



MAY
21
2023

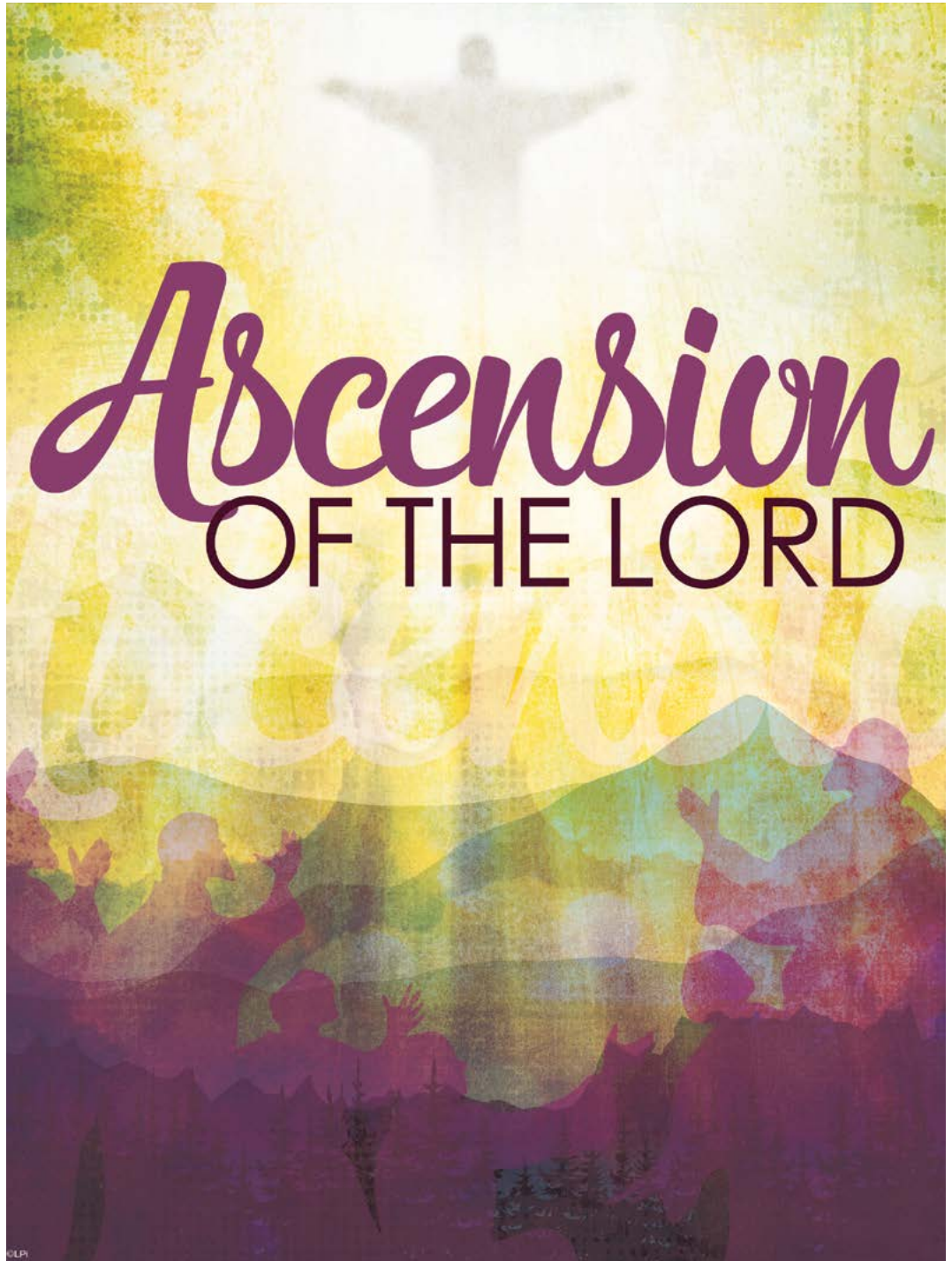
SEVENTH SUNDAY OF EASTER/
THE ASCENSION OF THE LORD

[Jesus said], "You will receive power when the holy Spirit comes upon you, and you will be my witnesses ... to the ends of the earth."

Acts 1:8

**ST. THOMAS THE
APOSTLE CATHOLIC
CHURCH MISSION
STATEMENT**

Led by the Holy Spirit, rooted in the Eucharist, St. Thomas the Apostle strives to be an inclusive servant community – to be Christ in the World. We bear the Good News of God's unconditional love to all generations through worship, faith formation, witness and service.



ST. THOMAS THE APOSTLE
CATHOLIC CHURCH

Liturgy Schedule

Daily

Mass: 8:30 am, Monday–Saturday

Wednesdays

Communion Service: 6:30 am

Weekend

Saturday Mass of Anticipation: 4:30 pm
Sunday: 8:00 am, 9:30 am and 11:15 am

The Saturday 4:30 pm Mass is livestreamed with an outdoor communion option.

1500 Brookdale Road, Naperville, IL 60563 | 630.355.8980 (Main Office) | 630.305.6318 (RE) | 630.355.0521 (Fax)
mainoffice@stapostle.org | stapostle.org |  St.ThomasTheApostleCatholicChurchNaperville



Fr. Peter shares insights from a variety of voices on the Sunday readings.

Power Unmasked

When the Lone Ranger and Tonto rode across our TV screens in days of old, someone would often ask, "Who was that masked man?" Folks never learned his identity, and it didn't matter. For that man had saved them from evil, restoring their lives. In a sense, the Ranger, with Tonto, had passed on to them the power to live safely and productively.

As he was about to return to his Father, the risen Lord said to the apostles, "You will receive power when the Holy Spirit comes upon you, and you will be my witnesses" (Acts 1:8). Yet being blessed with the power that raised the Lord Jesus does not always feel much like a blessing. At times it can feel more like a burden that falls upon our shoulders, one to heal and mend as we try to bring peace and a better world. We wonder why we always must be the one who says, "I'm sorry." Why must we always be the one who plans the evening out or writes the Christmas cards or calls Mom or spends time with the children or listens to someone's tale of woe? Yet such is the power of Jesus for bringing about healing to both spirits and bodies, for creating joy, for designing bridges into the hearts of others, all because the Messiah rode off on a cloud of silver to be welcomed to the right hand of God. Thus, he empowers us.

~Fr. Joseph Juknialis

Reflect

Have you ever been surprised by the good God has brought about through you?

Welcome Guests and Visitors!

We're so glad you're here and invite you to walk the path of faith with us. St. Thomas strives to provide a spiritual home where all are welcome, where the healing, reconciling, liberating love of God is shared by all. Join us!

New Parishioners

Molly Glavan
Jerry and Colleen Rzepka

Would you like to become a parishioner?

Call the Main Office at 630.355.8980.

Readings for Today

First Reading: All these devoted themselves with one accord to prayer, together with some women, and Mary the mother of Jesus, and his brothers. (Acts 1:14)

Psalm: I believe that I shall see the good things of the Lord in the land of the living. (Ps 51)

Second Reading: If you are insulted for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. (1 Pt 4:14)

Gospel: Jesus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you." (Jn 17:1)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass ©1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Readings for the Week

Monday: Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/Jn 16:29-33

Tuesday: Acts 20:17-27/Ps 68:10-11, 20-21/Jn 17:1-11a

Wednesday: Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

Thursday: Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11/Jn 17:20-26

Friday: Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

Saturday: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/Jn 21:20-25

Sunday: *Vigil:* Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/Jn 7:37-39
Extended Vigil: Gn 11:1-9/Ex 19:3-8a, 16-20b/ Ez 37:1-14/Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/Jn 7:37-39
Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 (see 30)/1 Cor 12:3b-7, 12-13/Jn 20:19-23

Presider Schedule May 27-28

Saturday, May 27

4:30 pm: Fr. Peter Infanger

Sunday, May 28

8:00 am: Fr. Bob Colaesi with Deacon Joe Cuzzzone

9:30 am: Fr. Bob Colaesi with Deacon Larry Kearney

11:15 am: Fr. Joseph Kappilumakkal

Presider schedule is subject to change.

Help Wanted

Director of Music and Liturgy at St. Thomas

St. Thomas the Apostle Parish seeks a full-time, experienced Director of Music and Liturgy. For a list of qualifications, complete job description and details on how to apply, please visit stapostle.org.



Kay Agustin, *Administrative Assistant*
x112, litadmin@stapostle.org

Sign-Up Sundae – This Weekend!

Are you interested in a faith formation ministry? Do you have questions before deciding for sure? Visit Sign-Up Sundae, in the gym, after Mass today. You can get your questions answered while you enjoy a delicious sundae. Come to volunteer for a ministry ... come to make a sundae ... come to Sign-Up Sundae.



Fitness, Fellowship & Faith (F3) Men's Workout Group Officially Launched

Earlier this month, 28 men helped kick off the Fitness, Fellowship and Faith men's group at St. Thomas. Men 18 years and older interested in a men's workout group with others who value living faith-filled, service-oriented lives, start your week with an outdoor workout that strengthens your entire body, concluding with prayer ("Circle of Trust") and informal fellowship. The workouts are diverse, yet flexible for all abilities. Dress to be outside, including work gloves that can handle a cinder block. The indoor fellowship afterward will be relaxed ... and caffeinated, in case that is helpful!

Join us Mondays for a workout from 5:15–6:00 am in the St. Thomas parking lot followed by informal Fellowship from 6:00–6:30 am or as you are able. Contact Ryan Fee at 630.881.0224 or Ben Bocher at BenBocher@hotmail.com or 414.254.0297 with questions.

Cashless?

Support St. Thomas Using Your Smartphone to Access Online Giving

Look for this QR code in your printed weekend worship aids and check it out using your phone's camera.

We are grateful for your financial gifts enabling us to continue all of God's good works here at St. Thomas!



Liturgy Schedule and Mass Intentions

Intentions for this weekend

Sunday, May 21, 2023

The Ascension of the Lord

4:30 pm *Mass of Anticipation*

†Conor Vesper by Mark Vesper

†Sr. Mary Catherine Perkins O.P. by Jim and Denise Perkins

8:00 am †Johnny Disouza by the Noronha Family

9:30 am †Carl Nicolosi by Paul and Joann Guarneri

†Eileen Lane by Audrey Easton

11:15 am †Arlene M. Avery by Cuculich Family

Monday, May 22, 2023

Easter Weekday

8:30 am †William Wittenberg by the Mallorca Family

Tuesday, May 23, 2023

Easter Weekday

8:30 am †Mellie Avila Hallowell by Buddy and Mely Mallorca

Wednesday, May 24, 2023

Easter Weekday

8:30 am †Eileen Lane by Barbara Kaurin

Thursday, May 25, 2023

Easter Weekday

8:30 am †Dan Casey by Jo Ann Witte

Friday, May 26, 2023

Easter Weekday

8:30 am †Amparo Lopez by Amy DeGuzman

Saturday, May 27, 2023

Easter Weekday

8:30 am

4:30 pm *Mass of Anticipation*

†Richard H Miller by Valarie Bailey

†Mary Sullivan by Jim and Mary Schmitt

Sunday, May 28, 2023

Pentcost Sunday

8:00 am †Jacob Disouza by The Noronha Family

9:30 am †Brenda Augustine by Bill and Barb Lidinsky

†Dennis DeMeo by Buddy and Mely Mallorca

11:15 am †Dan Casey by Don and Mary Ann Manderscheid



Chari Rosales, *Director*,
x138, crosales@stapostle.org

Jenni Kennedy, *Administrative Assistant*,
x118, REAdmin@stapostle.org

Geralyn Parillo, *Administrative Assistant*,
x118, REAdmin@stapostle.org

C.A.R.E CORNER

Our Jewish ancestors in faith committed many of the stories of their encounters with the Divine into writing and those came to be called “Scripture” which means sacred writings. The entire Old Testament is the Hebrew Scriptures, which we Christians inherited from the Jews.

Since Jesus was Jewish, he knew his Hebrew Scriptures. All of the first Christians were also Jews. Christians saw Jesus as the fulfillment of those Scriptures, so they kept their Jewish sacred writings and then added writings based on their own encounters with Jesus, God and the Holy Spirit. Those Christian Scriptures are what came to be known as the New Testament.

These sacred writings captured experiences of divine revelation to the people of God; they were recorded so they would not be lost to posterity. The written stories supplemented the oral traditions and stories passed on by word of mouth from generation to generation. They have always been held in very high regard. In the fourth century C.E., the Catholic Church compiled a group of Old Testament and New Testament Scriptures and designated them as a “canon.” This canon served as the standard and authoritative benchmark of divinely inspired writings. This is the same set of writings we still use and rely on today, compiled into the book that we call the Bible.



Household Care Pack Delivered

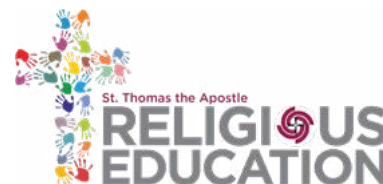
In February when Exodus World Service put on the refugee simulation experience for middle school religious education classes, middle school RE students collected supplies for Household Care Packs for refugee families.

This week, one of those care packs was delivered to a refugee family from Burma/ Myanmar. The Burmese family was a family of 4 with a 7 year-old daughter and an 11 year-old son. They had arrived in this area a month ago from a refugee camp in Malaysia.

Both the family and Exodus World Service were very grateful for the visit and the supplies. Many thanks to middle school families who made this possible.

Religious Education Registration

The RE registration packet for elementary and middle school religious education for 2023-24 will be available on the St. Thomas website and in the Gathering Area starting June 1.



Children’s Liturgy of the Word

Children’s Liturgy of the Word is available this Sunday, May 21 at the 9:30 am Mass for children age 4 through third grade and will then take a hiatus until the fall. Thank you for your participation. Please thank the amazing teachers and aides who made themselves available to teach our children through the year:

Gloria Caruso, Ross Drever, Sara Drever, Fran Dunne, Isabella Freeman, Kelly Giacola, Grace Giacola, Joe Howley, Martin Howley, Tim Howley, Mia Kirkman, Samantha Lehman, Lindsey Petrie, Kevin Schuele, Katie Schuele, Gerry Tice, Ashley Voller, Reece Voller, Theresa Weeks, Denise Weier and Marina Zilic.



Scripture Safari – Register Now!!

Calling all registration forms! Registration forms were due Monday, May 15. Scripture Safari week “Let’s Be on God’s Team” is June 12–16, from 9:00 am–12:00 pm Monday–Friday including a Mass June 17 at 4:30 pm.

Registration forms to participate (pre-K-4), be a youth volunteer (grade 5 and older) or an adult volunteer are available NOW in the Gathering Area. Contact Lorraine Katz at lkatz@stapostle.org or the Religious Education/Faith Formation Office at REAdmin@stapostle.org for more information.





Lorraine Katz, *Director, Elementary*,
x109, lkatz@stapostle.org

Peggy Goralski, *Director, Middle School*,
x123, pgoralski@stapostle.org

Dorothy Grantham, *Director, Youth/Young Adult*,
x117, ym@stapostle.org

Teens with Character – Summer Edition

Teens with Character – Summer Edition is an opportunity for middle school students (entering 6th-9th grades) to gather together to serve, to grow in faith, to learn and to have some fun. These gatherings combine many of the elements of a Teens with Character meeting (games, faith lesson, sharing a meal) with parts of a middle school mission trip experience (service projects, reflection time, and shared prayer and discussion).

Dates: June 8, July 13, August 3

Time: 1:00–6:00 pm in the St. Thomas gym

Cost: \$15/session (covers the cost for service project supplies, food and T-shirt)

Questions: Contact Peggy Goralski at pgoralski@stapostle.org or 630.355.8980, x123. *Registration information will be available soon.*

Teens with Character – Summer Edition is service, learning, prayer, fellowship and a whole lot of fun. Join us!

IMPORTANT: The registration deadline for the June 8 service day is Monday, June 5.



High School News

High School Mission Trip

There are still openings for the High School Mission trip this Summer!!! Incoming 8th graders to outgoing seniors, join us for the Mission trip, Alive in You, to Fond du Lac, Wisc., July 11-16.

Don't miss out on a chance to make a difference for others in Christ's name! Friends are welcome! Chaperones needed. College aged young adults are now able to join us as well! Cost is \$420. Contact Dorothy Grantham for more information at 630.355.8980, x117 or ym@stapostle.org.

Drive-thru BBQ This Saturday, May 20!

Support middle school ministry summer service days, and get a delicious meal to go!

This Saturday, from 4:30–6:00 pm, you can drive through and get a delicious meal consisting of chicken, pulled pork, bun, new potatoes, beans, coleslaw and dessert ... all prepared by our Knights of Columbus. The cost for the meal is \$15.00. You can pre-order at stapostle.org or just come. Your purchase will help to offset expenses for summer service days for middle school students.



Question of the week

How can you be a blessing to others?

Host a French Student

ECl is looking for Chicago area families to host visiting French students (ages 14-18) who speak English, pay their own travel costs and bring their own spending money.

The program dates are July 11–31. If interested in learning more about this opportunity, contact Carmen Scala at sacalcarmen@gmail.com or visit the ECl website at ecusa.org.



Michael Ryder, *Director*,
x121, mryder@stapostle.org

Anne Schultz, *Partner*,
x113, aschultz@stapostle.org

Sally Meno, *Associate*,
x137, smeno@stapostle.org



Marie Wilkinson Food Pantry

Thank You

The Marie Wilkinson Pantry receives hams from St. Thomas at Easter. We recently received the following thank you note.

St. Thomas Church,

We at Marie Wilkinson would like to thank you for your very generous donation of 318 hams.

We were able to touch so many families in need. With your help we fed over 1,200 people with both distributions combined.

Thank you again for considering our community during your time of giving.

Best regards.

Erica Jones, Operations Manager

Haiti Twinning

Building Hope by Building the Roof

The 2023 Lenten project totaled \$41,000 ... more than doubling the goal! Prior to Lent, an anonymous donor committed \$30,000 toward constructing the roof ... for a total of \$71,000. Fr. Frantzdy's goal is to raise the roof by July 22, the twenty-fifth anniversary of the parish. That is a very tight schedule.

The good news is that Fr. Frantzdy has signed a contract with ETEC, an engineering firm in Les Cayes that will raise the height of the walls by four additional cement blocks to support the roof. ETEC will also supervise Atelier Lufa de Volte, the Camp-Perrin company that will construct the roof. The signed contract is for 9,783,644 Gourdes. That converts to \$67,473.41 (at 145 Gourdes per dollar). The US dollars of the contract will fluctuate over the course of the construction as the currency exchange rate fluctuates. We need to pray that the rate does not decrease!



St. Vincent de Paul Clothing Drive

June 10-11 Weekend

The St. Vincent de Paul (SVDP) truck will be in the St. Thomas parking lot the weekend of June 10–11 from 4:00–6:00 pm Saturday and 7:30 am–12:30 pm Sunday.



Please bring only items on the accepted list (see below) and do not bring extremely large items. SVDP donation bags will be available after all Masses the weekend of June 3–4.

Accepted items include: clothing, shoes, small housewares, pots and pans, books, toys, small electronics and small appliances. Sorry, we are not able to accept TVs, cribs, strollers, high chairs, car seats, mattresses or box springs.

Your donations go the SVDP Thrift Shops. Some of your donations are given away free to families we help in our neighborhood. Other items are sold in the thrift shops at low prices to allow all families to shop with dignity.

If you or a family member are experiencing a financial hardship, our St. Thomas volunteers will try to help with goods or financial assistance for rent or utilities. Call St. Thomas at 630.355.8980, x250. Be sure to leave your name, address, phone, email and best time to call you.

God bless you! Thank you for helping the Society of St. Vincent de Paul help others.

Holes for Hope 2023

Register Now for Golf or Dinner Only

The OSJ Office in partnership with the Knights of Columbus is holding the 10th Holes for Hope charity golf outing (June 19) to benefit St. Thomas Cares emergency services to area families. We are returning to beautiful Naperville Country Club.

To register for golf (\$250) or dinner only (\$85):

- Contact Mike at 630.355.8980, x121, or mryder@stapostle.org or
- Sign up in the Gathering Area after Masses.

Register now to hold your place – pay later. See the St. Thomas website home page for more information and for other ways to help.

In 2022, St. Thomas Cares provided \$54,756 in emergency assistance to area families. Holes for Hope golf provides about 50 percent of those funds. We are very grateful for all the support we received from St. Thomas in the past. That support is again needed to allow us to continue to say “Yes” to the many families coming to St. Thomas for assistance.

Jesus said, “... whoever believes in me will do the works that I do ...” We believe in Jesus and we do many of his works through St. Thomas Cares.



Type	Sum of Amount	Client Requests	Average Amount
Auto	10,237	25	409
Gift Card	5,326	156	34
Motel	15,024	43	349
Other	2,436	9	271
Petty Cash	220	7	31
Rent	18,012	43	419
Transportation	570	2	285
Utilities	2,931	14	209
Grand Total	54,756	299	183

Help Build the Wall of Wine

For the Wall of Wine Raffle

Not everyone can attend the golf outing. But, you can still help raise funds for St. Thomas Cares by donating a bottle of wine for the wall of Wine Raffle

Fifty bottles of wine of all varieties from all countries are needed to build the wall. To keep the quality of the wine and the level of excitement high, please keep the wine in the \$15+ range. Bring one of your favorite wines, but if your favorite is of the \$3 Buck Chuck variety, ask the wine shop clerk for help!

The bottles of wine can be left at the St. Thomas reception desk or Main Office. During the weekend Masses, they can be left on the cart by the Outreach Office. Please provide your name and email address on your donation so we can thank you properly. Please provide your donations by Sunday, May 28 ... or sooner!



Hesed House PADS June Food Donation Sign-Up

St. Thomas Hesed House PADS Ministry serves the homeless at Hesed House in Aurora the first Thursday of every month throughout the year. The ministry prepares and serves dinner and breakfast ... and provides a bag lunch.

We are asking parishioners to donate the food items needed each month. Thanks to all those who helped with donations in May. We are now asking for donations for Thursday, June 1.

How to donate food for Hesed House

If you are willing and able to provide food for June, you can sign up on the St. Thomas website home page at stapostle.org for specific items.

If you enjoy cooking, you can sign up to prepare the entrée or the dessert. Recipes and pans are provided. If cooking is not your greatest gift, there are many other items needed.

Please deliver all items to the St. Thomas Gathering Area Thursday, June 1 before 4:00 pm.

Thanks to all who are able to help.

Sign-Up Sundae ... and Saturday

This Weekend – May 20 and 21

There are currently 106 ministries at St. Thomas. People of all ages and backgrounds are needed so St. Thomas can continue to be a welcoming community, living out the gospel message.

In order for all these ministries to thrive and grow, we need you! Come to ministry sign-up in the gym after all Masses this weekend, May 20 and 21. Take the opportunity to learn about all the ministries at St. Thomas, interact with other parishioners, and make a tasty sundae. Be open to how our loving God is calling you to become and to remain active in ministry.



SERVICE COMMISSION – PASTORAL CARE

Annette Kubalanza, *Director*,
x124, akubalanza@stapostle.org

Felicia Lawlor, *Faith Community Nurse*,
x104, flawlor@stapostle.org

Susan Kearney,
Behavioral Health Coordinator, x108

Contemplative Walking

Be Still and Know that I am God (Psalm 46:11)

Come experience the practice of contemplative/meditative walking. Through a series of short meditations and walks we will explore the spiritual and physical dimensions of what it means to “be still and know.”

Please join us in the gym from 11:00 am–12:00 pm Wednesday May 24. Contact Annette Kubalanza at akubalanza@stapostle.org or 630.355.8980, x124 for more information.

Caregivers Support Group

All caregivers, relatives and friends of those who struggle with anxiety, depression, bipolar, eating disorder or self-injury, please join us for an evening of prayer, discussion and reflection.

The upcoming meeting will be May 25 at 7:00 pm.

Meetings are held at St. Elizabeth Seton Catholic Church, 2220 Lisson Rd., Naperville. Enter the back of the church as the main entrance may be locked. Check the event board by the lower level entrance for the room number.

Please email welisten2017@gmail.com or call Joe at 630.569.1635 with any questions.

Mark your calendars for our summer gatherings: June 8, July 13 and August 10.

Our twice per month schedule resumes in September.

May is Mental Health Month Look Around, Look Within

Look Around, Look Within: Your surroundings say a lot about your mental health

Take a moment to consider your surroundings. Do you feel safe? Do you have access to health care and grocery stores? Does your home support you, both physically and mentally?

This Mental Health Month, challenge yourself to look at your world and how different factors can affect your mental health.

While many parts of your environment can be out of your control, there are steps you can take to change your space and protect your well-being.

- **Focus on your home:** Consider keeping your space tidy, sleep-friendly and well-ventilated. Surround yourself with items that help you feel calm and positive.
- **Create bonds with your neighborhood and community:** Get to know the people living around you, join or start neighbors-helping-neighbors groups and support local businesses to challenge gentrification.
- **Connect with nature:** Hike in a forest, sit in a city park, bring a plant inside or keep the shades open to absorb natural light.

If you're taking steps to improve your surroundings but are still struggling with your mental health, you may be experiencing signs of a mental health condition. Take a free, private screening at mhascreening.org to help you figure out what is going on and determine next steps.

Resource: Mental Health America mhamerica.org

Swing Into Summer! PrimeTime May Event

Register deadline May 21

See stapostle.org for details. Reservations required.

Date Tuesday, May 23, 2023
 Time 10:00–11:30 am
 Location St. Thomas Light House
 RSVP By May 21

Email or call Judith Wolcott at wolcottjudith4@gmail.com or 630.605.2518.



Blood Pressure Screening this Weekend

St. Thomas will have blood pressure screening this weekend, May 20–21, after all Masses. Visit our nurses in the in the West Wing in either the Deacon's office or the Pastoral Care office.

Join us for this valuable and personal blood pressure information.



STEWARDSHIP AND ADMINISTRATION



Thank you for supporting St. Thomas the Apostle. To learn more about online giving, please visit our website and click on the Giving tab in the top menu bar.

Weekly Sunday Offertory

May 14, 2023

Sunday Collection Offering*	\$9,507
Credit Card Online Giving (<i>reported monthly</i>)	none this week
Automatic Direct Debit (5 th and 20 th each month)	none this week
Mailed in and stock donations	\$3,987
Total for the week	\$13,493
*Based on Collection Counters Reports prior to bank confirmation	
Fiscal Year (7/1 to 6/30)	\$1,528,126
Weekly Average 7/1/2022 to date	\$33,220
Offertory Goal Year to date	\$1,550,376
Over/(short) of goal to date	(\$22,250)
Goal for Fiscal Year 7/1 to 6/30	\$1,752,599
Percent of Annual Sunday Offertory Goal	87%
Remaining for this fiscal year goal	\$224,473

This week, the Sunday collection is **\$22,250** below goal so far this year. Capital needs restricted gifts were \$343 this past week. We are grateful to those who recognize the need and responded.

Diocesan Appeal 2023 (as of May 14, 2023)

	2023	2022	Inc/Dec
Parish Appeal Goal	\$168,000	\$189,200	(\$21,200)
Pledges received	\$162,606	\$124,799	\$37,807
% of goal pledged to date	96.79%	65.96%	30.83%
Unpaid pledges	\$26,831	\$16,809	\$10,022
Paid to Date	\$135,775	\$107,990	\$27,785
% of goal paid to date	80.82%	57.08%	23.74%
Number of Donors	509	393	116

The Week Ahead

Monday, May 22, 2023

Tuesday, May 23, 2023

9:00 am–1:00 pm PrimeTime, Lighthouse
7:00–8:30 pm Voices of Faith, Church

Wednesday, May 24, 2023

10:00–12:30 pm CPR/AED Training, Senior Center
11:00 am–12:00 pm Contemplative Walking, Gym
11:00 am–12:30 pm Small Jobs Group, Galilee

Thursday, May 25, 2023

9:15–11:15 am Thursday AM Bible Study, Senior Center
7:30–9:00 pm Thursday PM Bible Study, Zoom

Friday, May 26, 2023

Saturday, May 27, 2023

9:00–10:30 am Saturday Men's Group, Cana
3:30–4:15 .m Reconciliation, Chapel

Sunday, May 28, 2023

May is National Stroke Awareness Month

Preventive Measures:

- Keep your blood pressure below 140/90 mm Hg (below 130/80 mm Hg if you have diabetes or kidney disease.)
- Do not smoke.
- Lose weight if you are overweight (BMI of 25 or higher).
- Eat a healthy diet, rich in fruits and vegetables.
- Reduce saturated fat, cholesterol, and salt.
- Be physically active for at least 30 minutes a day.
- Limit your alcohol intake to no more than two drinks a day if you are a man and no more than one drink a day if you are a woman.
- If you've already had a stroke or transient ischemic attack (TIA), ask your doctor about taking an antiplatelet or anticoagulant medication and a statin.
- Also ask your doctor whether you should have a carotid endarterectomy, a surgical procedure to remove plaque from those arteries carrying blood to the brain.

Latest Research: Patients experiencing a (TIA) or "ministroke" should call 911 and go immediately to the ER, where they can be treated with tissue-type plasminogen activator (tPA). Administering tPA within 4 ½ hours or sooner of the TIA increases the patient's odds of survival and full recovery.

From the office of the Parish Nurse
Resource: Univ. of California, Berkley



PARISH INFORMATION



Welcome

Thank you for joining us.

St. Thomas the Apostle Catholic Church

1500 Brookdale Road
Naperville, IL 60563

630.355.8980 (Main Office) 630.305.6318
(RE) | 630.355.0521 (Fax) mainoffice@stapostle.org | stapostle.org

Church Office and Building Hours

8:30 am–4:30 pm Monday–Friday.
Gathering Area reception desk is staffed
9:00 am–8:00 pm Monday–Thursday;
9:00 am–4:30 pm Friday; and
9:00 am–1:00 pm Saturday.

Pastor

Rev. Peter Infanger
x102, pinfanger@stapostle.org

Parochial Vicar

Rev. Joseph Kappilumakkal, CMI
x103, jkapp@stapostle.org

Weekend Associates

Rev. Bob Colaresi, O. Carm.

Deacons

Jim (Mary Jo) Breen, 630.486.3133
jimb4853@gmail.com
Joe (Carolyn) Cuzzone, 630.355.8980
x224, DeaconJoeCuzzone@gmail.com
Larry (Susan) Kearney, 630.355.8980
x225, lkearney@comcast.net

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Administration Assistant
Mary Derwinski, x143,
mderwinski@stapostle.org

Facility Manager
Bob Hartmann, x133, facility@stapostle.org

Main Office Administrative Assistant
Michelle Kuhn, x100,
mkuhn@stapostle.org

Main Office Administrative Assistant
Diane McQueen, x101,
dmcqueen@stapostle.org

Evening/Saturday Receptionists
Elizabeth Fisher
Mary Wright
nitecrew@stapostle.org

Finance/Business Officer
Janet Simmons, x106,
jsimmons@stapostle.org

Financial Assistant
Sue Sportiello, x107,
ssportiello@stapostle.org

For a complete staff listing, please visit
stapostle.org.

Parish Pastoral Council

Susan Wood O'Leary, *Chair*
Noble Charles
Dave Johanneson
Brittany Tres

Commission Representatives
Cheryl Kaspar, *Worship*
Rick Peterson, *Service*
Scott Mygind, *Finance*
Carrie Wujek, *Vice Chair, Faith & Spiritual Formation*

Ex-Officio
Rev. Peter Infanger, *Pastor*
Rev. Joseph Kappilumakkal, *Parochial Vicar*
Janet Simmons

Sign-up for our Emails

Stay up to date with the latest happenings at St. Thomas by signing up for any of our emails at stapostle.org.

Baptism: Parents are required to attend a Baptismal awareness and renewal session prior to the Baptism. Call the Main Office a few months in advance to make arrangements.

Reconciliation: Reconciliation is available Saturday, 3:30–4:15 pm, in the Reconciliation Room of the Chapel. Our priests are available during the week by appointment.

Matrimony: A couple planning on being married at St. Thomas should contact the church six months to a year in advance. Either the bride or groom, or their parents, must be a registered parishioner at least three months before setting a date. Call Diane McQueen, x101, to schedule.

Anointing: Call 630.355.8980.

Communion for the Homebound: Call 630.355.8980 to receive prayer/Eucharist from a Minister of Care.

Funerals: Call the Main Office for pre-planning or immediate need.

Religious Education: Call 630.305.6318 to register.

OCIA (Order of Christian Initiation for Adults): Any person wanting to learn more about the Catholic Faith should call Chari Rosales, x138.

Counseling Resources: Call 630.355.8980.

Our Outreach Twinning Parishes:

St. Thomas the Apostle has an ongoing twinning relationship with the following parishes:

St. Marie Madeleine in Duchity, Haiti
St. Agnes on the Lakota Indian Reservation, Manderson, South Dakota
St. Nicholas in Aurora, Illinois

Our Parish School:

All Saints Catholic Academy
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Naperville, IL 60540
ascacademy.org
630.961.6125
Margie Marshall, *Principal*

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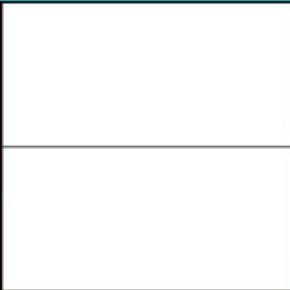
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