



# St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (Religious Education) | 630.355.0521 (Fax)  
Office Hours: 9:00 am–7:30 pm, Monday–Wednesday; 9:00 am–8:30 pm, Thursday; 9:00 am–4:00 pm, Friday; 9:00 am–1:00 pm, Saturday  
email to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or visit us at [stapostle.org](http://stapostle.org)  
Roman Catholic Diocese of Joliet-in-Illinois • Most Rev. Ronald A. Hicks, Bishop

## Parish Staff

### Priests in Residence

Rev. Philip Danaher, *Pastor*, x102, [pdanaher@stapostle.org](mailto:pdanaher@stapostle.org)  
Rev. Joseph Kappilumakkal, CMI, *Parochial Vicar*, x103, [jkapp@stapostle.org](mailto:jkapp@stapostle.org)

### Priests Assisting on Weekends

Rev. Bob Colaresi, O. Carm., *Weekend Associate*, [robco@robco.org](mailto:robco@robco.org)  
Rev. Matt Lorenz, *Senior Vicar*, Archdiocese of Chicago

### Permanent Deacons

Michael (Kathryn) Barrett — 630.355.8980, x145, [meabarrett@gmail.com](mailto:meabarrett@gmail.com)  
Jim (Mary Jo) Breen — 630.486.3133, [jimb4853@gmail.com](mailto:jimb4853@gmail.com)  
Joe (Carolyn) Cuzzone — 630.355.8980, x224, [DeaconJoeCuzzone@gmail.com](mailto:DeaconJoeCuzzone@gmail.com)  
Larry (Susan) Kearney — 630.355.8980, x225, [lrkearney@comcast.net](mailto:lrkearney@comcast.net)  
Chuck (Sue) Lane — 630.355.8980, x223, [chuck.lane2@icloud.com](mailto:chuck.lane2@icloud.com)  
Patrick (Mary Jo) Lennon — 630.901.3223, [presence.now@gmail.com](mailto:presence.now@gmail.com)

### Liturgy and Music

Jim Clauer, *Director of Liturgy and Music*, x111, [jclauer@stapostle.org](mailto:jclauer@stapostle.org)  
Samantha Delke, *Associate Director of Liturgy and Music*, x120, [sdelke@stapostle.org](mailto:sdelke@stapostle.org)

### Faith Formation

Margie Marshall, *Principal at All Saints Catholic Academy*, 630.961.6125  
Lorraine Katz, *Director of Religious Education*, x109, [lkatz@stapostle.org](mailto:lkatz@stapostle.org)  
Peggy Goralski, *Director of Middle School Faith Formation*, x123, [pgoralski@stapostle.org](mailto:pgoralski@stapostle.org)  
Dorothy Grantham, *Director of Youth/Young Adult Ministry*, x117, [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org)  
Chari Rosales, *Director of Adult Education and RCIA*, x138, [croales@stapostle.org](mailto:croales@stapostle.org)  
Jenni Kennedy,\* *Faith Formation Administrative Assistant*, x118, [REAdmin@stapostle.org](mailto:REAdmin@stapostle.org)

### Outreach and Social Justice

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Anne Schultz, *OSJ Partner*, x113, [aschultz@stapostle.org](mailto:aschultz@stapostle.org)  
Sally Meno, *OSJ Associate*, x137, [smeno@stapostle.org](mailto:smeno@stapostle.org)

### Pastoral Care

Jan Olah, *Director of Pastoral Care*, x124  
Felicia Lawlor,\* *Faith Community Nurse*, x104, [flawlor@stapostle.org](mailto:flawlor@stapostle.org)

### Administration

Janet Simmons, *Finance/Business Officer*, x106, [jsimmons@stapostle.org](mailto:jsimmons@stapostle.org)  
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Casey Braun,\* *Communications Coordinator*, x110, [cbraun@stapostle.org](mailto:cbraun@stapostle.org)  
Chris Ridge,\* *Evening/Saturday Receptionist*  
Mary Wright,\* *Evening/Saturday Receptionist*  
Mary Derwinski,\* *Administration Asst.*, x143, [mderwinski@stapostle.org](mailto:mderwinski@stapostle.org)  
Sue Sportiello,\* *Financial Asst.*, x143, [ssportiello@stapostle.org](mailto:ssportiello@stapostle.org)  
Bob Hartmann,\* *Facility Manager*, x133, [facility@stapostle.org](mailto:facility@stapostle.org)

### Parish Pastoral Council

Barbara Mambu, *Chair*  
Noble Charles

Alison Ohl  
Brittany Tres

### Commission Representatives

Carrie Wujek, *Faith & Spiritual Formation*  
Susan Wood O'Leary, *Finance*  
Deb Scheckel, *Parish Life*

Linda Bailey, *Service*  
Barbara Mambu, *Stewardship*  
Jeff Balsewicz, *Worship*

### Ex-Officio

Rev. Philip Danaher, *Pastor*  
Janet Simmons, *Recording Secretary*

Rev. Joseph Kappilumakkal, *Parochial Vicar*

\*indicates part-time staff

**Sacrament of Reconciliation:** Reconciliation is available Saturday, 3:30 to 4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment. Communal Penance services are held occasionally during the year.

**In the Hospital or Home Bound:** Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

**Baptism:** Baptisms are usually celebrated two Sundays each month at a 1:00 pm service. Three times a year on selected dates, Baptisms are celebrated during weekend Masses. Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call or email Kathy Ferguson in the Church Office a few months in advance to make arrangements.

**Matrimony:** A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen to schedule.

**Religious Education:** Call 630.305.6318 to register.

### RCIA (Rite of Christian Initiation for Adults):

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 630.355.8980.

**Counseling Service:** Contact Jan Olah, Pastoral Care 630.355.8980, x124.

**Sunday Nursery:** Nursery care is available for your child age one (walking) to four at the 9:30 and 11:15 am Masses. For more information call the church office.

### Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti  
St. Agnes on the Lakota Indian Reservation,  
Manderson, South Dakota  
St. Nicholas in Aurora, Illinois

### Our Parish School:

All Saints Catholic Academy  
1155 Aurora Ave  
Naperville, IL 60540  
630.961.6125

## Catholic Conference of Illinois

### Dear Brothers and Sisters in Christ,

We, the diocesan bishops of Illinois, write to you on an important matter of public policy and social justice. As many of you know, four years ago Democrats and Republicans worked together to pass the Invest in Kids Act on a bipartisan vote. This law allows for a 75 percent state income tax credit for any charitable donation to an approved scholarship granting organization (SGO). These SGOs use those donations to grant tuition scholarships to the children of working class families, whose income is no greater than three times the poverty level, so that they may attend the school of their choice.

Over the past three years, the Invest in Kids program has proven to be a resounding success. Working with our partner SGOs — Empower Illinois and Big Shoulders — over 20,000 children in Illinois, from diverse racial and religious backgrounds, have been able to access some 650 different schools of their families' choice. Participating schools have provided excellent education to these students, even during the pandemic, through in-school, high quality instruction. And the need is still not being met. Already in 2021, there are over 25,000 more students waiting in line for scholarships, a testament to the need to expand this program.

Unfortunately, Governor Pritzker has recommended severely cutting the Invest in Kids program. If his budget recommendation is enacted, the program will struggle to remain viable.

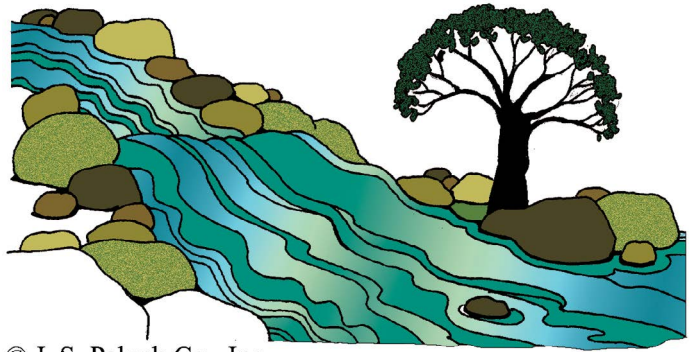
We are writing to urge you to support an alternative plan which includes (1) scholarships to trade schools, (2) an increase in the Invest in Kids tax credit and (3) annual renewals for scholarship students. We ask you to oppose the Governor's plan and join us. Support this plan which will not only benefit families in our Catholic schools, but more importantly, will provide otherwise unattainable educational opportunities for all working class families. All children deserve these opportunities no matter their family income. The popularity of the Invest in Kids program proves great support for this principle.

Please call your state legislators. You can find contact information for your state representative and state senator by visiting [www.ilcatholic.org](http://www.ilcatholic.org) — scroll to the bottom of the page, click on "Find Your Legislator" and input your zip code and address. Because this is an issue that will be negotiated during the budget negotiating process there is no specific bill number to give you. We ask you to simply call your state legislators and urge them to oppose the Governor's plan to cut the Invest in Kids program and instead support efforts to extend and improve the Invest in Kids Scholarship Tax Credit.

One of the most important decisions parents make is where their children will attend school. All of us concerned with the common good should advocate for greater access to excellent educational opportunities. This is at the heart of the Invest in Kids Act. Please join us in promoting this important issue with Illinois' political leadership.

Sincerely,

**His Eminence Cardinal Blase J. Cupich**, *Archbishop of Chicago*  
**Most Reverend Daniel R. Jenky C.S.C.**, *Bishop of Peoria*  
**Most Reverend Thomas John Paprocki**, *Bishop of Springfield in Illinois*  
**Most Reverend David J. Malloy**, *Bishop of Rockford*  
**Most Reverend Ronald A. Hicks**, *Bishop of Joliet*  
**Most Reverend Michael G. McGovern**, *Bishop of Belleville*



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## The Ascension of the Lord

May 16, 2021

*Whoever believes and is baptized will be saved.*

— Mark 16:16

### Liturgy Schedule

#### Daily

Mass: 8:30 am, Monday–Friday

*In addition, the St. Thomas Deacons record a Daily Prayer Service that is available to watch on demand at [stapostle.org](http://stapostle.org)*

#### Weekend — Must sign up online to attend

Saturday Mass of Anticipation: 4:30 pm

Sunday: 9:00 am and 10:45 am

*All three weekend Masses will also be livestreamed and available to watch on demand at [stapostle.org](http://stapostle.org)*

#### Reconciliation

*St. Thomas offers the Sacrament of Reconciliation before the Saturday 4:30 pm Mass. Reconciliation will be from 3:30–4:15 pm in the Galilee Room. Please check the website for full details.*

## Welcome Guests and Visitors!

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

## New Parishioners

Beatrice and Adin Benjamin  
Jose Cuautle

## Would you like to become a parishioner?

Call Kathy Ferguson in the General Office at 630.355.8980, x100.

## Church Office Hours

Please note the office hours effective through June.

9:00 am–7:30 pm Monday–Wednesday

9:00 am–8:30 pm Thursday

9:00 am–4:00 pm Friday

9:00 am–1:00 pm Saturday

Schedule subject to change. You can call to check on times before coming. Please enter through Door A.

# Worship Commission — Liturgy and Music

## Readings for Today

**First Reading** — This Jesus will return in the same way as you have seen him going into heaven (Acts 1:1-11).

**Psalm** — God mounts his throne to shouts of joy: a blare of trumpets for the Lord (Psalm 47).

**Second Reading** — God seated Jesus at his right hand in the heavens (Ephesians 1:17-23) or Ephesians 4:1-13 [1-7, 11-13].

**Gospel** — The Lord Jesus was taken up into heaven and took his seat at the right hand of God (Mark 16:15-20).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Readings for the Week

**Monday:** Acts 19:1-8; Ps 68:2-3ab, 4-5acd, 6-7ab; Jn 16:29-33

**Tuesday:** Acts 20:17-27; Ps 68:10-11, 20-21; Jn 17:1-11a

**Wednesday:** Acts 20:28-38; Ps 68:29-30, 33-36ab; Jn 17:11b-19

**Thursday:** Acts 22:30; 23:6-11; Ps 16:1-2a, 5, 7-11; Jn 17:20-26

**Friday:** Acts 25:13b-21; Ps 103:1-2, 11-12, 19-20ab;  
Jn 21:15-19

**Saturday:** Acts 28:16-20, 30-31; Ps 11:4, 5, 7; Jn 21:20-25

**Sunday:** Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or  
Ez 37:1-14 or Jl 3:1-5; Ps 104:1-2, 24, 35, 27-30;  
Rom 8:22-27; Jn 7:37-39 Day: Acts 2:1-11; Ps 104:1,  
24, 29-31, 34; 1 Cor 12:3b-7, 12-13 or Gal 5:16-25;  
Jn 20:19-23 or Jn 15:26-27; 16:12-15

## Prayer

Great and Ever-Changing God,  
You are profound in your mystery,  
And you never cease to amaze us;  
Sometimes we think we have you figured out,  
And then you call us to the realization  
That you are beyond the limits of our insight.

You are Father and Mother,  
We know,  
You are son and Spirit,  
Yes,  
But yet so much more.

As we search for the words,  
Titles, songs, and images  
That attempt to corner you,  
Help us to know that you are beyond our words,  
Deeper than any effort to be "inclusive,"  
Because what really matters,  
Is that you exist  
And that we see you present in your people.  
Amen.

## Presider Schedule May 22–23

### Saturday, May 22

4:30 pm: Fr. Philip Danaher

### Sunday, May 23

9:00 am: Fr. Philip Danaher with Deacon Jim Breen

10:45 am: Fr. Philip Danaher with Deacon Joe Cuzzone

*Presider schedule is subject to change.*

## Weekend Mass Schedule

The weekend Mass times are:

**Saturday 4:30 pm**

**Sunday 9:00 am**

**Sunday 10:45 am**

Sign-up will continue to be necessary and available on the St. Thomas website. All Masses will be streamed live with an outdoor communion option.

## Liturgy Schedule and Mass Intentions

*Please note, because we currently only have three weekend Masses, all the weekend intentions will be read at all Masses.*

### Monday, May 17, 2021

8:30 am †Gail Ruhnke

### Tuesday, May 18, 2021

8:30 am †Anne Battisto, by The Battisto Family

### Wednesday, May 19, 2021

8:30 am †Adelaida Lubguban, by Amy DeGuzman

### Thursday, May 20, 2021

8:30 am †John Damore, by Dollie Bajusz

### Friday, May 21, 2021

8:30 am †Tom Brauer, by Kathy Singer and Family

### Saturday, May 22, 2021

4:30 pm *Mass of Anticipation*

†Conor Vesper, by Mark Vesper

†Joseph Fromme, by The Hoctor Family

### Sunday, May 23, 2021

*Pentecost Sunday of Easter*

9:00 am †Harold E. Stott, Jr., by Bill and Patti Dougherty

10:45am †Fran Karl, by Lorraine Katz

*"The great fifty days of Easter are not an unwelcome, unrealistic obligation to 'party on,' even if we don't feel like it, but an invitation to explore more deeply 'the weather of the heart,' to awaken our memory of God's presence and power in our lives, to look more closely at all the rich and varied textures of creation."*

— Nathan Miller, theologian

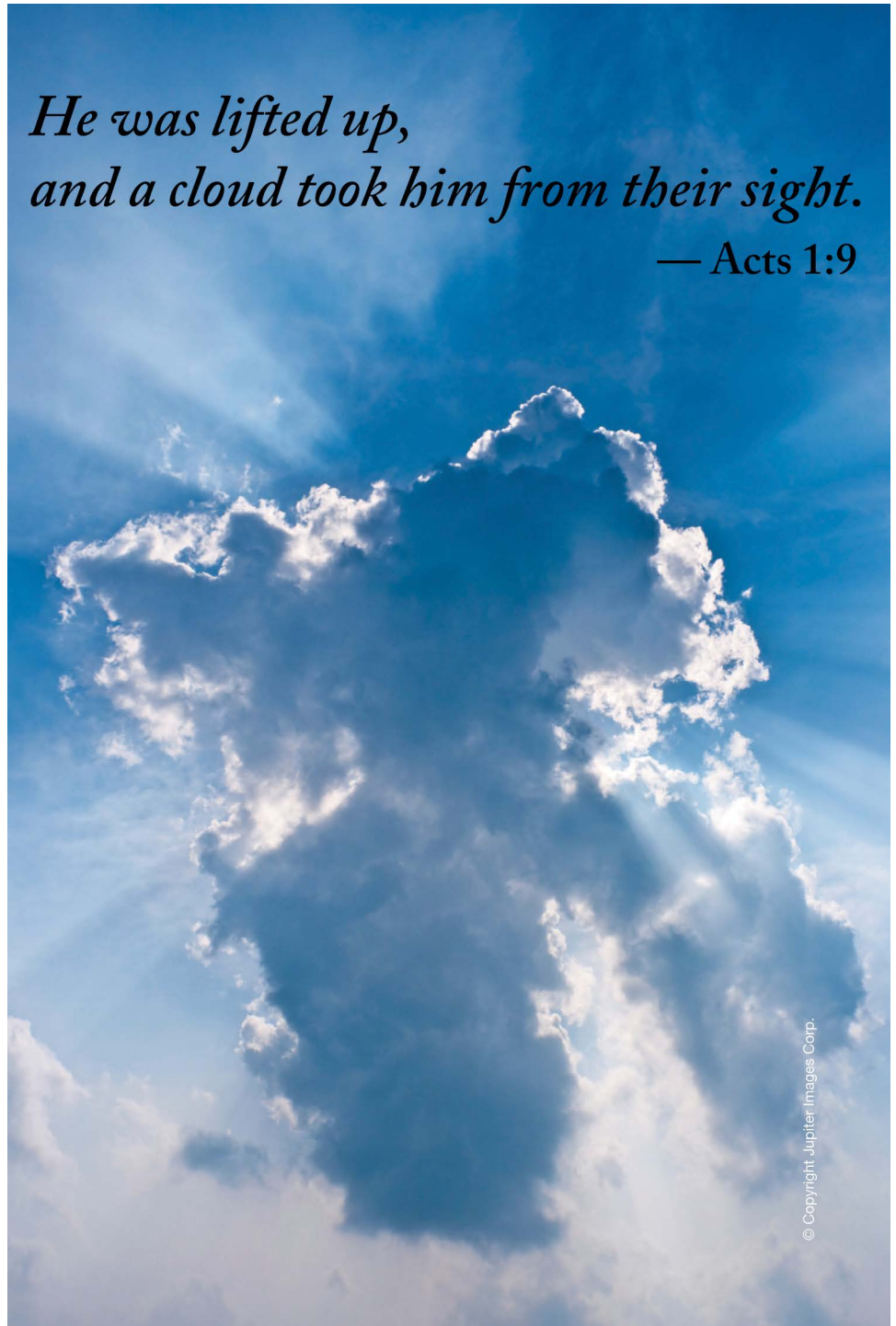
## **The Ascension of the Lord: Still going, Still baptizing, Still saving**

Jesus is lifted up to the right hand of God. Jesus, however, is both in heaven and in our midst. Jesus is surely ascended, but absolutely still with us too! So, what does that mean for us? Baptism makes a big difference in earthly life. It claims us for Christ and claims us for heaven. Because we now look like Him, we are charged to act like Him.

- Where or to whom am I being sent this week? Will I go?
- How will I radiate baptismal purity in word and deed?
- What mercy work will fill my words and deeds?

*He was lifted up,  
and a cloud took him from their sight.*

— Acts 1:9



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## **Wear Something Red to Mass Next Sunday!**

Next weekend, May 22–23, is the great celebration of Pentecost! All are encouraged to wear red, the liturgical color of Pentecost. May the fire of the Holy Spirit burn within each of us!

# PILGRIMAGES OF FAITH

Led by Fr. Bob Colaresi, O.Carm.

Fr. Bob will be leading his 33<sup>rd</sup> Pilgrimage to the Holy Land, November 7–18, 2021.

To get more information, a full brochure or registration materials, please contact Carmelite Spiritual Center, 8419 Bailey Road, Darien, IL, 630.969.4141.



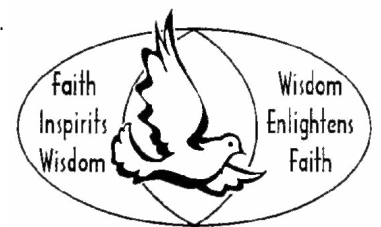
## Faith and Formation Commission — Adult

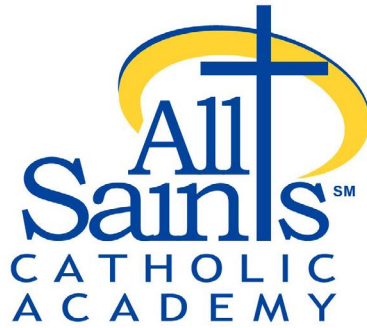
### C.A.R.E. CORNER

The third Catholic Social Teaching is recognizing basic human rights for all people. We all have the right to the things that are required for human decency, including food, clothing, healthcare and basic education. Can you support the efforts of our church or of your community toward the development of affordable housing

for those who tend to get priced out of the housing market in safe and desirable neighborhoods? If you are a landlord of rental property, can you review your own leasing policies and practices in order to be consciously inclusive and non-discriminatory in those practices? We may think we are not racist, but we might need to try harder to be actively anti-racist.

Might you be willing to support causes or organizations that specifically aid those who often face discrimination? Can you put out a little more personal effort to make sure you do not perpetuate prejudicial ideas of groups of people who get categorized into a different ethnic or socio-economic status group than your own? Are you open to recognizing the value of all members of society for whatever gifts and skills they can contribute to society as a whole? We are all gifted with God-given talents and abilities for the benefit of the world, or at least our little corner of it.





## News from All Saints Catholic Academy

### At All Saints, we like to say that All are Welcome!

We are Saints Strong, currently finishing this current school year with continuous 5-day, full-day in-person instruction for the entire 176 day school year, moving forward, not missing a beat throughout the entire journey.

We are Growing Saints, looking forward to more than 160 brand new students joining our ASCA family this fall. All Saints is committed to small, safe class sizes, where students are challenged, nurtured, learn and thrive in a Christ-centered loving, family environment where they and their family are known by name.

In Catholic schools, students are not just prepared academically with God at the center of their instruction, but spiritually with the guidance of Catholic values, morals and principles that allow them to authentically grow into confident and caring people.

A Catholic school with a vision of what it means to follow Jesus Christ and the teachings of his church is a powerful place. It inspires hope. It teaches us that with God, all things are possible.

All Saints is pleased to offer a Tuition Transfer Grant to families who transfer their child into grades one through seven from any local private, public, charter or home school for the 2021–2022 school year. With this two-year grant, families will receive \$1,000 per student in year one, and \$500 per student in year two, which will be applied to offset the current school tuition.

All Saints has a few select openings remaining for this fall, and would be honored to welcome your student and family to ASCA for the 2021–2022 school year that will begin on Wednesday, August 18.

#### Won't you join us?

For more information, visit [ascacademy.org](http://ascacademy.org) or call 630.961.6125.



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**Caputo Dental**

**For your generous partnership in the All Saints  
2020 Dinner Dance Auction — The Crystal Gala**



# Faith and Formation Commission — Youth



St. Thomas the Apostle

# RELIGIOUS EDUCATION

## Scripture Safari

Please pray for our vacation bible school week, Scripture Safari, coming June 21–25 with a Mass June 26. Include in your prayers our attendees, their families and our many volunteers and our terrific leaders Gina Howley and Wanda Fattes.



We thank God in advance for the blessings and opportunities provided during the week. This year the theme is Scripture Safari Greatest Hits 2021 – We're All Rock Stars in God's Eyes.

## May — The Month of Mary

The month of May is traditionally dedicated to the Blessed Virgin Mary. She is the mother of God and us all. Try doing a Marian Treasure Hunt with your family. Celebrate Mary and have some fun at home with your family!

Contact Lorraine Katz at [lkatz@stapostle.org](mailto:lkatz@stapostle.org) or 630.355.8980, x109 or the faith formation office for more information.

## Middle School Religious Education, 2021-2022

Plans are underway for the 2021–2022 middle school RE year. Saturday and Monday classes will take place at All Saints.

You will be notified when registration materials for the 2021–2022 year are available online.

Our hope is that those families who, for health reasons, could not attend RE this past year will consider being part of our middle school program this coming year.

## Catholic Baseball/Softball Camp

**WHO:** Boys and Girls, ages 8-14

**WHEN:** July 27-28, 8:00 am – 3:00 pm

**WHERE:** Montini Catholic High School, Lombard, IL

**COST:** \$150

**REGISTRATION:** Go to [catholicsportscamps.org](http://catholicsportscamps.org)

Registration is currently open and will be limited to 50 campers. The Catholic Baseball/Softball Camp is the only Catholic sports camp that will be offered this summer.

## Question of the week ...

How can we take care of God's creation?





## Middle School/High School Mission Trip

Are you ready for a new adventure? Middle school and high school youth are invited to be a part of a Week of Hope mission trip experience in Kenosha, Wis., from June 20-25. Week of Hope are community service mission trips where young people serve alongside seasoned local ministries and nonprofits to make a lasting difference through meaningful community service. After each day of service, the fun continues with themed days, movie nights, lip-sync battles, bedtime stories, group games and much more! The cost for Week of Hope is \$276. Week of Hope registration forms are available on the St. Thomas website and are due, with payment, by May 21.

The Week of Hope experience is provided by Group. The Group mission trip team dedicates extensive time and energy to create a Jesus-centered program experience through morning and evening programs, crew devotions and youth group devotions.

For more information about Group, go to [www.groupmissiontrips.com](http://www.groupmissiontrips.com).

## Shadow Experience, Tours and Summer Camps at St. Francis

For those interested in pursuing St. Francis as a high school option, students in grades 7 through 11 are welcome to spend three periods with a St. Francis High School student during May. Families of interested students can meet with a member of the Admissions Team and tour the building. Appointments are personalized to accommodate one family at a time. For more information, go to [www.sfhscollegeprep.org](http://www.sfhscollegeprep.org).

A wide variety of camps and clinics are available for students entering grades 3-12. Camps on art, various sports, band, choir, English, technology and theatre are offered. For information or to register, go to <https://sfhs.8to18.com/accounts/login>.



## Stay Connected to St. Thomas

[stapostle.org](http://stapostle.org)

Follow St. Thomas on Facebook

Download the St. Thomas App for your phone

## Spring Cleaning?

One of our Confirmands, Sophia L. is doing a collection for Haiti Scholars for her Confirmation Service Project.

Sports has been a huge part of her own life. Through sports she wants to make a difference in the physical education and wellness for the students. She was also moved to know that many students have worn-out and poorly fitting shoes as well as not having access to clean water.

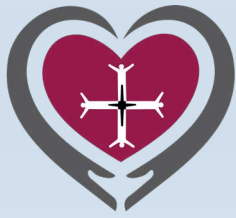
If you are able to help with any of the following, we have a collection box that will be in place the month of May in the Gathering Area.

### Items needed

- New/gently used sneakers/running shoes for children ages 2-14
- New/slightly used sports balls, jump ropes, etc.
- New plastic water bottles

Thank you!

# Service Commission — Pastoral Care



PASTORAL CARE  
St. Thomas the Apostle

be  
kind

## From the Office of the Parish Nurse Fun Ways to Spread Kindness Today

1. **Send a handwritten letter to a loved one.** Write about your favorite memory with them or what you're looking forward to.
2. **Send something delicious or delightful.** Many restaurants, bakeries and florists are still offering delivery. It's a great way to send some cheer and support local businesses.
3. **Make some kindness rocks.** Grab some rocks from your yard and get creative. Paint them with simple messages like hope, hello and kindness. Then, go for a walk and leave them for others to find.
4. **Hang signs of hope your window.** Cut out large paper letters to tape in your window, sending out messages of hope and joy for your neighbors to see.
5. **Thank a delivery worker.** Leave a thank you note with a bottle of water or snack to boost their spirits.

Source: United Health Care

## From the Behavioral Health Ministry Mental Health Day

The events of the past year and the COVID-19 pandemic have changed how we shop, socialize, learn and work. And while some of us are working from home and some of us are still commuting into the office, there is no denying that feelings of stress and anxiety are at an all-time high.

According to the Centers for Disease Control (CDC), symptoms of anxiety disorder and depressive disorder increased considerably in the United States during the summer of last year in comparison to that same time frame in 2019. Nearly 41 percent of respondents reported at least one adverse mental or behavioral health condition. These statistics and others paint a harrowing picture: people are working more and feeling increasingly stressed.

Feeling some level of stress related to work is normal, but if it begins to affect your everyday mood, your personal relationships or your mental health, it may be time to take a closer look. If you're feeling burned out, it could be time to ask your boss for a mental health day.

It's important to remember that your mental health is just as important as your physical health, so asking for a mental health day doesn't have to be any different than asking for a regular sick day.

Dr. Jesse Viner MD, CEO and Chief Medical Officer of Yellowbrick explains, "Taking a mental health day is totally your right, but the way you approach requesting it may depend on your particular workplace culture."

We've gathered some tips to help guide you through some viable options:

1. **Acknowledge that you deserve the day.** This will make it easier to communicate your needs to your supervisor and make your intentions clear.
2. **Consider your workplace leave policies.** Laura Handrick from Choosing Therapy explains, "If your employer has 50 or more employees or you're under federal contract, you are protected by federal labor and anti-discrimination laws that prevent your employer from penalizing you for taking time off for a mental health."
3. **Share only what you're comfortable with.** If your workplace isn't as receptive to employees taking time off for mental health, don't feel the need to over-explain yourself. Simply saying you have to deal with a personal matter should do the trick. It helps to plan what you would like to say to your supervisor beforehand, so you are clear about what you're asking.
4. **Remember that your day is for you.** Once your request is approved, you can focus on what you need to decompress and take care of yourself. Remember that the day is specifically for you to recoup from the stressors of work.

Source: <https://www.mentalhealthfirstaid.org/>





## From the Behavioral Health Ministry St. Dymphna Mass Celebration

Monday, May 24, 2021  
7:00 pm at St. Thomas

St. Dymphna Mass, Patron Saint of Those  
Struggling with Emotional/Mental Illness

St. Dymphna is the patron saint of people living with emotional and mental illness. Her mother died when Dymphna was 17. Her father struggled with emotional and mental difficulties following his wife's death. These difficulties led to her martyrdom. Cures and miracles were attributed to her and as a result, highly successful treatment centers are named for her.

The Behavioral Health Ministry is offering a Mass at St. Thomas on Monday, May 24, 2021, at 7:00 pm to commemorate her courage and strength and for her plight to provide care and treatment for people with mental illness.

Come to celebrate her life and to pray for those who struggle with emotional/mental illness and their families.

Please call Susan Kearney to register or for more information at 630.355.8980, x108 or email her at [sdkearney@comcast.net](mailto:sdkearney@comcast.net).

### Prayer to St. Dymphna:

*Dear Saint Dymphna, you gave us an example in your own life of firm faith. Neither flattery, earthly rewards nor the threat of death caused you to waver in your fidelity to God. Please help us then, amid the uncertainties of life, to imitate your wholehearted dedication to Christ. Be good enough to come to our aid in our need, and pray for us to God. Amen.*

## Pastoral Care Resources

For Spiritual Support and Prayer,  
please contact the following individuals if you are in need of assistance:

### Counseling

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

### Health Resource

*Parish Nurses*  
Felicia, 630.355.8980, x104  
Jan, 630.355.8980, x124

### Hospital/Pastoral Care Info

Edward Hospital has a pastoral care department with a Catholic Chaplain for an emergency anointing or a Eucharistic visit.

### St. Thomas Pastoral Care visit

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

SUPPORT ST. THOMAS

*Please, give*

## Please Continue Giving to St. Thomas

We continue to follow the guidelines set by the CDC and Diocese of Joliet. We are still limited to the number of worshipers and understand that many are unable to join us as they are in the at risk population or they simply aren't comfortable yet. There are two easy to use options to continue giving so you can support St. Thomas during this time:

### Option 1: Sign Up For Online Giving

THE EASIEST AND BEST OPTION! St. Thomas partners with Our Sunday Visitor (OSV) which gives an online interface where you can create a secure account to enter your credit card number and manage your giving.

### Option 2: Mail Your Envelopes

You can also mail your donation using one of the postage paid return envelopes in your envelope packet. Please note that St. Thomas continues to receive and check mail daily. The parish address is: St. Thomas the Apostle Catholic Church, 1500 Brookdale Road, Naperville, IL 60563.

### St. Thomas Is Grateful For You

We are very grateful for your continuing support, especially through this health crisis, to be the vibrant and engaging faith home you come to for spiritual nourishment. We continue to pray you are healthy and remain so until we can ALL joyfully celebrate Mass together again.

# Service Commission — Outreach and Social Justice



## PATH May 25 Zoom Meeting 7:00 pm

When you need a job “yesterday,” it can be tempting to go into rapid fire mode — shooting resumes and applications out to every job you see. This method is often referred to as “Spray and Pray.” In order to achieve greater efficiencies in your job search while ensuring improved outcomes, a more “Targeted” approach is critical!

Join us May 25 at 7:00 pm via Zoom when Steve Grosskopf, President of Gobie Career Services, shares his professional insights into this critical component of the job search process. During this highly interactive program, Steve will discuss the who, what and where of ‘Targeted’ Job Search Research.

Steve has 20 plus years of experience in the recruiting and staffing industry with firms like Northwestern Medicine, Mondelez International, Navistar and Robert Morris College. Steve is passionate about the subject of careers, work, workforce development and employment related information.

Register in advance for this webinar. Contact Fred Johnson at fred.c.johnson50@gmail.com. Once you have registered for the event, you will receive the Zoom meeting information in a confirmation email.

## Waterleaf Miracle of the Month

“Andrea” knew her pregnancy was at 12 weeks gestation. She had an abortion scheduled at a Planned Parenthood. Concerned for her teen daughter, Andrea’s mother, “Jane” called Waterleaf because “I want my daughter to have all her options presented to her in a safe and confidential environment.”



At her first appointment and accompanied by her mother, Andrea stated she is overwhelmed at the thought of her pregnancy and is wavering between parenting and abortion. She felt pressured by her family to parent, but felt they would support her in any decision. Her boyfriend, “Chuck” said that he would support Andrea in whatever decision she makes and that while he wants to go on to college after graduation, he will stay home to help her with baby. Jane said the family would support Andrea financially through the pregnancy.

During her ultrasound, Andrea remained very quiet as she watched the movement of the baby. Jane, however, expressed joy, stating she was thrilled and amazed to see her grandchild. Andrea said “I’m still undecided.” At her follow up visit, Andrea told her advocate she has decided to parent. She understands things will be challenging, she knows how much support her family and Chuck will provide, and is interested in the services of Aspire services provided by Waterleaf. She and Chuck are planning a gender reveal party. “I’m having the baby!”

Keep Waterleaf and their patients, like Andrea and Chuck, in your prayers. Your support brings the gift of life.

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## World Relief

*World Relief walks with refugees and immigrants through the many steps of integrating into our communities.*

Every day, 44,000 people are forced to flee their homes, one every two seconds. Over 80,000,000 people are currently displaced around the globe, a historic high. By the time you are done reading this paragraph, another family has been forced to flee, a family like Adam’s.

### Adam’s Story

Adam and his family loved their life. Adam was an accountant who graduated in the top 3 percent of his class. After just a few years working for a hotel, he was promoted to Director.

Then war broke out. A war that has forced over half a million people to flee their homes. Adam’s father-in-law was killed by the government, and Adam was arrested and beaten as a political prisoner. Knowing his life was in danger, he fled.

Adam was able to reach the US border and present himself legally as an asylum seeker. After spending over 5 months in detention, Adam proved his claim and was granted asylum. But Adam was alone, without his family, in a country he did not know. That’s where World Relief stepped in.

Adam says that “from the day I met them, I am so happy to know World Relief. I trust them.” Through the gifts and the time of donors and volunteers, Adam received case management, volunteer engagement, employment counseling, ESL classes and legal help navigating a complex system.

And finally, after so long apart, Adam reunited with his family on Easter Sunday just a few weeks ago. Today, Adam’s wife says she wants to study to become a nurse like her father, and his daughter says, “I want to be a good doctor, and make people healthy.”

# WHITE FRAGILITY

The St. Thomas Solidarity Coalition Ministry is periodically providing chapter summaries of the book "White Fragility" by Robin DiAngelo. We encourage you to purchase the book and follow along with us as we, as the author states, "challenge racism." It is a challenging book, and not always an "easy read." It might challenge your beliefs. That is a good thing in these times.

## Chapter 7: Racial Triggers for White People

In previous chapters, DiAngelo has described how White people are insulated from experiencing race-based stress by the social environment that has, throughout history and throughout their lives, created the institutional privilege from which they benefit. In this chapter, she describes what happens when White people experience challenges to that set of ideologies and assumptions that govern the social structure.

DiAngelo uses the theory of anthropologist Pierre Bourdieu to explain how racial dynamics operate. Bourdieu's theory has three key aspects relevant to white fragility.

The first aspect is **field** — the actual social settings or situations of daily life. People move in and out of many different **fields** — the workplace, school, a party, etc. — and there are sub-fields within each **field**. For example, in a school there is the macro **field** of the school as a whole and sub-fields such as the teacher's lounge, the classroom and the playground.

The second aspect is **capital** — the social value, status or power of individuals in a given **field**. In a school, a teacher has more **capital** than a student and a native English speaker has more capital than an English language learner. **Capital** can shift with the **field**. On whose "turf" is an interaction occurring?

The third aspect is **habitus** — a person's way of identifying, interpreting and reacting to social signals. **Habitus** is the internalized awareness of the **capital** and the rules that govern interaction in each **field**. Bourdieu states that **habitus** is internalized over time and is an unconscious construction resulting in frequently unconscious reactions. In a school, there will be different rules to gain power at the reception desk than at the custodian's supply room. Any threat to the equilibrium of the internalized **habitus** triggers reactions: anger, defensiveness, argumentation, withdrawal and other reactive efforts to restore the status quo.

In racial matters, these **habitus** reactions are triggered by talk and action that go against the social structure equilibrium **habitus** of ideologies and assumptions such as individualism, White racial innocence and solidarity, meritocracy and the belief that race is irrelevant or too sensitive to be acknowledged. While they are seldom conscious, they still have a harmful effect on ability to confront systemic racism.

**For Thought:** Some readers may find this chapter's analysis of the unconscious nature of White responses to race uncomfortable and difficult to accept or even to discuss. Consider how you felt as you read this summary. Is there a way to talk about these ideas without acrimony?

## Learn English/Teach English Opportunities at Literacy DuPage

Literacy DuPage offers FREE English tutoring for adults. For information, call or text 331.472.7160 or go to [info@literacydupage.org](mailto:info@literacydupage.org).



Literacy DuPage also trains tutors. Tutors change lives. No teaching or foreign language experience needed. Attend a 60-minute Meet and Greet video, receive 15 hours of tutor training and provide weekly tutoring to an adult learner. For information, call 630.942.5210 or go to [info@literacydupage.org](mailto:info@literacydupage.org).



## Food Donations for Care Pantry

Drive-Through Donations Accepted  
Tuesday, May 18 from 9:00–11:00 am or 6:00–7:00 pm

The "Drive-Thru Donations" days have been a great success. Thank you!

Bring donations to St. Thomas on Tuesday, May 18 from 9:00–11:00 am or 6:00–7:00 pm. Place the items in the trunk or the back of your vehicle, stay in your vehicle and we will remove the items for you. Items will be collected outside Door C, which is across from the labyrinth. As you start to drive around the building, you will see orange cones with instructions.

In order to serve our Care Pantry families in the best possible way, we are requesting items unavailable from the food bank and items we particularly need. Please bring the items listed below.

- Tomato products – diced, stewed, etc.
- Pasta sauce
- Jelly
- Cereal
- Beans in can – black, kidney, pinto
- Paper towels
- Toilet paper

Thank you for your support. Consider being a drop off location for people in your neighborhood and bringing a trunk load of food to St. Thomas.

# Stewardship and Administration

## The Week Ahead

**Monday, May 17**

**Tuesday, May 18**

10:00–11:00 am Care Pantry Drive-Thru Donations  
 6:00–7:00 pm Care Pantry Drive-Thru Donations  
 7:00–9:00 pm PPC, Zoom

**Wednesday, May 19**

**Thursday, May 20**

9:15–11:15 am Thursday Bible Study, Senior Center  
 7:30–9:00 pm Thursday PM Bible Study, Zoom

**Friday, May 21**

**Saturday, May 22**

3:30–4:15 pm Reconciliation, Galilee

**Sunday, May 23**

9:00am–12:00 pm RCIA, Senior Center  
 1:00–2:00 pm Baptism, Church

### Last weekend's stewardship of financial gifts

#### Weekly Sunday Offertory

May 2, 2021	
Sunday Collection Offering*	\$7,887
Credit Card Online Giving	\$16,628
Automatic Direct Debit (5 <sup>th</sup> and 20 <sup>th</sup> each month)	none this week
Mailed in and stock donations	\$5,571
Total for the week	\$30,086
<small>*Based on Collection Counters Reports prior to bank confirmation</small>	
Fiscal Year (7/1 to 6/30)	\$1,551,857
Weekly Average 7/1/2019 to date	\$35,269
Offertory Goal Year to date	\$1,482,320
Over/short of goal to date	\$69,536
Goal for Fiscal Year 7/1 to 6/30	\$1,751,833
Percent of Annual Sunday Offertory Goal	89%
Remaining for Fiscal Year goal	\$199,976

This week, the Sunday collection is \$69,536 ahead of goal so far this year. Capital needs restricted gifts were \$355 this past week. We are grateful to those who recognize the need and responded.

#### Diocesan Appeal 2021

Parish Appeal Goal	\$174,100
Pledges Received	\$132,280
Percent of Goal pledged to date	75.98%
Unpaid pledges	\$15,603
Paid to Date	\$116,677
Percent of goal paid to date	67.02%

### Smart Moves in Giving to St. Thomas

Some parishioners receive tax benefits from gifts to St. Thomas by donating stock or directing their IRA distributions to St. Thomas. Consult your tax adviser or broker/agent to see if these smart moves are right for you. We appreciate your support!

Please take the time to read the ads which make this bulletin possible. Help support these businesses, especially during this time, as they support St. Thomas the Apostle. Mention the bulletin when you patronize their establishments.

**Let them know they are appreciated!**

**Support the Catholic Ministries Annual Appeal**

The Catholic Ministries Annual Appeal (CMAA) is well underway. Thank you to everyone who has already pledged a gift to the 2021 CMAA. Every gift, large or small, brings us closer to our parish's 2021 CMAA goal of \$174,100.

If you have yet to make your gift, please prayerfully reflect on how you can best support the CMAA. Please return your pledge card in the mail or make a secure gift online at [jolietdioceseappeal.org](http://jolietdioceseappeal.org) or text DONATE to 815.205.1949.

**Checked These Listings Lately? Thank You to Our Advertisers!**

Make it a habit to check these advertisers when you need a product or a service. And when you purchase, be sure to mention you saw their ad in the St. Thomas bulletin!

 <p><b>Your ad could be in this space!</b></p>			<p><b>Catholic Cruises and Tours and The Apostleship of the Sea of the United States of America</b>  <b>Take your FAITH ON A JOURNEY.</b>                  Call us today at 860-399-1785 or email <a href="mailto:eileen@CatholicCruisesandTours.com">eileen@CatholicCruisesandTours.com</a>  <a href="http://www.CatholicCruisesandTours.com">www.CatholicCruisesandTours.com</a></p>
	<p><b>Esser Hayes Insurance Group Inc.</b>                  Insurance is Our Only Business Since 1939 With Excellent Companies &amp; Competitive Rates                  1811 High Grove • 355-2077</p>		

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