

# St. Thomas

MAY 23, 2021 — PENTECOST SUNDAY

Jesus breathed on them and said to them,

*"Receive the Holy Spirit.*

Whose sins you forgive are forgiven them, and whose sins you retain are retained."

~ John 20:22-23

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# St. Thomas the Apostle Catholic Church

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (Religious Education) | 630.355.0521 (Fax)  
Office Hours: 9:00 am–7:30 pm, Monday–Wednesday; 9:00 am–8:30 pm, Thursday; 9:00 am–4:00 pm, Friday; 9:00 am–1:00 pm, Saturday  
email to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org) or visit us at [stapostle.org](http://stapostle.org)  
Roman Catholic Diocese of Joliet-in-Illinois • Most Rev. Ronald A. Hicks, Bishop

## Parish Staff

### Priests in Residence

Rev. Philip Danaher, *Pastor*, x102, [pdanaher@stapostle.org](mailto:pdanaher@stapostle.org)  
Rev. Joseph Kappilumakkal, CMI, *Parochial Vicar*, x103, [jkapp@stapostle.org](mailto:jkapp@stapostle.org)

### Priests Assisting on Weekends

Rev. Bob Colaresi, O. Carm., *Weekend Associate*, [robco@robco.org](mailto:robco@robco.org)  
Rev. Matt Lorenz, *Senior Vicar*, Archdiocese of Chicago

### Permanent Deacons

Michael (Kathryn) Barrett — 630.355.8980, x145, [meabarrett@gmail.com](mailto:meabarrett@gmail.com)  
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Patrick (Mary Jo) Lennon — 630.901.3223, [presence.now@gmail.com](mailto:presence.now@gmail.com)

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### Faith Formation

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Dorothy Grantham, *Director of Youth/Young Adult Ministry*, x117, [dgrantham@stapostle.org](mailto:dgrantham@stapostle.org)  
Chari Rosales, *Director of Adult Education and RCIA*, x138, [croales@stapostle.org](mailto:croales@stapostle.org)  
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Sally Meno, *OSJ Associate*, x137, [smeno@stapostle.org](mailto:smeno@stapostle.org)

### Pastoral Care

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Felicia Lawlor, *Faith Community Nurse*, x104, [flawlor@stapostle.org](mailto:flawlor@stapostle.org)

### Administration

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Chris Ridge, *Evening/Saturday Receptionist*  
Mary Wright, *Evening/Saturday Receptionist*  
Mary Derwinski, *Administration Asst.*, x143, [mderwinski@stapostle.org](mailto:mderwinski@stapostle.org)  
Sue Sportiello, *Financial Asst.*, x143, [ssportiello@stapostle.org](mailto:ssportiello@stapostle.org)  
Bob Hartmann, *Facility Manager*, x133, [facility@stapostle.org](mailto:facility@stapostle.org)

### Parish Pastoral Council

Barbara Mambu, *Chair*  
Noble Charles

Alison Ohl  
Brittany Tres

### Commission Representatives

Carrie Wujek, *Faith & Spiritual Formation*  
Susan Wood O'Leary, *Finance*  
Deb Scheckel, *Parish Life*

Linda Bailey, *Service*  
Barbara Mambu, *Stewardship*  
Jeff Balsewicz, *Worship*

### Ex-Officio

Rev. Philip Danaher, *Pastor*  
Janet Simmons, *Recording Secretary*

Rev. Joseph Kappilumakkal, *Parochial Vicar*

\*indicates part-time staff

**Sacrament of Reconciliation:** Reconciliation is available Saturday, 3:30 to 4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment. Communal Penance services are held occasionally during the year.

**In the Hospital or Home Bound:** Call the Church Office to receive prayer/Eucharist from a priest, deacon or Minister of Care.

**Baptism:** Baptisms are usually celebrated two Sundays each month at a 1:00 pm service. Three times a year on selected dates, Baptisms are celebrated during weekend Masses. Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call or email Kathy Ferguson in the Church Office a few months in advance to make arrangements.

**Matrimony:** A couple planning on being married at St. Thomas should contact the church six months in advance. One year is preferred. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen to schedule.

**Religious Education:** Call 630.305.6318 to register.

### RCIA (Rite of Christian Initiation for Adults):

Any person wanting to learn more about the Catholic Faith, or to join our Catholic community should call the church at 630.355.8980.

**Counseling Service:** Contact Jan Olah, Pastoral Care 630.355.8980, x124.

**Sunday Nursery:** Nursery care is available for your child age one (walking) to four at the 9:30 and 11:15 am Masses. For more information call the church office.

### Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti  
St. Agnes on the Lakota Indian Reservation, Manderson, South Dakota  
St. Nicholas in Aurora, Illinois

### Our Parish School:

All Saints Catholic Academy  
1155 Aurora Ave  
Naperville, IL 60540  
630.961.6125

# in the word



with  
fr danaher

Dear Parish Family,

This is the time of family celebrations, of First Communions, Confirmations (in some parishes) and graduations. Anytime there's a family celebration, invitations are sent out, either mailed or by word-of-mouth. The family wants others to share in their happiness. They want their joy to be known far and wide.

That was what the followers of Jesus did on that first Pentecost. They had received Jesus' promised gift of the Holy Spirit in the form of fiery tongues. They were on fire in their faith and love for God and wanted it to be known far and wide. Like our family celebrations, the gift of the Spirit was not something to be kept secret. It was something to cheer about and an invitation to join in the cheering.

We share the joy of family celebrations with many. Do we think that way about our faith, that it's also a thing of joy to share with many?

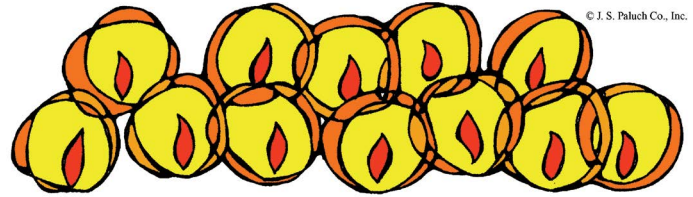
God shares His Spirit with us as He did with the apostles. On today's celebration of Pentecost, let us pray that the fire of the Holy Spirit in our hearts will help us share the joy of our faith with others.

Today's celebration of Pentecost also marks the end of our celebration of the Easter season. I want to take this opportunity to thank all those who helped make our Lent and Easter celebrations so special, members of our Arts and Environment Committee who spent much time and effort in creating a lovely environment for worship, not only in our worship space and narthex, but also the outside cross at the entrance of our church. Thank you also to Jim Clauer and Samantha Delke who prepared our liturgical celebrations throughout Lent and Easter, along with our musicians and choirs (albeit small in number), and the virtual liturgical offerings during Lent and Easter.

I also want to thank Chari Rosales, along with the RCIA team who helped guide our RCIA candidates on their journey to receiving the Easter Sacraments of Confirmation and Eucharist; Lorraine Katz who, along with the group of catechists who helped prepare our children for First Eucharist; Dorothy Grantham and youth leaders who helped prepare our young people for Confirmation.

In the Word,

*Fr. Danaher*



## Pentecost Sunday

May 23, 2021

*There are different kinds of spiritual gifts but the same Spirit.  
— 1 Corinthians 12:4*

### Liturgy Schedule

#### Daily

Mass: 8:30 am, Monday–Friday

*In addition, the St. Thomas Deacons record a Daily Prayer Service that is available to watch on demand at [stapostle.org](http://stapostle.org)*

#### Weekend — Must sign up online to attend

Saturday Mass of Anticipation: 4:30 pm

Sunday: 9:00 am and 10:45 am

*All three weekend Masses will also be livestreamed and available to watch on demand at [stapostle.org](http://stapostle.org)*

#### Reconciliation

*St. Thomas offers the Sacrament of Reconciliation before the Saturday 4:30 pm Mass. Reconciliation will be from 3:30–4:15 pm in the Galilee Room. Please check the website for full details.*

## Welcome Guests and Visitors!

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

## New Parishioners

Jay and Flora Alejo

David Mann and Huma Shirazee

Richard and Leticia Schumacher

## Would you like to become a parishioner?

Call Kathy Ferguson in the General Office at 630.355.8980, x100.

## Church Office Hours

Please note the office hours effective through May 29.

9:00 am–7:30 pm Monday–Wednesday

9:00 am–8:30 pm Thursday

9:00 am–4:00 pm Friday

9:00 am–1:00 pm Saturday

Schedule subject to change. You can call to check on times before coming. Please enter through Door A.

# Worship Commission — Liturgy and Music

## Reflection on the Readings

The early Christian community knew that Jesus and the life-giving Spirit were with them. That conviction sustained and empowered them to deal with unimaginable challenges. We are given the same presence, peace and forgiveness when we come together, and we are called today to pass that on to others. What signs of this presence do we experience? How do we express it to others?

## Readings for Today

**First Reading** — They were all filled with the Holy Spirit, and began to speak in different tongues (Acts 2:1-11).

**Psalm** — Lord, send out your Spirit, and renew the face of the earth (Psalm 104).

**Second Reading** — There are different kinds of spiritual gifts but the same Spirit (1 Corinthians 12:3b-7, 12-13) or Galatians 5:16-25.

**Gospel** — As the Father has sent me, so I send you: Receive the Holy Spirit (John 20:19-23) or John 15:26-27; 16:12-15.

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Readings for the Week

**Monday:** Gn 3:9-15, 20 or Acts 1:12-14; Ps 87:1-3, 5-7; Jn 19:25-34

**Tuesday:** Sir 35:1-12; Ps 50:5-8, 14, 23; Mk 10:28-31

**Wednesday:** Sir 36:1, 4-5a, 10-17; Ps 79:8, 9, 11, 13; Mk 10:32-45

**Thursday:** Sir 42:15-25; Ps 33:2-9; Mk 10:46-52

**Friday:** Sir 44:1, 9-13; Ps 149:1b-6a, 9b; Mk 11:11-26

**Saturday:** Sir 51:12cd-20; Ps 19:8-11; Mk 11:27-33

**Sunday:** Dt 4:32-34, 39-40; Ps 33:4-6, 9, 18-20, 22; Rom 8:14-17; Mt 28:16-20

## Prayer for Memorial Day

*God of power and mercy,*

*you destroy war and put down earthly pride.*

*Banish violence from our midst and wipe away our tears,  
that we may all deserve to be called your sons and daughters.*

*Keep in your mercy those men and women*

*who have died in the cause of freedom*

*and bring them safely*

*into your kingdom of justice and peace.*

*We ask this though Jesus Christ our Lord.*

*Amen*

Source — Catholic Household Blessings and Prayers © USCCB

## Presider Schedule May 29–30

### Saturday, May 29

4:30 pm: Fr. Bob Colaresi with Deacon Jim Breen

### Sunday, May 30

9:00 am: Fr. Joseph Kappilumakkal

10:45 am: Fr. Philip Danaher

*Presider schedule is subject to change.*

## Weekend Mass Schedule

The weekend Mass times are:

### Saturday 4:30 pm

### Sunday 9:00 am

### Sunday 10:45 am

Sign-up will continue to be necessary and available on the St. Thomas website. All Masses will be streamed live with an outdoor communion option.

## Liturgy Schedule and Mass Intentions

*Please note, because we currently only have three weekend Masses, all the weekend intentions will be read at all Masses.*

### Monday, May 24, 2021

Monday, May 24, 2021

8:30 am †Margaret and Donald Lipke, by Mary and Neil Orton

### Tuesday, May 25, 2021

8:30 am †John DeSauza, by The Noronha Family

### Wednesday, May 26, 2021

8:30 am †Luz Firmalo, by Buddy and Mely Mallorca

### Thursday, May 27, 2021

8:30 am †Amparo Lopez, by Amy de Guzman

### Friday, May 28, 2021

8:30 am †James Maul, by The Don Maul Family

### Saturday, May 29, 2021

4:30 pm *Mass of Anticipation*

†Nancy Davis, by Mary Wright

### Sunday, May 30, 2021

*The Most Holy Trinity*

9:00 am †Chester Wojcik, by The Wojcik Family

†Martha Lopez, by Mely and Buddy Mallorca

†Dwayne Reils, by Lorraine Katz

10:45 am For the People of St. Thomas



*"The great fifty days of Easter are not an unwelcome, unrealistic obligation to 'party on,' even if we don't feel like it, but an invitation to explore more deeply 'the weather of the heart,' to awaken our memory of God's presence and power in our lives, to look more closely at all the rich and varied textures of creation."*

— Nathan Miller, theologian

## **Pentecost Sunday: Still filled with the Spirit**

There are so many biblical readings given for the vigil and day of Pentecost (there are 17!), we could spend a month pouring over them. The gospel acclamation gives a great summary:

Come, Holy Spirit, fill the hearts of the faithful and kindle in them the fire of your love.

*Baptism surely fills us with the presence of the Holy Spirit. Confirmation strengthens that holy presence.*

- With what does the Holy Spirit fill my heart this week?
- How does it help me stay faithful?

Enflamed in love, who and how will I love?

# PILGRIMAGES OF FAITH

Led by Fr. Bob Colaresi, O.Carm.

Fr. Bob will be leading his 33<sup>rd</sup> Pilgrimage to the Holy Land, November 7–18, 2021. To get more information, a full brochure or registration materials, please contact Carmelite Spiritual Center, 8419 Bailey Road, Darien, IL, 630.969.4141.

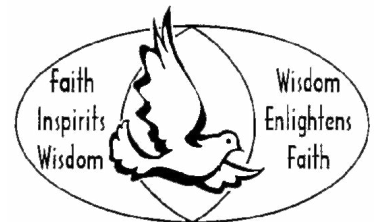


## Faith and Formation Commission — Adult

### C.A.R.E. CORNER

Another Catholic Social Teaching encourages all of us to recognize the dignity of work and support workers rights. The Catechism of the Catholic Church offers some specific guidelines for what constitutes injustices. Paragraph #2409 gives examples of injustices and different kinds of business fraud, including manipulating pricing to gouge people, tax evasion and paying unjust wages. Perhaps you are in a position to review your company's practices with regard to these guidelines. If you are in a position that impacts the hiring for your company, perhaps you could take a good hard look at any policies that might be rejecting qualified candidates for jobs because they are of a different race, gender or religion than your normal hires.

Even if you are not in a position of influence where you work, you could still choose to personally take the time to mentor someone who needs good supervision in order to advance their skills. Individually we can each help to make our work environment a safe and beneficial one for all the people employed there. By nature, some of us tend to shy away from speaking out against social injustice and instead tend to avoid such situations. But we are called to examine our consciences with regard to ethical work practices. And we are all called to show mutual respect, especially in the face of diversity.



### 21-Day Challenge-Let's Get Started!

Previous articles outlined an initiative, the 21-Day Racial Equity Challenge, sponsored by the St. Thomas Racial Justice Committee. Each day (which need not be consecutive), you can select from the challenge website to read, listen, watch, notice, connect, engage or act. The challenge may not be what you expect. What do you expect? Take a leap of curiosity and engage in this multi-cultural, multi-media and fun resource. A great place to begin is the segment entitled "Notice" <https://www.debbyriving.com/21-day-challenge/#challenge-tabs-3>.

The link includes a clever and short video, suggestions to change up what you notice and questions for consideration. Take a few minutes to see what you may notice and what you may miss! Do it by yourself, do it with family members, do it with a group of friends. Take the opportunity and do it!

## Two Job Openings at St. Thomas

St. Thomas is looking for a full-time Parish Secretary in the General Office and a part-time Faith Formation Administrative Assistant. If you are interested in either position or know someone who would be a good fit, please read the complete job descriptions and application instructions below.

### General Office – Parish Secretary

*Full-time (40 hours per week), benefited position*

We're seeking a new team member who is friendly, positive, energetic, flexible and a good communicator. Our new staff member must be able to self-direct and prioritize work while being a welcoming presence to the public. Excellent organizational skills are necessary. Training is provided.

#### Job duties include:

- Procuring office and other supplies for staff, ensuring vendor invoices accurately reflect purchases.
- Maintaining Mass intention records, including weekly accounting for activity.
- Recruiting, training and scheduling daytime volunteer receptionists.
- Coordinating Baptism materials, education and schedules.
- Coordinating new parishioner registration and Welcome ministry.
- Maintaining phone messaging system, troubleshoot and coordinate repair of copier and postage machines.
- Assisting the pastor and clergy as requested.
- Covering duties of other parish secretary when necessary.
- Preparing and mailing requested sacramental records.
- Other duties as assigned.

Previous clerical experience and familiarity with Microsoft Office is required (experience with Publisher and Spanish speaking ability are a plus.) To apply, please send a brief statement of your interest, a resume and references to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org). Application deadline is June 11.

### Faith Formation Administrative Assistant

*Part-time (12-25 hours per week), non-benefited position*

Seeking an applicant who is friendly, positive, energetic, flexible, a good communicator and team player to join the faith formation clerical team as a job share Administrative Assistant. The Faith Formation Administrative Assistants support the four ministries of Faith Formation: Elementary (pre-K through Grade 5), Middle School (Grades 6-8), High School Youth/Young Adult Ministry and Adult Faith Formation.

#### General Job Responsibilities

- Be the welcoming face and presence of St. Thomas Faith Formation.
- Maintain communication with the faith formation directors so as to understand the needs of the program and questions from parishioners.
- Provide clerical support for faith formation directors and volunteers.
- Maintain faith formation participant files including sacraments.
- Prepare mailings and updated email contact groups.

#### Skills

- General willingness to help with a servant leader attitude.
- Good organizational and communication skills — oral and written.
- Skilled in Microsoft Office and Publisher experience suggested.
- Willingness to learn new technology.
- Ability to prioritize tasks.
- Attention to detail including proof reading.
- Understanding /speaking Spanish a plus.

To apply for the position, please send a brief description of your interest in the position, a resume and a list of three references to [mainoffice@stapostle.org](mailto:mainoffice@stapostle.org). Application deadline is June 10.



# Faith and Formation Commission — Youth



St. Thomas the Apostle

**RELIGIOUS  
EDUCATION**

## Scripture Safari Registration is here!

Scripture Safari is outside this year! It is planned for June 21–23, Monday, Tuesday and Wednesday from 9:00–11:30 am and family style (parents and children) Thursday, June 24, from 6:30–8:30 pm. The week wraps up with a Mass on Saturday, June 26, at 4:30 pm.

Scripture Safari registration forms are outside the Faith Formation Office. Participation in Scripture Safari are for those entering kindergarten through fifth grade in the fall 2021.

Please be sure to include the medical release form for participant children and teen helpers. You can return the forms with payment to the Faith Formation Office. Extra registration forms are outside of the Faith Formation Office as well. Some help is needed by adults and teens during the week. Be part of the fun! Placement in animal groups is first-come first served until full.



## May — The Month of Mary

The month of May is traditionally dedicated to the Blessed Virgin Mary. She is the mother of God and us all. Try doing a Marian Treasure Hunt with your family. Celebrate Mary and have some fun at home with your family!

Contact Lorraine Katz at [lkatz@stapostle.org](mailto:lkatz@stapostle.org) or 630.355.8980, x109 or the faith formation office for more information.

## Middle School Religious Education, 2021-2022

Plans are underway for the 2021–2022 middle school RE year. Saturday and Monday classes will take place at All Saints.

You will be notified when registration materials for the 2021–2022 year are available online.

Our hope is that those families who, for health reasons, could not attend RE this past year will consider being part of our middle school program this coming year.

## Prayer for the End of This School Year

We come to the end of a difficult year,  
Lord of beginnings and endings.  
We have studied and struggled,  
We have held on as well as let go;  
We have longed for community  
And found it in unexpected moments.

Your grace carried us through it all,  
And we are grateful as we recognize  
The blessings we encountered along  
the way,

The human connections that  
supported us,

The moments of joy amid the daily  
work.

Guide us as we move into a summer  
break,

Grant us a time of restoration and  
relaxation

So our spirits are renewed,  
our souls refreshed.

Lord of beginning and endings,  
We praise you as one journey ends  
And another begins.

Amen

*Jane Daren, Ph.D.,  
Education for Justice*

## Question of the week ...

Do you consider Jesus  
your friend?





## Middle School/High School Mission Trip

Are you ready for a new adventure? Middle school and high school youth are invited to be a part of a Week of Hope mission trip experience in Kenosha, Wis., from June 20-25. Week of Hope are community service mission trips where young people serve alongside seasoned local ministries and nonprofits to make a lasting difference through meaningful community service. After each day of service, the fun continues with themed days, movie nights, lip-sync battles, bedtime stories, group games and much more! The cost for Week of Hope is \$276. Week of Hope registration forms are available on the St. Thomas website and are due, with payment, by May 21.

The Week of Hope experience is provided by Group. The Group mission trip team dedicates extensive time and energy to create a Jesus-centered program experience through morning and evening programs, crew devotions and youth group devotions.

For more information about Group, go to [www.groupmissiontrips.com](http://www.groupmissiontrips.com).

## Shadow Experience, Tours and Summer Camps at St. Francis

For those interested in pursuing St. Francis as a high school option, students in grades 7 through 11 are welcome to spend three periods with a St. Francis High School student during May. Families of interested students can meet with a member of the Admissions Team and tour the building. Appointments are personalized to accommodate one family at a time. For more information, go to [www.sfhscollegeprep.org](http://www.sfhscollegeprep.org).

A wide variety of camps and clinics are available for students entering grades 3-12. Camps on art, various sports, band, choir, English, technology and theatre are offered. For information or to register, go to <https://sfhs.8to18.com/accounts/login>.



## Stay Connected to St. Thomas

[stapostle.org](http://stapostle.org)

Follow St. Thomas on Facebook

Download the St. Thomas App for your phone

## Spring Cleaning?

One of our Confirmands, Sophia L. is doing a collection for Haiti Scholars for her Confirmation Service Project.

Sports has been a huge part of her own life. Through sports she wants to make a difference in the physical education and wellness for the students. She was also moved to know that many students have worn-out and poorly fitting shoes as well as not having access to clean water.

If you are able to help with any of the following, we have a collection box that will be in place the month of May in the Gathering Area.

### Items needed

- New/gently used sneakers/running shoes for children ages 2-14
- New/slightly used sports balls, jump ropes, etc.
- New plastic water bottles

Thank you!

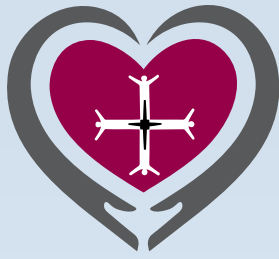
## Career Exploration Program for Young Adults (17-24) Begins June 1

Reach out today to register for the Level Up Career Exploration Program. This free four week program guides young adults through first steps as they get serious about their career and future! The benefits are many and include:

- **Self-Awareness** — Assessments that give insights on strengths, personality and values
- **Plan for Success** — Roadmap that helps connect dreams with actions
- **Tools to Get There** — Resume, Linked-In, Application Tips
- **Greater Self-Confidence** — Interviewing, Professional Presence and Networking Tips

Program runs June 1–June 30 and includes Zoom sessions, one-on-one coaching sessions and several assignments as well as benefits listed above! Call or text 630.402.0429 or visit [www.do-over.me](http://www.do-over.me) for more information!

# Service Commission — Pastoral Care



**PASTORAL CARE**  
St. Thomas the Apostle

## Pastoral Care Resources

For Spiritual Support and Prayer, please contact the following individuals if you are in need of assistance:

### Counseling

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

### Health Resource

*Parish Nurses*  
Felicia, 630.355.8980, x104  
Jan, 630.355.8980, x124

### Hospital/Pastoral Care Info

Edward Hospital has a pastoral care department with a Catholic Chaplain for an emergency anointing or a Eucharistic visit.

### St. Thomas Pastoral Care visit

Jan, Pastoral Care Office  
630.355.8980, x124  
Diane, General Office  
630.355.8980, x101

## From the Office of the Parish Nurse Prevent Falls

**Now you can prevent the problem that causes most people to lose their independence.**

One of the biggest fears people over 65 have is a fear of falling. And with good reason. And falls are the leading cause of fatal injuries among older adults. It's often a fall that leads to a loss of mobility and independence.

### Four fall myths that could rob you of your independence

**Myth #1** — The less I do, the safer I am.

**Fact:** Physical activity will help increase strength and range of motion, making you less likely to fall.

**Myth #2** — Using a cane or walker means I'm more independent.

**Fact:** Canes and walkers help you maintain or improve mobility and stability, which means greater independence.

**Myth #3** — My eyes are fine — why get my vision checked?

**Fact:** People with vision problems are twice as likely to fall as those without impairment. Get your eyes checked every year.

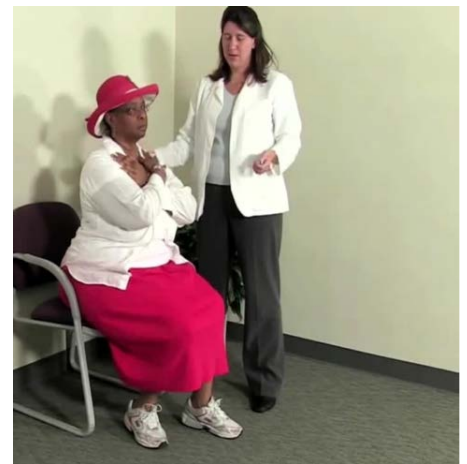
**Myth #4** — Falling isn't a health problem like cancer or heart disease, so why discuss it with my doctor?

**Fact:** More people will suffer a fragility fracture from a fall than will have a heart attack, cancer or stroke. Preventing falls is a team effort you should discuss with your doctor.

### Are you at risk for falling? Take this quick test now.

Get a sturdy chair with a straight back and no arms, a stopwatch and someone to act as a spotter and time your performance. First, do a quick warm-up, such as a five minute march in place. Then simply sit in the chair and stand up without using your hands to assist. Complete as many sit-to-stand repetitions as you can in 30 seconds. Now check the chart. A below-average score indicates a high risk for falls.

*Source: UCLA – David Geffen – School of Medicine*



Age	60-64	65-69	70-74	75-79	80-84	85-89	90-94
Men	<14	<12	<12	<11	<10	<8	<7
Women	<12	<11	<10	<10	<9	<8	<4



## From the Behavioral Health Ministry St. Dymphna Mass Celebration

Monday, May 24, 2021  
7:00 pm at St. Thomas

St. Dymphna Mass, Patron Saint of Those  
Struggling with Emotional/Mental Illness

St. Dymphna is the patron saint of people living with emotional and mental illness. Her mother died when Dymphna was 17. Her father struggled with emotional and mental difficulties following his wife's death. These difficulties led to her martyrdom. Cures and miracles were attributed to her and as a result, highly successful treatment centers are named for her.

The Behavioral Health Ministry is offering a Mass at St. Thomas on Monday, May 24, 2021, at 7:00 pm to commemorate her courage and strength and for her plight to provide care and treatment for people with mental illness.

Come to celebrate her life and to pray for those who struggle with emotional/mental illness and their families.

Please call Susan Kearney to register or for more information at 630.355.8980, x108 or email her at [sdkearney@comcast.net](mailto:sdkearney@comcast.net).

### Prayer to St. Dymphna:

*Dear Saint Dymphna, you gave us an example in your own life of firm faith. Neither flattery, earthly rewards nor the threat of death caused you to waver in your fidelity to God. Please help us then, amid the uncertainties of life, to imitate your wholehearted dedication to Christ. Be good enough to come to our aid in our need, and pray for us to God. Amen.*

## A Prayer to the Spirit

Holy Spirit,  
who sent Christ Jesus  
to carry the Good news to the poor,  
we pray to you:  
Help us to continue your work  
by serving the poor, our brothers and sisters.

— *From Come, Lord Jesus by Lucien Deiss, CSSP, copyright © 1976, 1981, Lucien Deiss.  
Published by World Library Publications. p.181*

SUPPORT ST. THOMAS

*Please, give*

## Please Continue Giving to St. Thomas

We continue to follow the guidelines set by the CDC and Diocese of Joliet. We are still limited to the number of worshipers and understand that many are unable to join us as they are in the at risk population or they simply aren't comfortable yet. There are two easy to use options to continue giving so you can support St. Thomas during this time:

### Option 1: Sign Up For Online Giving

THE EASIEST AND BEST OPTION! St. Thomas partners with Our Sunday Visitor (OSV) which gives an online interface where you can create a secure account to enter your credit card number and manage your giving.

### Option 2: Mail Your Envelopes

You can also mail your donation using one of the postage paid return envelopes in your envelope packet. Please note that St. Thomas continues to receive and check mail daily. The parish address is: St. Thomas the Apostle Catholic Church, 1500 Brookdale Road, Naperville, IL 60563.

### St. Thomas Is Grateful For You

We are very grateful for your continuing support, especially through this health crisis, to be the vibrant and engaging faith home you come to for spiritual nourishment. We continue to pray you are healthy and remain so until we can ALL joyfully celebrate Mass together again.

# Service Commission — Outreach and Social Justice



## PATH May 25 Zoom Meeting 7:00 pm

### Targeted Research for Job Search Success

When you need a job “yesterday,” it can be tempting to go into rapid fire mode — shooting resumes and applications out to every job you see. This method is often referred to as “Spray and Pray.” In order to achieve greater efficiencies in your job search while ensuring improved outcomes, a more “Targeted” approach is critical!

Join us on May 25 when Steve Grosskopf, President of Gobie Career Services, shares his professional insights into this critical component of the job search process. During this highly interactive program, Steve will discuss the how, what and where of “Targeted” Job Search Research.

Steve has 20 plus years of experience in the recruiting and staffing industry with firms like Northwestern Medicine, Mondelez International, Navistar and Robert Morris College. Steve is passionate about the subject of careers, work, workforce development and employment related information.

Register in advance for this webinar. Contact Fred Johnson at [fred.c.johnson50@gmail.com](mailto:fred.c.johnson50@gmail.com). Once you have registered for the event, you will receive the Zoom meeting information in a confirmation email.

## K of C Pasta Dinner Results Benefit Care Pantry

The St. Thomas Knights of Columbus held a Drive-Thru Pasta Dinner on Saturday, April 24. It was a success as 164 dinners were served. By all reports, the food was excellent! Grand Knight Tim Berglind presented a check for \$1,180 to the St. Thomas Care Pantry. Thanks to the Knights from the OSJ Office for the donation and for all they do for St. Thomas.



Grand Knight Tim Berglind presenting check to Anne Schultz for Care Pantry.

Tim asked that we thank all the parishioners who supported the Pasta Dinner, as well as the Knights who made it happen. Special thanks to Ron DeNicolo and Larry Hjorth.

## Thank You from Re:New Creating Hope for Refugee Women

St. Thomas, through the Outreach and Social Justice Office, provided a small grant to Re:new Project, located in Glen Ellyn, for the purchase of two sewing machines. We received the following thank you from Re:New:



**RE:NEW**  
*Creating hope for refugee women*

*Dear Friends at St. Thomas,*

*Thank you so much for covering the cost of two new machines! We are truly blessed to have 18 sewing students, all refugee women here for opportunity. We are grateful for your support of providing new machines so that the women can continue training and practicing! Come and visit us!*

*With gratitude,  
Kristi Sboncak, Executive Director*



Re:new Project was birthed out of a desire to empower refugee women. Re:new exists to come alongside and invest in the lives of women through holistic renewal of their lives — economically, socially and spiritually. Go to [www.renewproject.org](http://www.renewproject.org) for more information.

### How it Re:new Works

- **Sewing Class:** Re:new offers free sewing classes to any refugee or immigrant woman, no matter their skill level.
- **ESL:** English as a Second Language classes are offered.
- **Mentoring program:** Designed to help integrate the women into the American workplace.
- **Employment:** Some women are hired by Re:new as an Artisan for up to two years, creating products sold at the storefront and on-line.

## George Floyd

On May 25, 2021, we will remember the death of George Floyd one year ago.

*"If all we do is remember, then we have forgotten" Fr. Tom Hurley, former Pastor, Old St. Pat's, Chicago*

Last June, members of the faith community of St. Thomas created the George Floyd Racial Justice Prayer Service. It included a courageous and powerful personal witness from a St. Thomas parishioner. It challenges us to reflect, to listen with discerning hearts and minds and to act.

Give yourself the gift of 20 minutes dedicated to introspection, healing and change. Go to the St. Thomas website ([www.stapostle.org](http://www.stapostle.org)) and view the prayer service video. As an option, download and read the worship aid.

Below is the Call to action from the George Floyd Racial Justice Prayer Service.

### It Shouldn't Be

"It shouldn't be!" That is what Tricia kept crying out in the powerful witness she shared with us. The fear that Tricia felt seeing a flashing police car on the road behind her ... It shouldn't be! The murder of George Floyd ... It shouldn't be! The reality of racism in our community, our country and the world ... It shouldn't be!

We know what "shouldn't be!" We also know "What must be!"

We are raising our voices in prayer to God for racial justice. It must be!

We are raising our voices in prayer to God to change the hearts and minds where racism lives. It must be!

We are raising our voices in prayer to God to enlighten us to recognize where racism lives within us. It must be!

In his remarks at the recent peaceful rally at Naperville's Carillon, City Councilman Benny White paraphrased Angela Davis ... "it is not enough to not be racist — you need to be anti-racist." We must each do the work to be anti-racist.

The first work is to recognize where racism lives within us. The book *White Fragility* by Robin DiAngelo helps us to understand that racism is not restricted to "bad people."

Tricia told us that she has always stood up for people who need a voice ... and that not enough people are being heard

The next work is to be a voice ... to add to the voices.

- Speak up in conversations when racism is in the words.
- If you are able, walk with others in peaceful protest.
- Add your voice to advocacy opportunities to influence anti-racist initiatives.

Let us pray to the Holy Spirit that, in addition to lamenting racism with "It Shouldn't be!" ... we have the courage to be a voice that shouts out for racial justice. **"It must be!"**



## Gift to St. Agnes-Twinning Parish in South Dakota

Fr. Edmund, pastor of St. Agnes, asked if St. Thomas had an extra monstrance. He did not have one and was interested in offering Eucharistic Adoration. This would give the parishioners an additional prayer opportunity.

The Outreach and Social Justice Office worked with the Liturgy Office and Fr. Edmund to determine what would best meet his needs. The Liturgy Office purchased a monstrance and had it shipped to Fr. Edmund. Above is a picture of the monstrance on the altar at St. Agnes.

Thank you to the Liturgy Office for the purchase! Prayer unites us with St. Agnes; the monstrance is a physical sign of our twinning relationship.

Fr. Edmund also sent a picture of some of the trees — in full spring bloom — he planted along the fence at the church.



# Stewardship and Administration

## The Week Ahead

### Monday, May 24

7:00–8:00 pm St. Dymphna Mass, Church

### Tuesday, May 25

10:00–11:00 am Care Pantry Food Distribution  
7:00–9:00 pm INSIGHT, Zoom

### Wednesday, May 26

9:15–11:15 am Wednesday Bible Study, Zoom

### Thursday, May 27

9:15–11:15 am Thursday Bible Study, Senior Center  
7:30–9:00 pm Thursday PM Bible Study, Zoom

### Friday, May 28

### Saturday, May 29

3:30–4:15 pm Reconciliation, Galilee

### Sunday, May 30

9:00 am–12:00 pm RCIA, Senior Center

## Last weekend's stewardship of financial gifts

### Weekly Sunday Offertory

May 9, 2021	
Sunday Collection Offering*	\$10,486
Credit Card Online Giving	none this week
Automatic Direct Debit (5 <sup>th</sup> and 20 <sup>th</sup> each month)	\$22,037
Mailed in and stock donations	\$4,898
Total for the week	\$37,421
<small>*Based on Collection Counters Reports prior to bank confirmation</small>	
Fiscal Year (7/1 to 6/30)	\$1,589,278
Weekly Average 7/1/2019 to date	\$35,317
Offertory Goal Year to date	\$1,516,010
Over/short of goal to date	\$73,268
Goal for Fiscal Year 7/1 to 6/30	\$1,751,833
Percent of Annual Sunday Offertory Goal	91%
Remaining for Fiscal Year goal	\$162,555

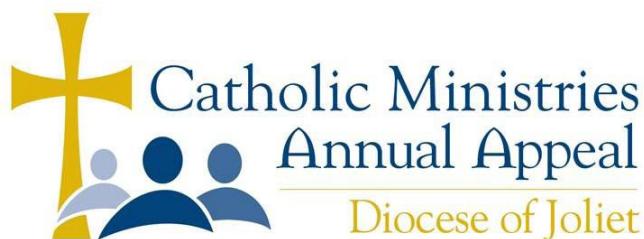
This week, the Sunday collection is \$73,268 ahead of goal so far this year. Capital needs restricted gifts were \$245 this past week. We are grateful to those who recognize the need and responded.

### Diocesan Appeal 2021

Parish Appeal Goal	\$174,100
Pledges Received	\$133,280
Percent of Goal pledged to date	76.55%
Unpaid pledges	\$15,333
Paid to Date	\$117,947
Percent of goal paid to date	67.75%

## Smart Moves in Giving to St. Thomas

Some parishioners receive tax benefits from gifts to St. Thomas by donating stock or directing their IRA distributions to St. Thomas. Consult your tax adviser or broker/agent to see if these smart moves are right for you. We appreciate your support!



## Support the Catholic Ministries Annual Appeal

The Catholic Ministries Annual Appeal (CMAA) is well underway. Thank you to everyone who has already pledged a gift to the 2021 CMAA. Every gift, large or small, brings us closer to our parish's 2021 CMAA goal of \$174,100.

If you have yet to make your gift, please prayerfully reflect on how you can best support the CMAA. Please return your pledge card in the mail or make a secure gift online at [jolietdioceseappeal.org](http://jolietdioceseappeal.org) or text DONATE to 815.205.1949.

*thank you*

Please take the time to read the ads which make this bulletin possible. Help support these businesses, especially during this time, as they support St. Thomas the Apostle. Mention the bulletin when you patronize their establishments.

**Let them know they are appreciated!**

**Checked These Listings Lately? Thank You to Our Advertisers!**

Make it a habit to check these advertisers when you need a product or a service.  
And when you purchase, be sure to mention you saw their ad in the St. Thomas bulletin!

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