapostle.org)

Diane McQueen, *Gen Office Administrative Asst.*, x101, [dmcqueen@stapostle.org](mailto:dmcqueen@stapostle.org)

Kathy Ferguson, *Gen Office Administrative Asst.*, x100, [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org)

Casey Braun,\* *Communications Coordinator*, x110, [cbraun@stapostle.org](mailto:cbraun@stapostle.org)

Chris Ridge,\* *Evening/Saturday Receptionist*

Mary Wright,\* *Evening/Saturday Receptionist*

Mary Derwinski,\* *Administration Asst.*, x143, [mderwinski@stapostle.org](mailto:mderwinski@stapostle.org)

Sue Sportiello,\* *Financial Asst.*, x143, [ssportiello@stapostle.org](mailto:ssportiello@stapostle.org)

Marilyn DeMeo,\* *Database Coordinator (T/Th)*, x107, [mdemeo@stapostle.org](mailto:mdemeo@stapostle.org)

Bob Hartmann,\* *Facility Manager*, x133, [facility@stapostle.org](mailto:facility@stapostle.org)

### Parish Pastoral Council

Barbara Mambu, *Chair*

Mike McCormick

Alison Ohl

Brittany Tres

### Commission Representatives

Carrie Wujek, *Faith & Spiritual Formation*

Susan Wood O'Leary, *Finance*

Deb Scheckel, *Parish Life*

Linda Bailey, *Service*

Barbara Mambu, *Stewardship*

Jeff Balsewicz, *Worship*

### Ex-Officio

Fr. Philip Danaher, *Pastor*

Janet Simmons, *Recording Secretary*

Rev. Joseph Kappilumakkal, *Parochial Vicar*

\*indicates part-time staff

**Sacrament of Reconciliation:** Reconciliation is available Saturday, 3:30 to 4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment. Communal Penance services are held occasionally during the year.

**In the Hospital or Home Bound:** Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

**Baptism:** Baptisms are usually celebrated two to three Sundays each month at a 2:00 pm service (will move to 1:00 pm in 2021). On selected dates, baptisms are celebrated during weekend Mass. Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call Kathy Ferguson in the Church Office a few months in advance to make arrangements.

**Matrimony:** A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen to schedule.

**Religious Education:** Call 630.305.6318 to register.

### RCIA (Rite of Christian Initiation for Adults):

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 630.355.8980.

**Counseling Service:** Contact Jan Olah, Pastoral Care 630.355.8980, x124.

**Sunday Nursery:** Nursery care is available for your child age one (walking) to four at the 9:30 and 11:15 am Masses. For more information call the church office.

### Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti

St. Agnes on the Lakota Indian Reservation,

Manderson, South Dakota

St. Nicholas in Aurora, Illinois

### Our Parish School:

All Saints Catholic Academy

1155 Aurora Ave

Naperville, IL 60540

630.961.6125

## Letter from the Bishop



Dear Brothers and Sisters in Christ,

On **January 23-24, 2021**, the Diocese of Joliet parishes will take up an important collection, funding relief efforts in two parts of the world in great need.

### **Solidarity Fund for the Church in Africa**

The Church in Africa is joyous and faith-filled, but it also has unique pastoral challenges due to poverty, high rates of disease, food shortages and migration. The

Solidarity Fund is an opportunity for us to stand with the people of Africa. Our contributions support Catholic education, family life programs and child protection initiatives that help strengthen and build the growing African Church. The Church in Africa needs your help to ensure that all the faithful have access to resources to help them grow in the faith. To learn more about the collection and whom it supports, visit [www.usccb.org/africa](http://www.usccb.org/africa).

### **Collection for the Church in Latin America**

For many living in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers makes it difficult for people to practice the faith. Your donations fund catechesis, marriage and family life programs, and seminarian formation so people can grow closer to Christ. To learn more about the collection and whom it supports, visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america).

### **Partnership in Mission, Diocese of Joliet**

In response to the Gospel's call, Partnership in Mission seeks to form servants for the work of missions and justice as we reach out in service, relief and friendship to our brothers and sisters around the globe. We presently send medical, construction, outreach and university teams to Bolivia, the Philippines, Uganda and the Navajo Nation, as well as responding to national disasters here in the U.S.

During this time of pandemic, the need is great and it is as difficult as ever to raise the necessary funds to support this work. Please prayerfully consider supporting this collection to share your faith with our brothers and sisters in Africa, Latin America and the Caribbean at your parishes on January 23 and 24, or by giving online at [www.dioceseofjoliet.org](http://www.dioceseofjoliet.org).

Paz y bien,

**Most Reverend Ronald A. Hicks**  
**Bishop of Joliet**

*Funds received for the combined Latin America/Africa collection in the Diocese of Joliet will be disbursed to the USCCB Office of National Collections, for the benefit of the Collection for the Church in Latin America and the Pastoral Solidarity Fund for the Church in Africa, as well as the Diocese of Joliet Missions Office for support of their missionary efforts in Africa and Latin America.*



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## **Second Sunday in Ordinary Time**

**January 17, 2021**

*Your body is a temple of the Holy Spirit within you.*

— 1 Corinthians 6:19a

### **Liturgy Schedule**

#### **Daily**

Mass: 8:30 am, Monday – Friday

*In addition, the St. Thomas Deacons record a Daily Prayer Service that is available to watch on demand at [www.stapostle.org](http://www.stapostle.org)*

#### **Weekend — Must sign up online to attend**

Saturday Mass of Anticipation: 4:30 pm

Sunday: 9:30 am

*Both weekend Masses will also be livestreamed and available to watch on demand at [www.stapostle.org](http://www.stapostle.org)*

#### **Reconciliation**

*St. Thomas offers the Sacrament of Reconciliation before the Saturday 4:30 pm Mass. Reconciliation will be from 3:30–4:15 pm in the Galilee Room. Please check the website for full details.*

## **Welcome Guests and Visitors!**

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

### **Would you like to become a parishioner?**

Call Kathy Ferguson in the General Office at 630.355.8980, x100.

## **Welcome New Parishioners**

John and Kimberly Bannon

Mike and Dena Carrozzo

Joseph Cullen

Dan and Carole Ferrill

Aaron and Brenda Gay

Hunter and Nora Serrato

Daniel and Michelle Wright

## **Church Office Hours**

9:00 am–3:00 pm Monday–Friday

9:00 am–1:00 pm Saturdays

Evenings will vary according to needs. You can call to check on times before coming. Please enter through Door A.

# Worship Commission — Liturgy and Music

## Reflection on the Readings

*"Here am I, Lord; I come to do your will."* This refrain from today's responsorial psalm is a fitting mantra for all believers as Ordinary Time opens before us. The first reading recounts the story of Samuel, who is told by Eli to respond to the Lord's call with the words "Speak, Lord, for your servant is listening." The gospel passage today recounts the call of the first disciples, who declare that they have found the Messiah. This wonderful set of scripture readings reminds us to stand ready to listen to the call of the Lord Jesus. As these words are proclaimed today, let us make the words of the psalmist our own and declare that we are open once again to the invitation to become more dedicated disciples of the Lord.

*from Saint Margaret Sunday Missal, copyright J.S. Paluch Company*

## Readings for Today

**First Reading** — Speak, Lord, for your servant is listening (1 Samuel 3:3b-10, 19).

**Psalms** — Here am I, Lord; I come to do your will (Psalm 40).

**Second Reading** — Your bodies are members of Christ; glorify God in your body (1 Corinthians 6:13c-15a, 17-20).

**Gospel** — The first disciples saw where Jesus was staying and they stayed with him (John 1:35-42).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Readings for the Week

**Monday:** Heb 5:1-10; Ps 110:1-4; Mk 2:18-22

**Tuesday:** Heb 6:10-20; Ps 111:1-2, 4-5, 9, 10c; Mk 2:23-28

**Wednesday:** Heb 7:1-3, 15-17; Ps 110:1-4; Mk 3:1-6

**Thursday:** Heb 7:25 — 8:6; Ps 40:7-10, 17; Mk 3:7-12

**Friday:** Heb 8:6-13; Ps 85:8, 10-14; Mk 3:13-19, or any of a number of readings for the Day of Prayer

**Saturday:** Heb 9:2-3, 11-14; Ps 47:2-3, 6-9; Mk 3:20-21

**Sunday:** Jon 3:1-5, 10; Ps 25:4-9; 1 Cor 7:29-31; Mk 1:14-20

### Hold on to Love

by Jesse Manibusan

*There is a place for the sadness. Hold on to Love.*

*There is a season of gladness. Hold on to Love.*

*When pain and confusion seem endless, hold on to Love.*

*We cultivate healing through kindness. Hold on to Love.*

*When terror and fear overwhelm us, hold on to Love.*

*Courage and faith will sustain us. Hold on to Love.*

*When violence seeks to destroy us, hold on to Love.*

*Acts of compassion restore us. Hold on to Love.*

*When hatred is used to divide us, hold on to Love.*

*Wisdom and truth reunite us. Hold on to Love.*

*When prejudice poses as freedom, hold on to Love.*

*Dignity means "all are welcome!" Hold on to Love.*

*Hold on to Love where hope is found.*

*Hold on to Love, where joy abounds.*

*Hold on to Love, where grace and mercy's overflowing.*

*Hold on to Love.*

## Presider Schedule January 23–24

**Saturday, January 23**

4:30 pm – Fr. Philip Danaher

**Sunday, January 24**

9:30 am – Fr. Joseph Kappilumakkal with Deacon Joe Cuzzone

*Presider schedule is subject to change.*

## Liturgy Schedule and Mass Intentions

*Please note, because we currently only have two weekend Masses, all the weekend intentions will be read at both Masses.*

**Monday, January 18, 2021**

8:30 am †Vicente Yap, by Cecile and Emil Querubin

**Tuesday, January 19, 2021**

8:30 am †Jennie Battisto, by The Battisto Family

**Wednesday, January 20, 2021**

8:30 am †Dolores Calubiran, by Cecile and Emil Querubin

**Thursday, January 21, 2021**

8:30am †Elise Chohan, by Cecile, Anita and Mely

**Friday, January 22, 2021**

8:30am †William Raef, by The Battisto Family

**Saturday, January 23, 2021**

4:30 pm *Mass of Anticipation*  
For the People of St. Thomas

**Sunday, January 24, 2021**

*Third Sunday in Ordinary Time*

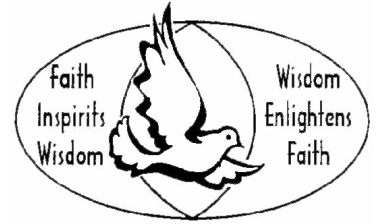
9:30 am †Chanita Porcayo Ocampo and Juan Cortes,  
by Maria Cortes

# Faith and Formation Commission — Adult

## C.A.R.E. CORNER

Ancient Israel was a society that was frequently on the receiving end of unjust practices, given that they were often dominated by larger and more powerful empires. Yet, they were also the perpetrators of injustices when they themselves were in control. In their Covenant codes with God were instructions to observe

the Jubilee traditions of freeing those working as indentured servants, forgiving debts and returning land to the original owners. Such measures served to correct past injustices and restructure society, which would restore the community to wholeness.



The prophets especially spoke truth to power and reprimanded their own kings and leaders with regard to injustices and mistreatment of the most vulnerable. Their primary mission was to call the People of God back to their covenant relationship with God when they went astray. That covenantal relationship put God first. And when the people put God's desires and intentions first, everything else fell into place. A right relationship with God set the stage for a right relationship with self, with creation and with others. And a right relationship with others meant all people were treated fairly and all would have the basic necessities of life. And that benefited the whole community.

## Body Prayer

Looking for a way to combat COVID fatigue and the winter doldrums? On Wednesday, January 27, 2021, join in a Zoom session at 7:00 pm with Patti Essig as she opens up the practice of "Body Prayer," encouraged by the Church from Julian of Norwich (14<sup>th</sup> century) to Fr. Richard Rohr and Sr. Joyce Rupp (21<sup>st</sup> century). Body Prayer, including simple movements and breathwork, seeks to integrate body and spirit in praising the Divine and offering thanks for life.

St. Thomas parishioner Patti Essig has taught and facilitated wellness workshops for 20 years. A trained labyrinth facilitator and Spiritual Director, her creations also include a cookbook and a poetry collection! To receive the Zoom link for this Wellspring-sponsored presentation, contact Chari Rosales at [crosales@stapostle.org](mailto:crosales@stapostle.org).

## The Mass: The Church Called and Sent

The Mass is at the heart of our faith practice, its "source and summit" as defined by Vatican Council II. Yet so many of us are struggling right now to attend Mass either physically or virtually. Why is it so important? Why do we do what we do? Does it really matter if we take part at all? On two Monday evenings, January 25 and February 1, join Chari Rosales, Director of Adult Faith Formation, at 7:00 pm via Zoom to take a step-by-step walk through the Mass — the who, what, when, where and why of it all. To register and receive the Zoom link please email [crosales@stapostle.org](mailto:crosales@stapostle.org).

An advertisement for WWME (Worldwide Marriage Encounter) virtual marriage encounter. The top left features the WWME logo, which consists of a heart above a cross inside a circle, with the text 'worldwide marriage encounter' to its right. Below the logo, the text reads 'We'll come to you' in large white letters, followed by 'a virtual marriage encounter' in smaller white letters. A photograph shows a couple sitting on a couch, looking at a laptop screen displaying a Zoom meeting grid. To the right of the photo, the text lists benefits: 'restore communication', 'rekindle romance', and 'renew commitment'. On the right side of the advertisement, a teal box contains the dates '2021 February 4, 11, 18, 25, March 4, 11, 18, 25 at 7PM', contact information 'For more information call 630-577-0778 or to apply go to www.wwme-Chicagoland.org', and a QR code at the bottom.

# Help Wanted at St. Thomas the Apostle

## FAITH FORMATION ADMINISTRATIVE ASSISTANT

Job-Share Description – Part-time (12-25 hours per week), non-benefited position

*The Faith Formation Administrative Assistants support the four ministries of Faith Formation: Elementary Faith Formation (pre-K through Grade 5), Middle School Faith Formation (Grades 6-8), High School Youth/Young Adult Ministry, and Adult Faith Formation.*

### General Job Responsibilities

- Work closely and cooperatively with the other Faith Formation Assistant to perform job duties.
- Be the welcoming face and presence of St. Thomas faith formation.
- Maintain communication with the four faith formation directors so as to understand the needs of the program and to handle questions from parishioners, parents, catechists, and grade-level coordinators.
- Phone and in-person communication with the general public.
- Maintain religious education student files and adult faith formation participant files.
- Maintain the sacrament files.
- Maintain email contact groups.
- Prepare mailings.
- Provide support for faith formation volunteers.

### The following task lists provide more detail to the general job responsibilities:

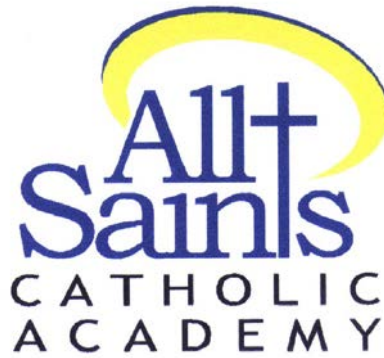
- Class registration responsibilities
  - Prepare registration packet based on input and modifications by the directors.
  - Process registrations which includes assignment to classes.
  - Maintain the database of classes, students, catechists/leaders.
  - Process tuition payments.
  - Document tuition due using ParishSoft.
  - Prepare tuition due reminder letters.
  - Prepare class attendance lists, medical binder, attendance master binder, allergies list and catechists directory.
- Assist the catechists, grade-level coordinators, and directors in gathering the materials they need for classes, catechist meetings, and sacrament meetings.
- Alert directors when office supplies are running low.
- Sacrament Responsibilities
  - Code all students preparing for the sacrament.
  - Verify that the necessary paperwork/information for reception of a sacrament has been received.
  - If necessary information has not been received, communicate with the family and alert director that the information is missing.
  - Record the appropriate sacrament information in the parish database per parish and diocesan requirements.
  - Create, mail, and process documents and forms for sacrament preparation.
  - Create worship aids and seating chart for sacramental celebrations and prayer services.
- Scripture Safari
  - Process enrollment and volunteer forms.
  - Generate name tags, class lists and allergies list.
  - Assist with mailings to families.
- Create publicity for upcoming programs
- Maintain email lists for current and future programs
- Track attendance at parish programs that fall under the faith formation department
- Be willing to assist at the 'big' department events such as First Communion, Reconciliation, Confirmation, grade-level Masses, family faith events, Scripture Safari, Easter Vigil, etc., as needed by the director responsible for that event.

### Skills

- Excellent teamwork, dedication and flexibility
- General willingness to help with a servant leader attitude
- Good oral and written communication skills
- Willingness to learn new technology
- Organizational skills
- Ability to prioritize tasks
- Attention to detail
- Proofreading ability

*If interested in either position, please submit resume to Kathy Ferguson, 1500 Brookdale Road, Naperville 60563, **no later than January 21, 2021.***

*Questions? Contact Kathy at [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or 630.355.8980, x100.*



## News from All Saints Catholic Academy

### Registration for 2021-2022 School Year

Registration for families new to All Saints will begin in a couple of weeks on Monday, February 1.

Registration information and forms are now located at the school website — [ascacademy.org](http://ascacademy.org).

Applications will be accepted at the school from 9:00 am–2:00 pm daily, or can be sent to the school via mail.

**Do you have what it takes to be a Saint?  
We think you do!**

At All Saints, **all are welcome!** We warmly invite you to join our school community and family. All Saints currently has openings at all grade levels. We encourage families from our sponsoring and supporting parishes who are interested in the ***excellent academics grounded in faith*** at All Saints to apply early to avoid disappointment, as ASCA was full and waitlisted all of the 2020-2021 school year.



## Together We Can!

**A big thank you to our ASCA Blue and Gold Sponsor:**

**Friedrich-Jones Funeral Home**

**For your generous partnership in the All Saints  
2020 Dinner Dance Auction — The Crystal Gala**



For more information on **registration and enrollment for the 2021–2022 school year**, we invite you to visit our website at [ascacademy.org](http://ascacademy.org), or call 630.961.6125.

# Faith and Formation Commission — Youth



St. Thomas the Apostle

## RELIGIOUS EDUCATION

### RE Kindergarten Mass

All kindergarten RE children are invited to participate in a special grade level Mass on Sunday, January 31, 2021, at 9:30 am. This is your special Mass. Please reserve a seat Thursday afternoon for each person attending the Mass. Please bring soup or ramen noodles for a collection to the Care Pantry.

### First Grade Church Visit

All First grade RE students are invited to visit St. Thomas the Apostle Church to find out about “The Treasures of our Church” Tuesday, January 19, 2021, during RE class time 4:30–5:35 pm or Saturday, January 23, 2021, during RE class time 8:30–9:35 am. This is for children only. An RSVP is requested for home school RE grade 1 children by contacting Jenni Kennedy in the Faith Formation Office at REAdmin@stapostle.org or 630.355.8980, x118 or Lorraine Katz at lkatz@stapostle.org or 630.355.8980, x109.

### First Communion Prayer Service

Additionally, you and your second year child in religious education are invited as a family to the First Prayer session “Family Inscription Service” as part of their First Communion preparation Wednesday, January 20, 2021, from 7:00–8:00 pm or Saturday, January 23, 2021, from 1:30–2:30 pm. It is required as part of the preparation for receiving First Communion. Please RSVP to Jenni Kennedy in the Faith Formation office at REAdmin@stapostle.org or 630.355.8980, x118 or Lorraine Katz at lkatz@stapostle.org or 630.355.8980, x109.

### RE Second Year Table Presentation

Your second year in religious education child is invited to a special “Table Presentation” for First Communion preparation which involves learning about the sacred table versus the dinner table and practicing receiving Communion with unconsecrated hosts at St. Thomas Saturday, January 23, 2021, from 8:30–9:35 am or Tuesday, January 26, 2021, from 4:30–5:35 pm in the gym. It is required as part of the preparation for receiving First Communion. Please RSVP to Jenni Kennedy in the Faith Formation office at REAdmin@stapostle.org or 630.355.8980, x118, or Lorraine Katz at lkatz@stapostle.org or 630.355.8980, x109. When you RSVP, please inform us of any food allergies for the unconsecrated host. At this time, only children are permitted due to for safety issues.

### Important Dates for Elementary RE

#### Tuesday Elementary RE

January 19 RE classes meet  
(First Grade at Church)

January 26 RE classes meet  
(Second Grade in Gym)

#### Saturday Elementary RE

January 23 RE Classes Meet  
(First Grade at Church, Second Grade in  
Gym)

January 30 RE Classes Meet

### Question of the week ...

How do you show that  
you believe God can do  
impossible things?



## Parent Enhancement Session for Reconciliation

The parent enhancement session for Reconciliation is on Wednesday, January 27, 2021, from 7:15–8:30 pm in the Church. A make-up parent enrichment session is scheduled for Saturday, January 30, 2021, from 11:00 am–12:15 pm. An RSVP for this is needed and appreciated. Please RSVP for one of these sessions by contacting the Faith Formation Office at REAdmin@stapostle.org.

It is necessary that the parents of fourth or fifth grade children who haven't received the sacrament of Reconciliation and haven't attended a session previously attend a session. It aides in preparing your child for this sacrament in March. Please remember to bring your registration form to the session. This is for parents only. If you have any questions, please contact Lorraine Katz at lkatz@stapostle.org or 630.355.8980, x109.

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## Scouting Day of Recollection

The Joliet Diocese Catholic Committee on Scouting (JDCCS) invites you to their annual Day of Recollection "Help People At All Times." It is open to all registered American Heritage Girls, all levels of Girl Scouts, Camp Fire Youth, Cub Scouts, Scouts BSA and Venturers. It will be on Saturday, February 27, 2021, from 9:00 am–1:00 pm virtual or in person in Darien.

For further information go to [www.dioceseofjoliet.org/scouting](http://www.dioceseofjoliet.org/scouting) then click on the Day of Recollection banner for more information and to register.

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## Religious Education Tuition Angel

Would you like to be a tuition angel for a family attending Religious Education (RE) classes? For some of our St. Thomas families, it is a struggle to pay their RE tuition. If you can help, the fees are: \$120 for one child, \$200 for two children or \$260 for three children. Checks are made payable to St. Thomas the Apostle. Please write tuition gift on the memo line of the check. Please send it to the Faith Formation/Religious Education Office, attention Lorraine Katz. Thank you for your generosity of being a tuition angel. It is greatly appreciated.

### Important Dates for Middle School RE

<b>January 24, February 1:</b>	Monday middle school RE classes meet.
<b>January 23, 30:</b>	Saturday middle school RE classes meet.

The logo for "Just 5 Days" features the words "Just" and "Days" in a white, sans-serif font on either side of a large, stylized number "5". The "5" is white with a horizontal line through its middle. The entire logo is set against a solid orange rectangular background.

## Just5Days ... Summer of 2021???

Just5Days is a 5-day experience of service, hands-on learning activities, prayer and liturgy, and community building designed for groups of middle school youth. The Just5Days experience immerses middle schoolers in hands-on service to those in need as they learn about justice in engaging and exciting ways.

The Center for Ministry Development, the organization which organizes and plans the Just5Days mission trip experiences, is finalizing plans for the mission trip sites and dates for the summer of 2021. The wearing of masks, maintaining social distance and keeping parish groups together as much as possible will be among the expectations for this summer's participants.

Once plans are finalized by the Center for Ministry Development, St. Thomas is hoping, once again, to be able to offer this amazing experience. Be sure to watch the bulletin and St. Thomas website for updates.

# Service Commission — Pastoral Care

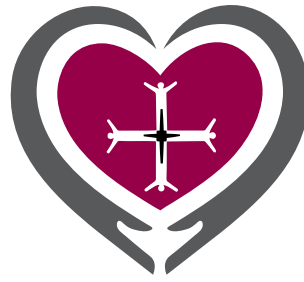
## From the Office of the Parish Nurse Tame the Flame of Inflammation

Saturate your diet with these 9 inflammation-quelling foods.

You're probably painfully aware of the inflammation associated with a twisted ankle or a hammered thumb. But you can't feel low-grade inflammation, which can operate in stealth mode for years until it reveals its ugly head as cancer, diabetes, rheumatoid arthritis or heart disease. Fight inflammation with our top nine foods.

1. **Broccoli** — work it into soups, pasta dishes, stir-fries, salads and egg dishes such as frittatas.
2. **Wheat berries** — toss chewy cooked wheat berries with chopped vegetables and lemon vinaigrette for an inflammation-busting lunch salad.
3. **Extra virgin olive oil** — use the oil to make homemade salad dressings as well as pesto. Drizzle over sliced tomatoes.
4. **Lentils** — serve in soups and salads, or experiment with as a replacement for ground meat in burgers and meatloaf.
5. **Salmon** — try using salmon in tacos, sandwiches, salads and pasta dishes.
6. **Grapefruit** — try broiling grapefruit halves until darkened and then top with a dollop of Greek yogurt; or use in a salad along with onion rings and olives.
7. **Brazil nuts** — add chopped Brazil nuts to oatmeal, yogurt and salads.
8. **Turmeric** — use turmeric to season soups, stews and roasted cauliflower. Steep slices of fresh turmeric in hot water for an inflammation-fighting drink.
9. **Yogurt** — beyond enjoying a bowlful for a snack, use yogurt as a replacement for mayo or sour cream in items like tacos and potato salads.

Resource: [www.environmentalnutrition.com](http://www.environmentalnutrition.com)



## PASTORAL CARE

St. Thomas the Apostle

*God, Our Father, loving and merciful,  
bring together and keep all families in  
perfect unity of love and mutual support.*

*Instill in each member the spirit of  
understanding and affection for each  
other.*

*Keep quarrels and bitterness far from  
them, and for their occasional failures  
instill forgiveness and peace.*

*May the mutual love and affection of  
parents set a good example. Instill in  
children self-respect that they may  
respect others and grow in mature  
independence.*

*May the mutual affection and respect of  
families be a sign of Christian life here  
and hereafter, through Jesus Christ, our  
Lord and Savior.*

*Amen*

*My Catholic Life mycatholic.life*

## Pastoral Care Resources

For Spiritual Support and Prayer, please contact the following individuals if you are in need of assistance:

### Counseling

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

### Health Resource

*Parish Nurses*  
Felicia, 630.355.8980, x104  
Jan, 630.355.8980, x124

### Hospital/Pastoral Care Info

Edward Hospital has a pastoral  
care department with a Catholic  
Chaplain for an emergency  
anointing or a Eucharistic visit.

### St. Thomas Pastoral Care visit

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

## From the Behavioral Health Ministry The 5 Best New Year's Resolutions for Your Mental Health



### 1. Commit to Kinder Self-Talk

We all have a voice in our head, constantly narrating throughout our day and reacting to what's in front of us. This voice also shapes our self-identity and how we feel about ourselves. When was the last time you examined how that voice is speaking to you? We can gently shift our self-talk to be kinder and more compassionate. In the new year, when you notice the voice in your head being harsh, take a moment to recognize what's happening.

### 2. Practice Gratitude

No matter your individual situation, 2020 was likely more difficult for you than the average year. Even amidst loss, uncertainty and anxiety, we can still find ways to practice gratitude for all the good in our lives. Practicing gratitude can decrease stress, increase resilience, happiness and self-esteem. It's also been linked to improved relationships and better physical health.

### 3. Learn to Say No

Our time and energy are our most precious resources. With that in mind, think about how you want to expend these resources in 2021. Which activities, people and interests are your priorities? Once you've figured out what you want to focus on, there will inevitably be other things that compete for your attention. This is where the skill of saying "no," firmly and kindly, becomes key.

### 4. Prioritize Joy

Once you've learned how to say no when that's the right choice for you, you will be in a better position to prioritize joy with the time and energy you get back. Sometimes we get so caught up in the repetition of our daily routines, or are hyper-focused on our obligations, that we forget to engage in activities that bring us true joy.

### 5. Ask for Help

Finally, recognize that in 2021 you don't have to do it all alone. We are social creatures; we are meant to be connected to each other and work interdependently. Instead of shouldering everything yourself, think about who might be able to help.

As we move into 2021 and work on improving ourselves and our mental health, remember that we are all works in progress, and we always will be. Our wellness isn't a box we check or goal we reach; instead, it's a practice we commit to, mess up and start again. With some intention, reflection and help from those who love us, we can face 2021 with all our messiness and imperfections — and know that we are already more than enough.

*Source: The Talk Space by Hannah Connors  
<https://www.talkspace.com/blog/mental-health-new-years-resolution-ideas/>*

## From the Behavior Health Ministry Join us for this online presentation:

### New Year, New Hope: Mental Health is Just as Important as Physical Health

We have just finished a very difficult year — restrictions and fears related to the Coronavirus pandemic, and the most unusual holiday season ever. Some people are experiencing symptoms of depression and anxiety. Others seem to be doing okay.

What are ways we can improve our mental health? What might be signs for concern? What are resources to help restore our psychological health, and how does someone take that first step?

Join us to learn how to begin the new year with renewed hope.

#### When

Thursday, January 21, 2021  
6:30 pm–8:00 pm

#### Sponsored by

Servants of the Holy Heart of Mary

#### Register

To register, please visit our website:  
<http://www.sscm-usa.org/online-programming.html>

#### More Information

For more information about our programming, please contact Susan Amann, [samann@sscm-usa.org](mailto:samann@sscm-usa.org)

Paula Kosin is a member of the Behavioral Health Ministry Team at St. Thomas the Apostle Parish in Naperville, Illinois, where she facilitates grief support groups. She is a Licensed Clinical Professional Counselor, a consultant, career coach, writer and speaker

## Please Continue Giving to St. Thomas

We are still limited to the number of worshipers and understand that many are unable to join us as they are in the at-risk population or they simply aren't comfortable yet. There are two easy to use options to continue giving so you can support St. Thomas during this time:

### Option 1: Sign Up For Online Giving

THE EASIEST AND BEST OPTION! St. Thomas partners with Our Sunday Visitor (OSV) which gives an online interface where you can create a secure account to enter your credit card number and manage your giving.

### Option 2: Mail Your Envelopes

You can also mail your donation using one of the postage paid return envelopes in your envelope packet. Please note that St. Thomas continues to receive and check mail daily. The parish address is: St. Thomas the Apostle Catholic Church, 1500 Brookdale Road, Naperville, IL 60563.

# Service Commission — Outreach and Social Justice

## Martin Luther King, Jr.

Martin Luther King (MLK), Jr.'s birthday is January 15. MLK Day is an American federal holiday marking his birthday and is observed on the third Monday of January. King was the chief spokesperson for nonviolent activism in the Civil Rights Movement, which successfully protested racial discrimination in federal and state law.

### Martin Luther King, Jr. Quotes on Life, Leadership and Justice

"Everybody can be great ... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

"All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence."

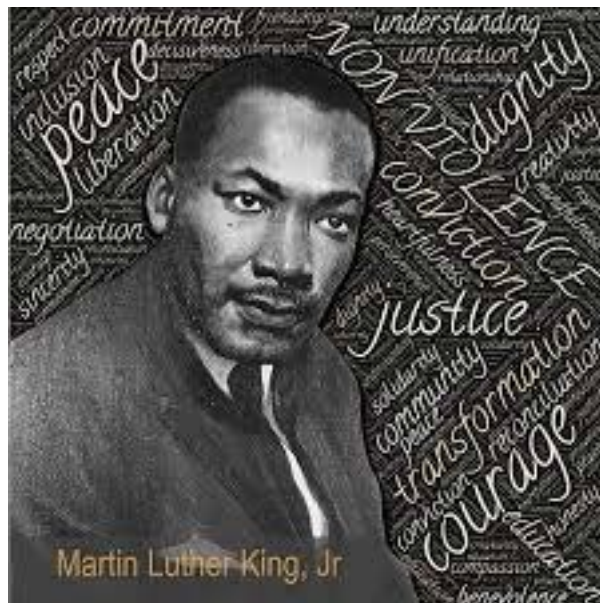
"A genuine leader is not a searcher for consensus but a molder of consensus."

"Our lives begin to end the day we become silent about things that matter."

"Human progress is neither automatic nor inevitable ... Every step toward the goal of justice requires sacrifice, suffering and struggle; the tireless exertions and passionate concern of dedicated individuals."

"No, no, we are not satisfied, and we will not be satisfied until justice rolls down like waters and righteousness like a mighty stream."

"I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirits."



## Prayers for Ertha Family

Ertha Papillon is the founder and director of an orphanage and elementary school in our Haiti Twinning community. She has visited St. Thomas on many occasions. On January 6, her husband Sylvestre, passed away. Over the last few years, Sylvestre was being treated for prostate and colon cancer. Recently his kidneys went into failure which led to his passing.

Sylvestre moved to the Miami area with their two young children, Cassandre and Boris, more than 20 years ago to provide a better education for their children. He sent funds to Ertha as he could to help her efforts in Duchity. Whenever Ertha expressed concern that she was not often with him to help raise the children, he would always say: "I will take care of our children here, you take care of the children there." As Cassandre and Boris grew older, they did spend summers in Duchity with their mother.

For those who would like to send a card or a note to Ertha, please send or bring the cards to the St. Thomas OSJ Office (attention Mike). We will forward them to Ertha and her children. For those who know Ertha and wish to include a memorial gift, funds will be used to help the family with funeral costs.

Please pray for Ertha, Cassandre and Boris.

## St. Thomas Church Bells to Ring Tuesday, January 19

On Tuesday, January 19, 2021, at 4:30 pm, the bells of St. Thomas will ring to remember and honor the lives lost to COVID-19. The Presidential Inaugural Committee invited communities around the country to take part in this initiative as "a national moment of unity and remembrance."

## City Council and Affordable Housing

### A Step Forward

The St. Thomas Housing Alliance Ministry has been advocating for more affordable housing in Naperville for at least four years. The Alliance has been working with the Naperville Housing Advisory Commission (HAC) and City Council.

The Naperville City Council, at their January 5 meeting, moved forward on three of the eight affordable housing recommendations from the Housing Advisory Commission. The vote was unanimous.

#### Council approved the Affordable Housing Work Plan to:

1. Develop a specific plan to preserve Naturally Occurring Affordable Housing (NOAH),
2. Establish a Revolving Rehabilitation Loan Fund specifically targeted toward low income seniors who currently own in Naperville so that they can make the necessary repairs to their home and age in place, and
3. Begin work on an Inclusionary Zoning Ordinance (IZO).

An IZO can require developers to include some percentage of affordable housing in their Naperville developments or provide some in lieu funds to be used to develop affordable housing.

#### Background

Naperville has been in violation of an Illinois law requiring 10% affordable housing for many years. The city is currently at 7.5%. The Housing Alliance worked with the Housing Advisory Commission to identify eight recommendations that were advanced to the City Council.

---

## St. Agnes Feast Day — January 21

St. Agnes Church is St. Thomas' twinning parish in Manderson, South Dakota on the Pine Ridge Indian Reservation.

St. Agnes of Rome was born in 291 AD and raised in a Christian family. Agnes was very beautiful and belonged to a wealthy family. Her hand in marriage was highly sought after, and she had many high-ranking men wishing to marry her. However, Agnes made a promise to God to remain pure. Her love for the Lord was great and she hated sin even more than death!

Whenever a man wished to marry Agnes, she would always say, "Jesus Christ is my only Spouse." According to legend, the young men she turned away became so angry and insulted by her devotion to God and purity that they began to submit her name to authorities as a Christian follower. She died a virgin-martyr at the age of 12 or 13 on January 21, 304.

St. Agnes is widely known as the patron saint of young girls. She is also the patron saint of chastity and rape survivors. She is often represented with a lamb, the symbol of her virgin innocence, and a palm branch, like other martyrs.

Her feast day is January 21. On her feast day, it is customary for two lambs to be blessed by the pope. On Holy Thursday, the lambs' wool is removed and woven into the pallium the pope gives to a newly consecrated archbishop as a sign of his power and union with the pope.



## Waterleaf Miracle of the Month

When "Alisa" and her boyfriend "Hal" came into Waterleaf for their first appointment, they seemed happy when they found out they were expecting their first baby. Almost immediately, Alisa began to express doubts. Despite having a full-time job with insurance along with family support, she was unsure about whether she should continue the pregnancy while Hal wanted her to have the baby.

During their initial ultrasound, Alisa and Hal watched the ultrasound screen, seemingly captivated by the images. Their baby was moving around a lot and they could identify arms, legs, nose etc. As they left the clinic, they took pictures home with them. As time passed and they had time to discuss their future, the idea of parenting slowly grew on Alisa. At their next Waterleaf visit, Alisa told the patient advocate that they are excited about the prospect of having a baby. "I'm still feeling overwhelmed, but I think that it will all work out."

They expressed an interest in the parent education courses available via the Aspire Education and Resource center and were pleased that our Resource Specialists can provide linkages to other community resources for them. They are currently researching potential healthcare providers to support them through this pregnancy and beyond.

Keep Waterleaf and their patients, like Alisa and Hal, in your prayers. Your support brings the gift of life.



# Stewardship and Administration

## The Week Ahead

### Monday, January 18

Martin Luther King, Jr. Day  
Offices Closed

### Tuesday, January 19

10:00–11:00 am Care Pantry Food Distribution, Outside  
4:30–5:45 pm RE First Grade Church Visit  
4:30–5:15 pm Elementary RE, Ministry Center  
7:00–9:00 pm PPC, Zoom Meeting

### Wednesday, January 20

9:15–11:15 am Wednesday Bible Study, Zoom  
7:00–7:45 pm First Communion Prayer Service, Church

### Thursday, January 21

9:15–11:15 am Thursday AM Bible Study, Senior Center  
7:00–7:45 pm First Communion Prayer Service, Church  
6:30–8:30 pm Youth Ministry Retreat Planning, Gym & Youth Center  
7:30–9:00 pm Thursday PM Bible Study, Zoom

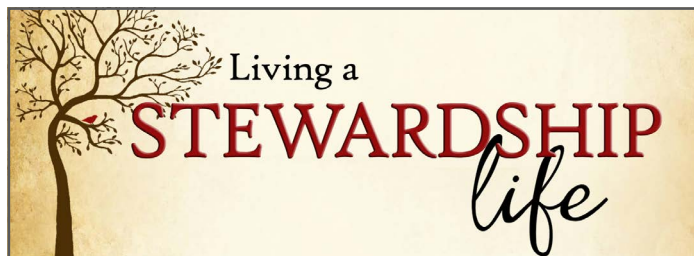
### Friday, January 22

### Saturday, January 23

8:30–9:45 am RE First Grade Church Visit  
8:30–11:45 am RE at All Saints Academy  
10:00 am–2:00 pm RCIA Story Retreat, Zoom  
3:30–4:15 pm Reconciliation, Galilee

### Sunday, January 24

9:00–11:30 am RCIA, Senior Center  
1:00–2:00 pm Baptism, Church  
7:00–9:00 pm Journey Night, Church



*It's not how much we give, but how much love we put into giving.  
~ St. Teresa of Calcutta*

We are told to use wisely the gifts that God has given us so that we can take care of each other. Those gifts of time, talent and treasure can be used without much thought. I'll spend the required amount of time for service (because I am required to do so to be confirmed). I'll use my talent of music making to add to the Liturgy (I'll be complimented, I'm sure). I'll write a check to my Parish (and my name will appear in the bulletin). What St. Teresa is telling us is that we should use our gifts, not for personal gain or recognition, but out of love. Love makes those gifts all the more special.

In these times of strife may we only use our gifts out of love. May we use them to "widen the circle of welcome" (Ebu Patel, Naperville Interfaith Prayer Service, January 10, 2021) in our community.

## Last weekend's stewardship of financial gifts

### Weekly Sunday Offertory

January 3, 2021	
Sunday Collection Offering*	\$9,046
Credit Card Online Giving	\$31,223
Automatic Direct Debit (5 <sup>th</sup> and 20 <sup>th</sup> each month)	none this week
Mailed in and stock donations	\$15,234
Total for the week	\$55,503
<small>*Based on Collection Counters Reports prior to bank confirmation</small>	
Fiscal Year (7/1 to 6/30)	\$972,633
Weekly Average 7/1/2019 to date	\$36,023
Offertory Goal Year to date	\$909,606
Over/short of goal to date	\$63,027
Goal for Fiscal Year 7/1 to 6/30	\$1,751,833
Percent of Annual Sunday Offertory Goal	56%
Remaining for Fiscal Year goal	\$779,200

This week, the Sunday collection is \$63,027 ahead of goal so far this year. Capital needs restricted gifts were \$662 this past week. We are grateful to those who recognize the need and responded.

### Diocesan Appeal 2020

Parish Appeal Goal	\$174,600
Pledges Received	\$147,085
Percent of Goal pledged to date	84.24%
Unpaid pledges	\$6,210
Paid to Date	\$140,875
Percent of goal paid to date	80.68

*thank you*

Please take the time to read the ads which make this bulletin possible. Help support these businesses, especially during this time, as they support St. Thomas the Apostle. Mention the bulletin when you patronize their establishments.

**Let them know they are appreciated!**

**Checked These Listings Lately? Thank You to Our Advertisers!**

Make it a habit to check these advertisers when you need a product or a service. And when you purchase, be sure to mention you saw their ad in the St. Thomas bulletin!

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**GREAT LOYALTY - 41%** of households do business with a company specifically because they are advertising in the church bulletin.

**GREAT PRODUCT - 62%** of households keep the church bulletin the entire week as reference.

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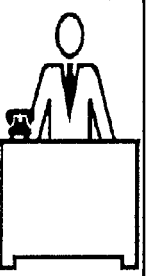
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